

U'S REVIEW

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THE HUNT GOES ON

U's win again to keep pace with top six



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INSIDE...



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Fax: 01206 755114
Web: www.cu-fc.com

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P24 ALBION ADVENTURE

Loan football was the order of the day for defender Matt Heath and he tells us all about his early impressions of life down in Brighton.

P36 THE MODERN GAME

Football is more technical than ever these days – we catch up with the club's Video Analyst Jonathan Duckett to find out what his job entails.

P46 PASTURES NEW

Young pros James Hammond and Fabian Batchelor were released from the club last week - we discover what comes next for the lads.

P58 BRUN BRUN

He's made a big impression down the wings and Lewis Gobern is next up in our My Kinda Town feature.

P70 AWAY DAYS

The U's have had some decent results in the last couple of matches and we look back at the games against Huddersfield and Hartlepool.

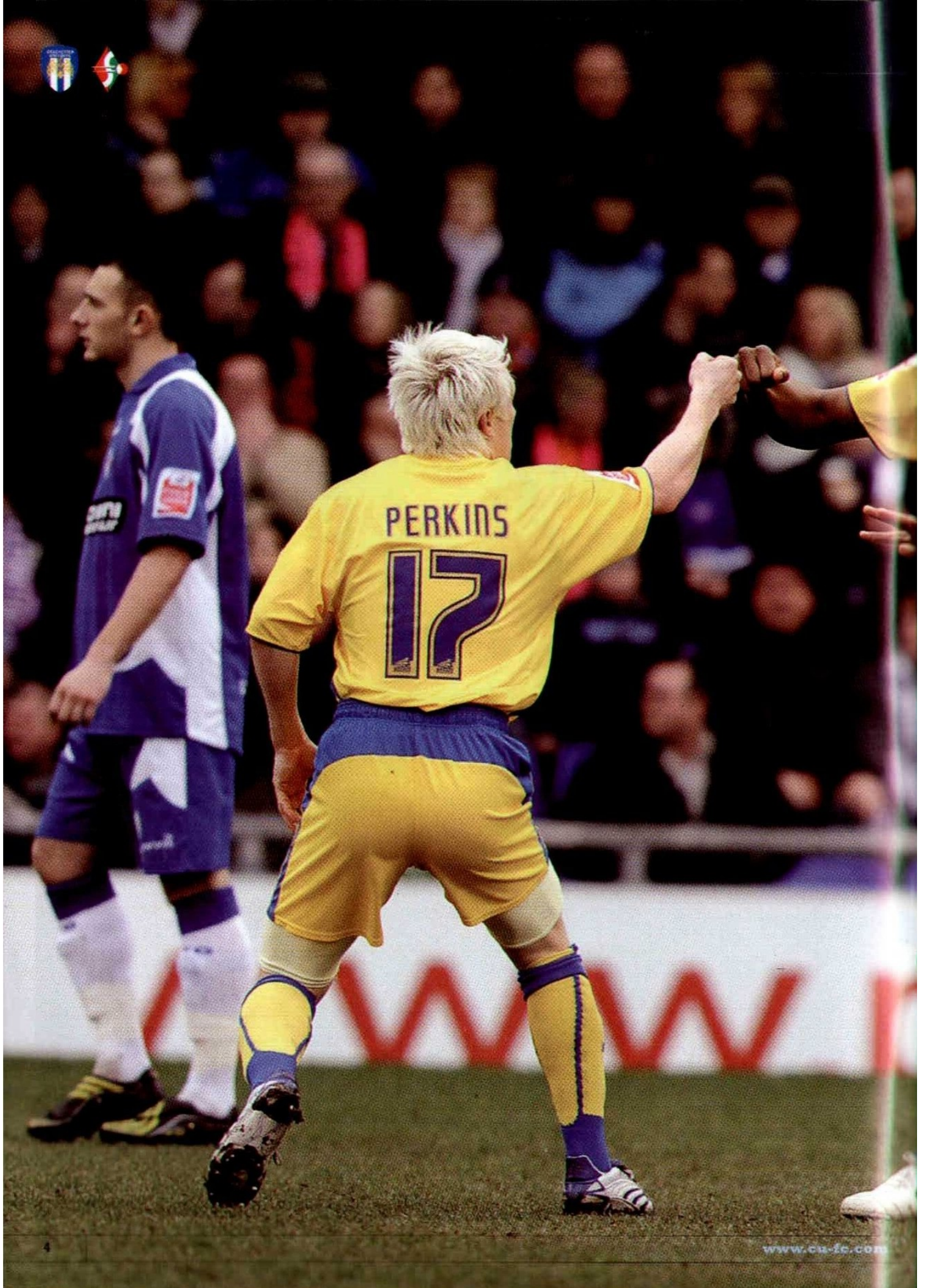
Club Honours

League One Runners-Up 2005/06
Division Three Play-Off Winners 1997/98
FA Trophy Winners 1991/92
The Football Conference
Champions 1991/92
Auto Windscreens Shield
Runners-Up 1997
Southern League Cup
Winners 1937/38 & 1949/50
Southern League Winners 1938/39
Watney Cup Winners 1971

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The Programme

Co-edited by: Matt Hudson & David Gregory
Photos: Rob Sambrook (07718 429898)
& Warren Page
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PICK OF THE PICS 

DREAM START! THE U'S
CELEBRATE AFTER CLIVE
PLATT'S EARLY GOAL AT
OLDHAM ATHLETIC.



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Opt

Paul Lambert

Welcome back for tonight's match, the first of two here at the Weston Homes Community Stadium in the space of four days.

I extend that welcome to Swindon boss Danny Wilson, his players, staff and supporters and hope that they have a safe journey home after the match.

Tonight's match is also the sixth of seven that we have been scheduled to play in the space of three weeks, which isn't ideal. But we aren't the only club that have to go through stages like this and we have to get on with it and make sure we are fully prepared for each and every game.

Our last game here, ten days ago, saw us draw against Hartlepool in what turned out to be a disappointing afternoon. Our aim is to obviously get three points from every game and if we are to climb further up the table, we have to be winning games. When the games are coming as thick and fast as they are at the moment, games will be running out fairly quickly.

In the first half against Hartlepool, I thought we got into some decent positions and maybe deserved to be more than one goal to the good. Scott Vernon scored the goal after Anthony Wordsworth had flicked a header into his path. There was still some work to do for Scott and he finished well under pressure from his marker.

Unfortunately, we couldn't add to that goal and were pegged back in the second half when they scored from a corner played into the near post. We had already had a warning in the first half, when Jimmy Walker had to make a smart save when a set piece wasn't dealt with. Sometimes the opposition score from a fantastic piece of football or individual magic but it is disappointing to concede from a set piece.

We couldn't get the winner though and had to settle for a draw and a solitary point from a game that I felt we could have won had we continued playing how we did in the first half. We had to regroup quickly though and immediately start preparing for our trip to Huddersfield. At the time, they were two points and two places above us in the table and that's how it stayed after another draw.

We had to make a couple of changes due to injuries, as Jimmy Walker and Mark Yeates suffered injuries that prevented them starting the match. Mark Cousins came in between the sticks and once again did a very competent job for us. He's a quiet lad off the pitch but gets through a lot of work in

training and has done great for me in the games he's played.

Once again, it was a different first half to the second, as we had reasonable control of the match from the start. Dean Hammond put us ahead from a blatant looking penalty and we defended comfortably during the first forty five minutes. Understandably, Huddersfield came at us stronger second half and we went behind within fifteen minutes of the restart.

It was looking like we might come away empty handed but Dean stepped up to an injury time free kick and curled it in the top corner to give us a point. I hadn't seen Dean hit a free kick before last Tuesday but it is obviously something he has been working on.

The draw meant we had gone three games unbeaten so we travelled up to Oldham for Saturday's game in good spirit. Another away game against a side above us in the league meant we knew it wasn't going to be easy but our away record has been decent so we were in with a good chance of a result.

We got off to a great start when a misplaced header didn't get back to the keeper and Clive Platt nipped in to volley us into the lead. We created a good few chances in the remainder of the first half but couldn't extend our lead, despite our dominance. As we expected, they came at us more in the second half but we defended well and kept another clean sheet to gain the three points.

Including tonight, we have eleven matches to go and will be going all out to get as many of the thirty three points on offer. That starts tonight, so get behind the lads and cheer them on to victory. Your support is massively appreciated by me and the players so continue that and let's see where we can take you.

● Paul is pictured with the Scottish Homecoming Cup – two of his former sides in Celtic and St Mirren were in action over the weekend in the quarter finals of the competition.

Picture: Chris McGachy



Last time here...

Colchester United 1 Hartlepool United 1

Coca-Cola League One
Saturday February 28th 2009.

KEY MINUTES

11 Jimmy Walker pulls off another astounding save, as he reacts to a Sam Collins header from a corner to turn the ball away from danger

38 The visitors appeal for a penalty as Alan Maybury and Kem Izzet converge on Michael Mackay, but the referee has no interest in their claims

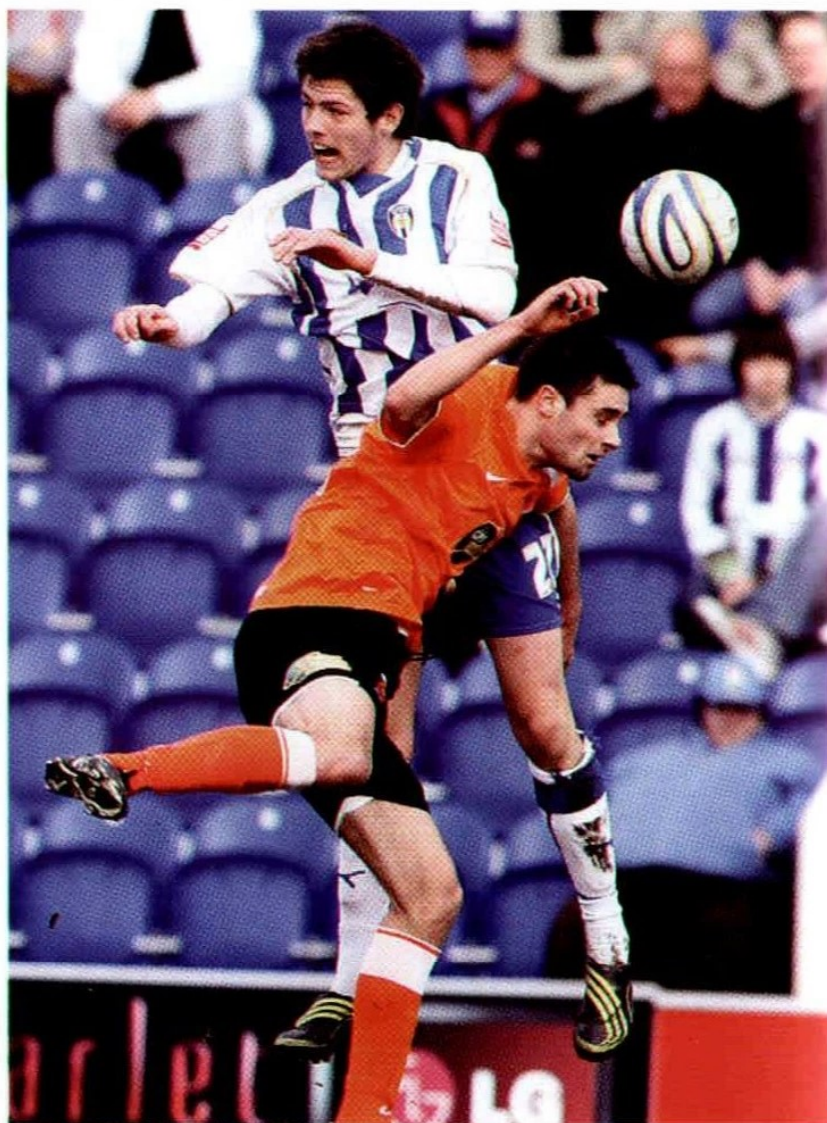
44 The U's take the lead as Marc Tierney's ball is flicked on by Anthony Wordsworth and Scott Vernon controls the ball before firing home

54 Michael Mackay seems like he is destined to grab an equaliser for the visitors, but a superb Paul Reid block diverts his shot away

64 Simon Hackney has a chance to further extend the U's lead as he speeds away from the visiting defence, but is unfortunate to drag his shot wide

71 Hartlepool draw level from a corner as it finds the head of Michael Nelson at the near post to power home

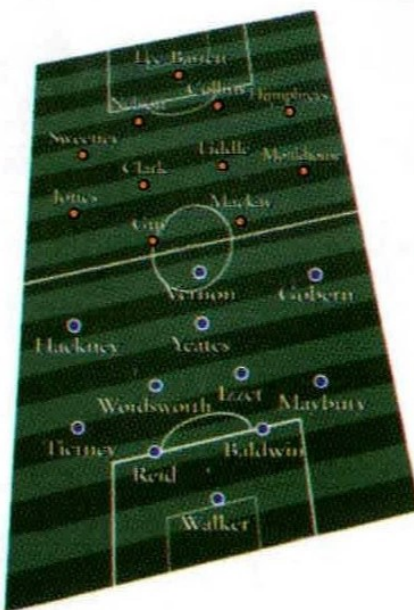
88 The U's nearly grab a late winner as Steven Gillespie slips clear, but is unable to beat the outstretched arm of Arran Lee-Barratt



Man of the Match

PAUL REID

The big centre half put in a superb performance at the heart of the U's defence and will have been as disappointed as anyone else not to have kept a clean sheet.



MATCH ACTION

Clockwise from above...

- Anthony Wordsworth rises highest
- Scott Vernon tries to find a way through
- Mark Yeates finds himself surrounded
 - Lewis Gubern goes to ground
- Pat Baldwin challenges the Pools' keeper
 - Alan Maybury survives this appeal

U'S SUBS

Gillespie for Gubern 64
Platt for Vernon 73
Perkins for Hackney 90

POOLS SUBS

Foley for Jones 67





OUR VISITORS... swindontown

Jerel Ifil — has belief



For any football team, goals are the holy grail.

As the saying goes, "goals win games" and those that can find the net on a regular basis will find themselves nearer the top of the table.

For tonight's visitors, goals have been an issue in recent weeks, as they look to keep themselves away from the problems at the foot of League One.

Although Swindon scored four in a cracking win over promotion hopefuls Scunthorpe United recently, goals have otherwise been hard to come by for tonight's visitors and it is something that players and management alike are looking to turn around in the coming weeks.

Goalkeeper Peter Brezovan told the local press: "The first thing is that we have to score more goals. We are always under pressure because it is always 0-0 or something like that.

"So we have to score more goals like the game against Scunthorpe. That was a good one to play in and it takes the pressure off you if you are winning like that."

Prior to the weekend visit of MK Dons, the Robins had won just one of their last

seven games, a run of results that had seen them keeping a close eye on the teams below them.

And boss Danny Wilson wants his side to start creating more in the opposition's final third. He said: "You can't keep saying you are unlucky. When you don't create enough chances, or put the ball in the back of the net from the few you do, it is a recipe for losing games.

"If we haven't got people to do the things we want then we will have to go and find others who will. We know what we need because that lack of craft in and around the box has been highlighted again recently."

With teams at the foot of the table starting to find their feet in recent weeks – both Hereford and Crewe have picked up some good results both home and away – the league has become a little more compressed.

And Town defender Jerel Ifil, brother of U's right back Phil, believes now is the time to turn their fortunes around.

He told the Swindon Advertiser: "You don't want it to go down to the last game of the season where everything rides on one game. But this team has got the opportunity now to get ourselves out of it.

LAST TEN SEASONS

1998/99 Division One, 17th
1999/00 Division One, 24th (relegated)
2000/01 Division Two, 20th
2001/02 Division Two, 13th
2002/03 Division Two, 10th
2003/04 Division Two, 5th
2004/05 League One, 12th
2005/06 League One, 23rd (relegated)
2006/07 League Two, 3rd (promoted)
2007/08 League One, 12th

LAST TIME IN COLCHESTER

18.03.06 U's 1-0 Swindon

As the U's continue their quest for promotion to the Championship, a single goal is enough to win the game. Former Robins man Tony Thorpe wins a penalty on the quarter hour mark and Chris Iwelumo steps up and makes no mistake from the spot.

LAST TIME IN SWINDON

23.08.08 Swindon 1 U's 3

The U's race into a two goal lead by half time, as Johnnie Jackson and Scott Vernon hit the back of the net. The home side are given hope by a Simon Cox penalty after a Matt Heath handball, but Sunday Wasiru steps off the bench to score a crucial late winner.

"We're still not in the bottom four, so let's try and take that, win the games and then make the last game of the season just a formality rather than anything else.

"It's a more positive environment this time around and there's more belief this time.

"We can believe it, but we have to do it as well. It's all about what we do on the pitch.

"With the team that we have, and we believe in ourselves, we should be able to beat a lot of teams in this league. We've just got to keep believing and trusting in what we can do.

"We have to realise that we're not at the right end of the table, and we have to have the mindset to dig ourselves out of the hole that we're in."

usual suspects



LAST MIDWEEK XI
DREW 2-2 V CHELTENHAM TOWN
03/03/09

PETER BREZOVAN

Slovakian keeper who joined Swindon in 2006 on a year-long loan from FC Brno. The stopper made an immediate impression, saving two penalties on his debut at Hartlepool United and Town moved to tie up a permanent switch in March 2007. A talented artist, 6'7 Brezovan began the new 2008/09 season in between the sticks and will hope for another successful season.



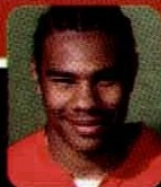
JACK SMITH

Jack signed from Watford in the summer of 2005. He has played in a variety of positions including right back, left back and midfield. The defender started the 2007/8 in solid form, however, although a dislocated shoulder at Swansea City at the start of October halted his progress, he has been a regular again this year however.



JEREL IFIL

Powerful defender Jerel Ifil joined Town permanently in June 2004 after enjoying three loan spells. He benefitted from a partnership alongside the experience of Ady Williams in the middle of defence during the promotion season of 2006/7 season. 'The Beast' as he is affectionately known to the Swindon faithful, has now played over 100 games in a Town shirt.



GORDON GREER

Scottish defender who joined Swindon on loan earlier this season from Championship side Doncaster Rovers. The big centre half started out at Blackburn Rovers, but it was north of the border that he made his name and his performances with both Kilmarnock and Clyde were enough to earn him a move back to England with the Yorkshire side.



JAMIE VINCENT

Began his career at Crystal Palace before switching to AFC Bournemouth, where impressive performances for The Cherries brought about a £500,000 switch to Huddersfield Tow, before a further £800,000 move to Portsmouth. Vincent's solid performances in defence for the Robins secured his place in the first team last season, although injury has hindered him this season.



HAL ROBSON-KANU

Winger on loan from Championship high-fliers Reading, who already has plenty of experience of Essex football, having had two similar loan spells with the U's rivals Southend United. The pacey wide man has already made a big impression during his time at the County Ground, scoring twice in his eight appearances to date.



MICHAEL TIMLIN

Michael signed for Swindon in May 2008. He started his Fulham career as a left-winger but was converted to central midfield by Fulham's then Academy Director, Steve Kean. The switch paid remarkable dividends for the player as he made rapid through the Academy's ranks and on to the international stage with the Republic of Ireland. He made a big impression at the County Ground.



LEE PEACOCK

Lee Peacock joined Swindon Town in 2006 on a free transfer from Sheffield Wednesday. The experienced frontman started his career at Carlisle United as a trainee, but made his name at first Manchester City and then Bristol City with whom he spent several seasons. Peacock wasted no time in settling in at Town, scoring on his debut against AFC Bournemouth.



ANTHONY MCNAMEE

Anthony McNamee joined Swindon in 2008 from Watford for an undisclosed fee. McNamee enjoyed his best season in a Watford shirt in 2005/06, when he helped Aidy Boothroyd's side to an improbable promotion to the Barclays Premiership. The winger offers both pace and trickery down the flanks and is a real asset in the Town side.



BILLY PAYNTER

Striker Billy Paynter signed for Swindon Town last season for an undisclosed fee from Southend United. Paynter is a regular on the scoresheet and the friendly Liverpoolian has been core to Swindon's attacking force this season. Will hope to make another explosive start to the campaign as he aims to notch a second hat-trick in Town colours.



DANIEL NARDIELLO

Striker Simon Cox signed a permanent deal at The County Ground in 2008 after enjoying a loan spell. Cox had joined Reading at the age of nine and progressed up through the academy ranks before making his senior debut. He has scored regularly through the current campaign, notching sixteen league goals so far this season and attracting plenty of interest in his progress.





ROBINS' SQUAD the rest

PHIL SMITH, ENGLISH, GOALKEEPER, DOB 14.12.79

Previous Clubs: Margate, Crawley
STFC Apps/Goals: 68, 0

HASMEY ALJOFREE, ENGLISH, DEFENDER, DOB 11.07.78

Previous Clubs: Bolton Wanderers, Dundee United, Plymouth Argyle, Sheffield Wednesday, Oldham Athletic
STFC Apps/Goals: 64, 3

CRAIG EASTON, SCOTTISH, MIDFIELDER, DOB 26.02.79

Previous Clubs: Dundee United, Livingston, Leyton Orient
STFC Apps/Goals: 66, 8

BARRY CORR, IRISH, STRIKER, DOB 02.04.85

Previous Clubs: Sheffield Wednesday, Bristol City
STFC Apps/Goals: 42, 10

JOH-PAUL MCGOVERN, SCOTTISH, MIDFIELDER, DOB 03.10.80

Previous Clubs: Celtic, Sheffield United, Livingston, Sheffield Wednesday, MK Dons
STFC Apps/Goals: 73, 5

MARK SCOTT, ENGLISH, GOALKEEPER, DOB 03.01.91

Previous Clubs: From trainee
STFC Apps/Goals: 0, 0

PAT KAMUKA, CONGOLESE, DEFENDER, DOB 19.07.87

Previous Clubs: Leyton Orient, QPR
STFC Apps/Goals: 22, 1

KEVIN ANATIKURAH, ENGLISH, DEFENDER, DOB 19.05.82

Previous Clubs: Bristol City, Torquay United, Cheltenham Town, Yeovil Town, Swansea City
STFC Apps/Goals: 20, 2

KASALI CASAL, ENGLISH, MIDFIELDER, DOB 21.09.87

Previous Clubs: From trainee
STFC Apps/Goals: 6, 0

LILIAN NALIS, FRENCH, MIDFIELDER, DOB 29.09.71

Previous Clubs: Bastia, Chievo, Leicester City, Sheffield United,
STFC Apps/Goals: 0, 0

MARK MARSHALL, ENGLISH, MIDFIELDER, DOB 05.05.87

Previous Clubs: Grays Athletic, Carshalton, Eastleigh
STFC Apps/Goals: 9, 0

MICHAEL POOK, ENGLISH, MIDFIELDER, DOB 24.06.86

Previous Clubs: From trainee
STFC Apps/Goals: 125, 3

BLAIR STURROCK, SCOTTISH, STRIKER, DOB 25.08.81

Previous Clubs: Dundee United, Brechin, Plymouth Argyle, Kidderminster Harriers, Rochdale, Swindon Town, Bournemouth
STFC Apps/Goals: 5, 0

HANI RAZAK, FRENCH, STRIKER, DOB 08.10.85

Previous Clubs: From trainee
STFC Apps/Goals: 1, 0

BEN JOYCE, ENGLISH, STRIKER, DOB 09.09.89

Previous Clubs: Boston United
STFC Apps/Goals: 4, 1

CHRIS ALLER, ENGLISH, MIDFIELDER, DOB 03.01.89

Previous Clubs: From trainee
STFC Apps/Goals: 16, 0

SEAN MORRISON, ENGLISH, DEFENDER, DOB 08.01.91

Previous Clubs: From trainee
STFC Apps/Goals: 18, 1

JEAN-FRANCOIS LESCHEL, HAITI, DEFENDER, DOB 02.10.86

Previous Clubs: Paris St Germain, Sedan, Falkirk, Guingamp
STFC Apps/Goals: 2, 0

CALLUM KENNEDY, ENGLISH, DEFENDER, DOB 06.01.89

Previous Clubs: Reading
STFC Apps/Goals: 4, 0

from the other side

What have you made of Swindon's season to date?

So far it's been an all too familiar mix of missed opportunities and poor results which has left us in the position near the bottom of the table. We had some good results here and there: winning at MK Dons and Leyton Orient and almost taking the three points on our trip to Leicester have been the highlights for me, but then all the good work has been undone with results like the one last Tuesday: a draw at home to bottom-of-the-table Cheltenham Town.

Which players have stood out during the course of the past few months?

Simon Cox is one of the players that has been consistent over the season, scoring and making goals. In the last few months Hal Robson-Kanu has given us another dimension allowing us the option of two out-and-out wingers on each flank but Gordon Greer has been an excellent loan signing, helping to shore up the back four as well as being a real presence in the centre of defence.

What changes has Danny Wilson made since taking over as manager?

He has brought in a couple of signings that seem to have helped inject a bit of confidence into the team again. He's been here before and knows what to expect of this division and I think Swindon fans would be happy if he steadied the ship this term and gets to know the team enough in order to get them competing in the higher echelons of the division again next term.

What will you be looking for in the summer for the team's fortunes to improve?

Well, I think top of everyone's list would be to strengthen some key areas. Left back has been a bit of a niggling problem this season but I think everyone is hoping that Danny Wilson will bring in the right players to help make the team tick. We lost a bit of momentum under Maurice Malpas and hopefully Danny Wilson can get the ball rolling again.

What do you expect from Cheltenham United and what do you think the club's future will be?

Swindon haven't won at Colchester since a certain Sam Parkin scored the winner in 2004! We are overdue a win and in the new surroundings of the Weston Homes Community Stadium, it would be excellent to see Town put in a performance tonight. We've had some disappointing results recently, hopefully the boys can turn that around. Obviously I'd love to see them win but I'm going to go for an attacking, entertaining 2-2 draw.

• Questions answered today by Tom Otrebski



shooting stars



Football historian Leigh Edwards profiles ten post-war Swindon Town goalscoring favourites

MAURICE OWEN

Long-serving centre-forward Maurice Owen topped Swindon Town's goalscoring charts on six occasions. Initially with hometown Abingdon, he turned professional at the County Ground in December 1946 and grabbed a hat-trick on his League debut in the following month's 5-0 victory at home to Watford. He was ever-present in 1948/9 and helped Swindon twice reach the FA Cup Fifth Round, also finish fourth in the Third Division (South) three times. Scoring 150 goals in 555 League outings for the Robins, he retired in May 1963 and joined the club's coaching staff. He then settled back in Abingdon and died in July 2000.

MIKE SUMMERBEE

Brilliant winger Mike Summerbee (pictured) was capped eight times by England after leaving Swindon Town. Signing professional at the County Ground in March 1960, he starred in Swindon's 1962/3 promotion success and was leading marksman in 1964/5. He netted 39 goals in 218 League games prior to joining Manchester City in August 1965, amassing a vast collection of domestic and European honours under the Joe Mercer/Malcolm Allison partnership at Maine Road. Subsequently with Burnley, Blackpool and Stockport County, he is a successful businessman and his son Nicky also starred for Swindon Town.

ERMIE HUNT

England U23s international striker Ernie Hunt was Swindon Town's leading marksman in four successive seasons including their 1962/3 promotion triumph. Born locally, he turned professional at the County Ground in March 1960 and netted 82 goals in 214 League games for Swindon prior to joining Wolverhampton Wanderers in September 1965. He was top scorer as they regained top-flight status in 1966/7 and subsequently played for Everton, Coventry City, Doncaster Rovers and Bristol City, featuring in their 1973/4 FA Cup run. He ran the Full Pitcher pub in Ledbury and then became a window cleaner.

DON ROGERS

England U23s international winger Don Rogers scored twice in Swindon Town's 1969 League Cup Final success. Signing professional at the County Ground in October 1962, he featured in Swindon's 1962/3 promotion campaign and was

ever-present in four successive seasons. He starred as Swindon won promotion again in 1968/9 and the Anglo-Italian Cup in 1970, reuniting with Bert Head at Crystal Palace in November 1972. Moving to QPR in September 1974, he rejoined Swindon in March 1976 and netted 148 goals in 412 League games overall for the Robins. He has since run his own sports shop in Swindon.



PETER NOBLE

Goalscoring favourite Peter Noble was ever-present in Swindon Town's 1968/9 promotion and League Cup 'double' triumph. Initially with Consett, he joined Newcastle United in November 1964 and played top-flight football before moving to the County Ground in January 1968. He scored twice in Swindon's 1970 Anglo-Italian Cup final success and netted 62 goals in 216 League outings prior to joining Burnley in June 1973. An FA Cup semi-finalist in 1973/4, he was twice ever-present for the Clarets and top scorer in 1978/9. He subsequently played for Blackpool and has since run a sportswear business in Burnley.

ALAN MAYES

Fast striker Alan Mayes was leading marksman as Swindon Town reached the League Cup semi-finals in 1979/80. Initially with QPR, he joined Watford in November 1974 and helped win the Fourth Division title in 1977/8. He moved to Swindon in February 1979 and formed an exciting partnership with Andy Rowland. Sold to Chelsea for £175,000 in December 1980, he rejoined Swindon in July 1983 and was top scorer in 1983/4, netting 65 goals in 151 League games overall before joining Carlisle United in July 1985. He later played for Blackpool, Wycombe Wanderers and had a spell as Harrow Borough manager.

PAUL RIDEOUT

England U21s international striker Paul Rideout was Swindon Town's leading goalscorer in two

consecutive seasons. He was Swindon's youngest League player at 16 years 107 days against Hull City in November 1980 and netted 38 goals in 95 League games while at the County Ground before joining Aston Villa in June 1983. Moving via Italian club Bari to Southampton in July 1988, he rejoined Swindon on loan in March 1991. He had spells with Notts County and Glasgow Rangers prior to joining Everton in August 1992 and was an FA Cup winner in 1995, then played for several clubs in China and Tranmere Rovers.

STEVE WHITE

Ex-England Schoolboy striker Steve White was top scorer in Swindon Town's 1986/7 promotion success. Initially with Mangotsfield United, he joined Bristol Rovers in July 1977 and moved to Luton Town in December 1979. He helped win the Second Division title in 1981/2, joining Charlton Athletic as part of the Paul Walsh deal in July 1982. Returning to Bristol Rovers in August 1983, he joined Swindon in July 1986 and starred alongside Duncan Shearer. He was a promotion winner again in 1992/3 and netted 83 goals in 244 League games before moving to Hereford United in August 1994, then played for Cardiff City.

JIMMY QUINN

Northern Ireland international striker Jimmy Quinn was Swindon Town's leading marksman in 1987/8. He impressed with Oswestry prior to joining Swindon in December 1981. Moving to Blackburn Rovers in August 1984, he rejoined Swindon in December 1986 and helped clinch promotion that season. He netted 40 goals in 113 League games overall before joining Leicester City for £210,000 in June 1988, then Bradford City, West Ham, Bournemouth, Reading and Peterborough United. Rejoining Swindon as player-boss, he has since managed Northwich Victoria, Shrewsbury, Cambridge United and AFC Bournemouth.

DUNCAN SHEARER

Striker Duncan Shearer was capped seven times by Scotland after leaving Swindon Town. He impressed with Inverness Clachnacuddin prior to joining Chelsea in November 1983 and moved to Huddersfield Town in March 1986. Joining Swindon for £250,000 in June 1988 and twice helped them qualify for the Second Division play-offs. He was leading marksman in four successive seasons, netting 78 goals in 159 League outings before being sold to Blackburn Rovers for £750,000 in March 1992. Moving to Aberdeen in July 1992, he later played for Inverness Caledonian Thistle and was Buckie Thistle's player-manager.



opposing view

When you pick up results against the teams at the top of the table, you perhaps don't expect to find yourself going into the final third of the campaign stuck in the relegation spots at the foot of League One.

In recent weeks, Swindon have drawn against Leicester City, MK Dons and Millwall along with comprehensively beating Scunthorpe United.

And yet they arrive at the Weston Homes Community Stadium today beneath that dreaded dotted line and in need of a vital win in order to keep pace with the teams above them in the table.

Saturday's game saw them pick up the latest in a string of impressive draws against high-flying sides, with Roberto Di Matteo's men's hopes of breaking back into the top two truncated by a spirited Robins display.

However striker Billy Paynter, who grabbed the goal that earned a share of the spoils on Saturday afternoon, remains keen to improve the team's fortunes in the coming weeks.

"Obviously it is really disappointing to be where we are in the league," he told U's Review.

"The results have not always gone our way and, looking back, there are a few games where we have let leads slip with late goals. We have had the three points in our grasp and let them slip, which has been frustrating.

"With the players that we've got in the team, we should perhaps be a bit higher up the table, but they say the league doesn't lie so we know what we have to do in the next few weeks."

In some respects, the fact that the Robins have been able to get good results against the likes of the Dons and leaders Leicester has left players and supporters alike tearing out their hair.

But the team know exactly what is required to ensure that Danny Wilson's men can plan for another season in League One next time around.

Billy added: "We have picked up some good results and on our day we can give anyone a game. We have done well against the teams up the top of the table and perhaps take our foot off the pedal a little in other matches and we need to ensure we have the same type of intensity in all of the games.

"A lot of our remaining fixtures are going to be against those around us in the league table, so it is going to be difficult because every game now is going to be like a cup final."

Paynter's goal on Saturday has put him well into double figures and he has been happy with how the front line have done this season.

"I have hit eleven goals now, and I have struck up a good partnership with Simon Cox. He is a good quality finisher, with an eye for goal and we have now got an idea of where the other is going to play and even from very early on we had that relationship.

"We will be looking to get the goals that will get us the revenge over Colchester after the defeat earlier in the season. We were disappointed to lose that game and will be looking for a win on Tuesday night."



family affair

This afternoon's match against Swindon Town will see a family connection, as Phil Ifil's brother Jerel comes to the Weston Homes Community Stadium with the Robins.

Following a number of loan spells with the County Ground club, Jerel signed permanently for Swindon in 2004 and has been a regular at the heart of the defence ever since.

The Ifil brothers also have a younger brother currently in the ranks at Arsenal, but Phil is not the only Colchester United player to have had a footballing sibling in the professional game.

Another current U's full back has actually had his brother pull on the blue and white stripes in the past.

Marc Tierney has made a big impression since signing from Shrewsbury earlier this season and becomes the second defender from that family to represent Colchester United, after brother Paul had a brief loan spell here from Manchester United under the management of Phil Parkinson.

There must be something about players who make it at Colchester United having equally talented brothers who have also created an impression in the professional game.

Even as far back as the 1940s, the Fenton brothers Ted and Benny both left their mark on the U's history books, with both achieving great things – as managers as well as players.

In the 1950s and 1960s, the Aitchison brothers Peter and Barrie both represented the club down the wings, whilst a similar

period of time separated the appearances of Bert Barlow and son Peter who played nearly a hundred games between them.

More recently, the Gregory brothers have done their bit to get the club to where they are today, with Neil and David playing their part in the promotion season of 1998 which elevated the U's into League One last time around.

KK and Lloyd Opara both had their spells around the U's first team before venturing elsewhere to progress their careers and the family connections don't stop there, of course.

The club's Player of the Century Peter Wright (*pictured*) obviously passed on the family genes as well, with son Steve becoming a regular face in the centre of the U's back line in the 1980s, before grandson Jamie progressed into the youth programme in more recent years.

Mike Walker was a mainstay between the sticks for a number of years before stepping into the managerial hotseat, and his son Ian was a top flight shot stopper for a number of years, having previously watched his father in action at Layer Road during his childhood years.

Jack Wignall had a brief spell in the U's first team as he followed his father Steve into the heart of the Colchester defence before beginning his journey around local non-league teams.

With players now coming from far and wide to represent the U's – including from foreign climes – it may be a little while until we have the next brothers playing for the club, but don't rule it out!

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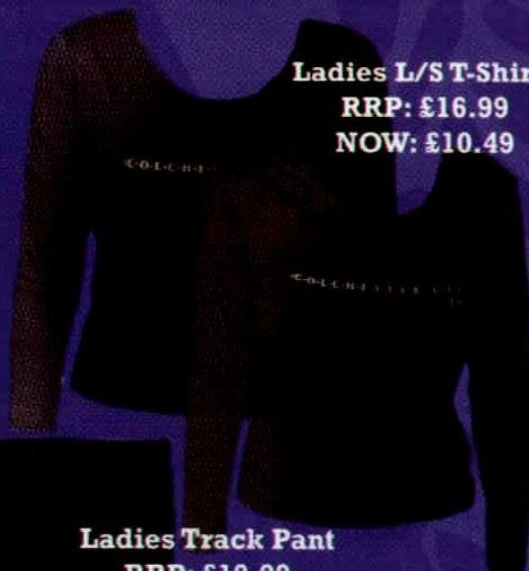
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 A photograph of Chris Coyne, a footballer, in a yellow kit with blue accents. He is captured in a dynamic pose, possibly during a match or training. The kit features a 'SMART' sponsor logo and a club crest. The background is blurred, showing a stadium setting.

CHRIS COYNE

Welcome back for tonight's match against Swindon Town as we look for another three points to lift us up the table.

We are getting to the business end of the season now and every game becomes the most important to our quest for success.

I have heard a lot of people talking about the importance of the five away matches that we have to play in March but tonight and Saturday are just as important. Swindon and Crewe may not be above us in the table but results across the season, not just ours, have proved that anyone can beat anyone in this league.

We cannot take these teams for granted just because they are below us in the league and we prepare for every match exactly the same. As always, we will be aiming for maximum points in these next two home matches but we know that the points won't just come to us, we'll have to work for them.

In the last home match against Hartlepool, we certainly worked hard enough for our point but it was disappointing not to get all three, especially after taking the lead. It was a good finish from Scott Vernon to put us ahead but a header from a corner gave them an equaliser.

We work very hard in training to prevent the opposition scoring from any set pieces so

it was disappointing to concede from a corner. After their goal, we huffed and puffed but never created enough chances to win the game. I mentioned in my last set of notes how pleased I was to be back in action against Stockport but I had to be content with a place on the bench for the game against Hartlepool.

It was the same last Tuesday night at Huddersfield but I managed to get some match action due to the injury to Paul Reid. While I was happy to have seen thirty five minutes of action, it is never nice to see a teammate go off injured. Paul was in some pain after suffering a knee injury and I hope that he is fit and well very soon.

"We are getting to the business end of the season now and every game becomes the most important to our quest for success."

While I hope that he is back fit for us soon, if I am given the chance of a run in the side, I aim to take it and stay in the side for as long as possible. It has been a real hit and miss season for me so far and I have been very frustrated with the amount of games that I have missed.

We have eleven games left and I want to be involved in all of them but it is up to me to take the chance whenever I'm picked and hold onto my place.

So I was very pleased when I got the nod to start the game on Saturday at Oldham and of course with the three points we got from a very professional 1-0 victory.

We went ahead early and then completely dominated the rest of the first half without managing to get another goal. Oldham were in the top six so we weren't expecting to have things all our own way for the whole ninety minutes and they certainly came at us stronger after half time.

We restricted them to only a couple of clear cut chances but prevented them scoring and it was a happy, if long, trip home. I thank all you supporters that made the trip up to Lancashire and hope that the win made the early start worthwhile. I also hope that we can reward your support tonight with another three points.

Coyne



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TALKING WOUNDED

Welcome back for this evening's match against Swindon Town, as we continue our run of games that have seen us play Saturday, Tuesday for the last few weeks.

Saturday will see that continue but after then, the lads will have a full week until the next game.

As I have said before, usually during the Christmas period, there has to be a fine line between working the lads in training and making sure they are getting enough rest. They need to be coming into the games fully prepared and fit enough but also need the energy to get through the full ninety minutes.

The right amounts of the right foods and drinks have to be consumed and it all has to be consumed at the right times. These are all things that can be controlled but we also have to deal with the impact injuries I have also talked about before – which we can't control.

Last week saw us play Huddersfield and we had to be without Jimmy Walker and Mark Yeates, who had both started three days previously in the draw against Hartlepool. Had we not had a game until the following Saturday, both may well have been fit and available but there wasn't time for their respective injuries to heal.

Jimmy got a knock and was struggling to push off and jump so it would have hindered him a great deal and playing could have made the situation worse. Mark was sore in the short training session we did on the morning of the game and it was decided to put him on the bench. Even in the warm up at the Galpharm before the match, he could feel it so it proved to be the sensible decision.

In the game itself, Paul Reid caught his knee and despite trying to return to the field after a bit of treatment, had to come off to be replaced. He missed the match at the weekend against Oldham and won't be available tonight either.

I spoke at length about Johnnie



Jackson and John White in the last set of notes and since then, both have been progressing well in their recoveries from shoulder injuries. Johnnie is back in training and is very close to being fit and available to the manager, while John is already back with the squad.

He played sixty minutes in the reserves last Wednesday afternoon with no reaction and with included in the squad that travelled up to Oldham at the weekend. While you can never be 100% certain, I have no real concerns that this injury will affect John at all so expect him to be pushing for a place in the squad now.

He was an unused substitute on Saturday so there's no reason why he won't be fit and available for tonight.

His return adds more competition for places across the back four so it can only be good for the manager and the club that he is back in action.



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u's views



Fundraising Special

This weekend's game will see the two Essex sides forget their allegiances for a moment and raise money for a very worthwhile local cause.

The two clubs, along with both sets of supporters will be raising money for the Little Havens Children's Hospice, along with the Fair Havens Adult Hospice.

A group of Shrimpers supporters will be walking from Roots Hall to the Weston Homes Community Stadium to arrive in time for the local derby on Saturday February 21st. Setting off the day yesterday, the group of seven walkers will have trekked 42 miles in two days.

Paul Yeomanson, who has helped organise the event, said: "Both Southend United and Colchester United have been very supportive of our challenge."

Those taking part are Trust committee members Bryan Woodford, Darren Posnack, Trevor Bashford, Paul Fitzgerald and Alec Trott, as well as Hugh Cumberland and Sarah Zimmer. They will be cared for by a support vehicle driven by Paul.

The group left yesterday 7am from the centre spot on the pitch at Roots Hall on Friday 20th February and walked for 30 miles before stopping at Tiptree. They resumed their journey this morning, and are

aiming to reach the Weston Homes Community Stadium in time for kick-off at 3pm.

Paul added: "It will be fairly tough, especially if the weather isn't on our side but we are really looking forward to doing something different to help these worthy charities. We hope to raise in excess of £2,000, and, of course, see the Blues beat the U's!"

As the Shrimpers fans rest their weary feet, attentions will turn to the half time activities here at the Community Stadium today. A host of local mascots will take part in the Annual Mascot Race in aid of Little Havens in what is always a very amusing event.

Following the game, the mascots taking part will be outside with collection buckets, so please be generous for these very worthy causes.

A True Friend To The Youth Team

It is with regret that we have to pass on the sad news that friend of the club Tracie Atfield passed away recently.

Tracie was a very active member of the group of supporters that helped raise numerous amounts of money towards the youth team here at Colchester United.

Always a bright and cheerful person she

would be the banker at race nights and help the events go off with a swing and make sure they were a success. Many thanks for all your help Tracie and our thoughts go with her husband Ken and Children Luke and Tom.

Therefore, when you see the wine coloured youth van around the town, spare a thought for her, she helped make it happen!

Further Sad News

We have also sadly heard the news that long time supporter John Macey passed away recently.

John who, like the U's was born in 1937, became a season ticket holder in the final three years of his life and enjoyed the U's recent successes at Wembley and Yeovil.



In years gone by, his favourite U's players included Ian Allinson and Roy McDonough and more recently George Elokobi and Mark Yeates.

He leaves behind two U's supporting children, a U's supporting grandson and a soon to be U's supporting wife.

Once again, the club passes on its sympathies at this sad time.



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AT THE FAR POST

Here's a question for you. What did we have two of in 2005/6, one of in 2006/7, but none of this season?

If you know the answer, then you have also identified the main reason why we have so far failed to put together a convincing promotion challenge this season, despite some undoubted quality in the team.

The answer is that we don't have a goalscoring forward who has hit the net with regularity throughout this season. In our first season in the Championship Iwelumo and Cureton were our deadly strike twins, and last season Kevin Lisbie had the best season of his career with some sensational performances and virtuoso goals.

We couldn't hang on to Iwelumo and Cureton, as both took the financially prudent route out of Layer Road to cash in on their success. Likewise, Kevin Lisbie headed North as Jim Magilton at our neighbours along the A12 knew a good thing when he saw one, and a cheque for £600,000 was no consolation to the fans.

But I haven't sat down to write a piece looking back at what might have been; quite the opposite in fact. The subject of this item is the young man who looked as lively as a pony bred in hay as he warmed up along the touchline at Huddersfield Town's Galpharm Stadium on Tuesday night, and then entered the fray to look the brightest, liveliest, hungriest player on the pitch for the last 25 minutes on the game. I refer of course to Mr Steven Gillespie.

For anyone who was not at the Galpharm on a cold and windy night, let me tell you that the trip was worthwhile for several reasons. Mark Cousins grew in confidence as the game progressed, and some of his handling was positively magnetic. He often reminds me of Alec Chamberlain at the same stage of his development.

Dean Hammond, Kem and Perky were full of endeavour and determination in midfield, Paul Reid was a rock, and when he went off injured Chris Coyne came on at the most difficult stage of the game, and did us proud. I liked the balance and shape of the team, with the midfield work ethic enabling us to

operate with Hackney and Gubern as genuine flank players, and some great link up play down the left flank - involving, inevitably, Marc Tierney. It is a formation we have not seen work properly since the opening day of last season when Yeates and McLeod worked their socks off down the flanks at Sheffield United.

But above all of those excellent performances on Tuesday night, the memory of the game which will stick with me will be the sheer football intelligence of Steve Gillespie when he entered the fray. I doubt anyone has taught Gilly how to play so well on the last defender, how to time his runs, and how to catch defenders out and find space where there appears to be none, in a Lineker-esque manner.

You can't manufacture a player with those sort of instincts. Gilly had defenders looking like statues during his time on the pitch. His secret is that his brain never stops triangulating his positioning, as if he had the world's best SatNav between his ears.

I had the good fortune to sit with the doyen of Colchester fans on Tuesday night, David Amoss, and with about 12 minutes to go he said the very thing that I was thinking - 'Let's hope that Gilly can get in behind their defence just once'. That would have been enough. As with Cureton at his peak, you sensed that the only possible outcome would have been a goal or a penalty kick.

As for Gilly's injuries this season, there is no blame to attach to anyone, least of all the player himself. Some you win, some you lose. Lisbie came to the club with a record of chronic injury stretching back years, but missed very few games and we were lucky enough to get a full season out of him. And that's what it's down to, sheer blind luck. In the case of Gilly, the player and the club have just been horribly unlucky, but rest assured his appetite for success is still intact.

One final thing I will say about Gilly is that all he wants to do, in every fibre of his body, is to get out on the pitch and play football. You can tell it from his enthusiasm, his effort, and every aspect of his body language. There is simply no concealing it.

Jim French



Ding Dong Derbies

In recent years, the derby games between the two Essex sides have been entertaining affairs with plenty of goals along the way.

Three has been the magic number in the past five meetings, with two victories apiece and a 3-3 draw in the game earlier this season at Roots Hall. In the other four matches, the winning side has always scored three times, with Sam Stockley's goal for the U's being the only one for the losers in those four clashes.

On the day that the U's and Blues' meet again, we look back at these recent encounters between the local rivals that have ended with seven points for each side, with the U's supporters being able to put their side ahead on goal difference.

Blues 3-1 U's – 28/08/05 Roots Hall

It only took Shaun Goater three minutes to open the scoring in the first derby of the 2005/6 season, as he lifted the ball over and past a helpless Dean Gerken in the U's goal. It wasn't long before the U's were level though, as fullback Sam Stockley struck from outside the box for the equaliser.

Stockley went from hero to villain though as his cross field pass only found Southend midfielder Mitchell Cole, who raced half the length of the pitch before shooting the

Shrimpers ahead again. It was Goater who wrapped things up in the last quarter of an hour, with his second of the game to make it 3-1.

U's 0-3 Blues – 04/03/06 Layer Road

In the return game in this promotion season for both clubs, Southend completed a comprehensive double with another three goal haul, this time with no reply from the U's. The Shrimpers dominated things from start to finish and had they not taken their foot off the gas in the second half, there score could have been worse for the U's.

All three goals came in the first period, with Che Wilson even getting on the scoresheet from left back, only his second goal in over 120 games for Southend. Freddy Eastwood put the visitors ahead after eleven minutes and Kevin Maher doubled the advantage ten minutes later. Wilson completed the scoring just after half an hour had ticked by and there was no way back for the U's.

U's 3-0 Blues – 25/11/06 Layer Road

This time round, it was the second half that provided all the goals but there was more than just the goals that lit up that second period. The first half was a cagey affair with the usual tempo and ferocity of a local derby but things got interesting a few minutes after the break.

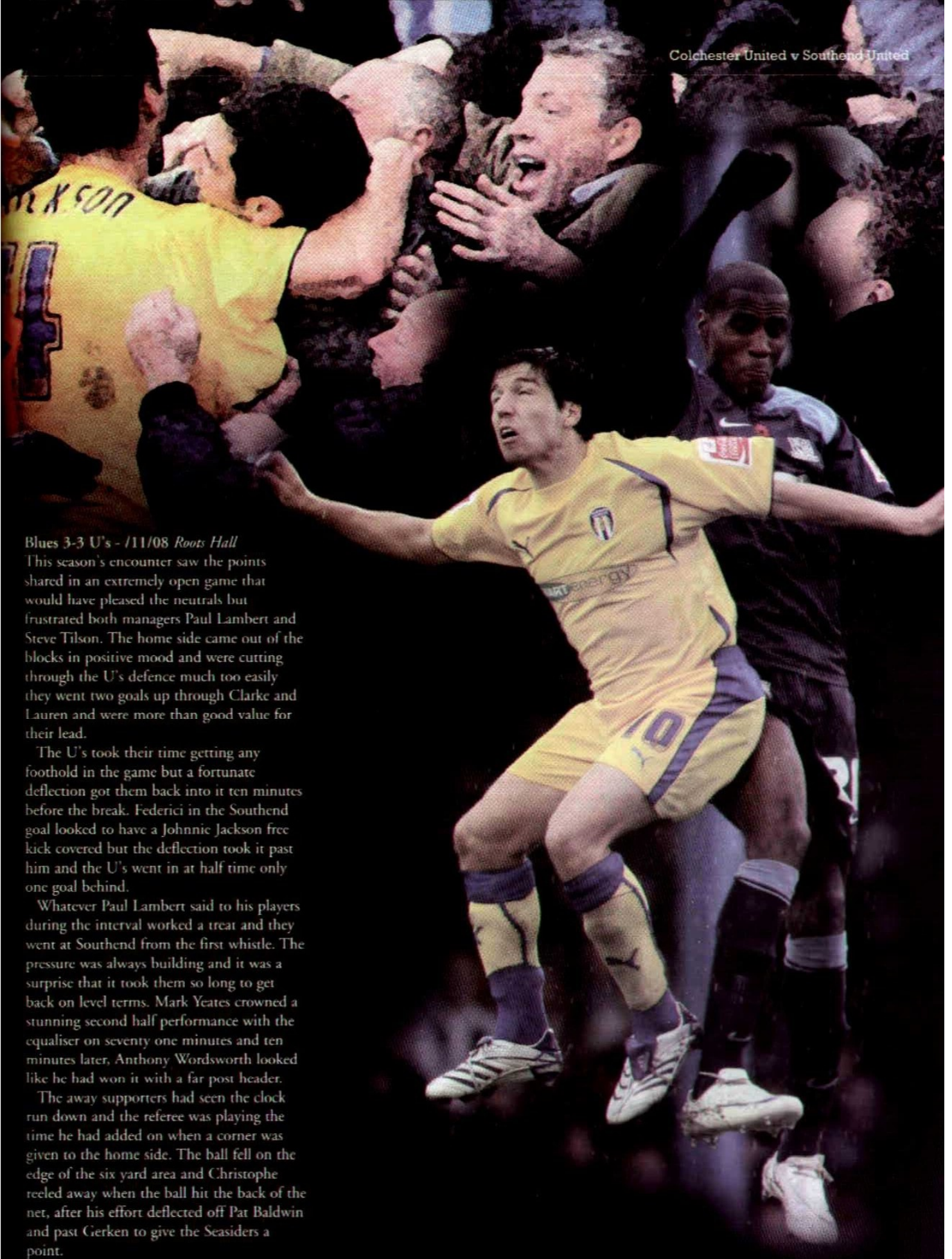
The ball was cleared out from the U's penalty area and everyone's eyes followed the ball forward. Back on the edge of the box, the referee spotted a raised arm by Kevin Maher and sent the Shrimpers' skipper off. Mark Gower was booked for arguing the decision and clearly hadn't calmed down when he launched into a tackle a few minutes later and followed Maher down the tunnel after a second yellow.

Greg Halford and Pat Baldwin took advantage to put the U's 2-0 up and despite Chris Barker's dismissal, again for two yellows, Jamie Cureton made it 3-0 six minutes from time.

Blues 0-3 U's – 06/04/07 Roots Hall

It was a very Good Friday for the U's on the Essex coast as a Jamie Cureton hat trick gave the U's a double and put Southend nearer to their imminent relegation back into League One. It also put the U's closer to a dream play-off place in their first ever Championship season.

It took the former Reading striker only thirty six seconds to open the scoring, as he latched onto a poor back header from Efe Sodje. The second and third goals came in the second half and the victory was made even more special by the sun shining on Roots Hall and the fact that the nation watched the match live on Sky Sports.



Blues 3-3 U's - /11/08 Roots Hall

This season's encounter saw the points shared in an extremely open game that would have pleased the neutrals but frustrated both managers Paul Lambert and Steve Tilson. The home side came out of the blocks in positive mood and were cutting through the U's defence much too easily they went two goals up through Clarke and Lauren and were more than good value for their lead.

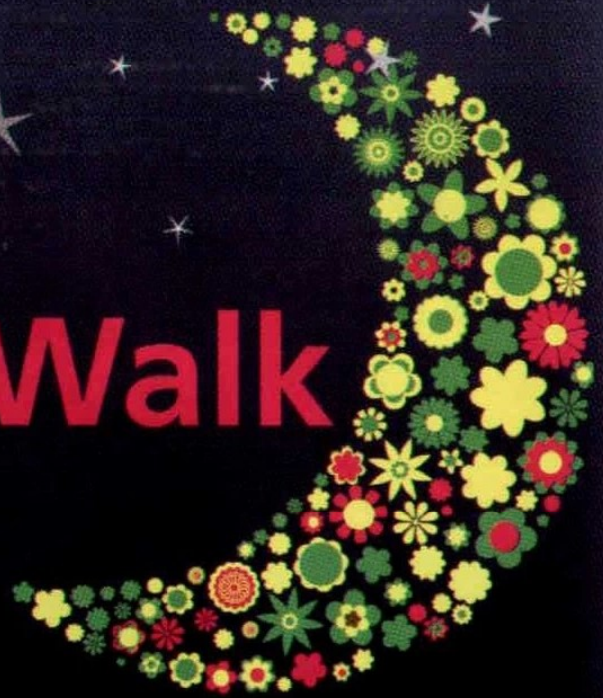
The U's took their time getting any foothold in the game but a fortunate deflection got them back into it ten minutes before the break. Federici in the Southend goal looked to have a Johnnie Jackson free kick covered but the deflection took it past him and the U's went in at half time only one goal behind.

Whatever Paul Lambert said to his players during the interval worked a treat and they went at Southend from the first whistle. The pressure was always building and it was a surprise that it took them so long to get back on level terms. Mark Yeates crowned a stunning second half performance with the equaliser on seventy one minutes and ten minutes later, Anthony Wordsworth looked like he had won it with a far post header.

The away supporters had seen the clock run down and the referee was playing the time he had added on when a corner was given to the home side. The ball fell on the edge of the six yard area and Christophe reeled away when the ball hit the back of the net, after his effort deflected off Pat Baldwin and past Gerken to give the Seasiders a point.

Midnight Walk

Saturday
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Ladies... walk this way!

Colchester United have joined together with our friends from St Helena Hospice to launch Colchester's first ever Midnight Walk, which will be taking place on Saturday June 6th 2009. The ladies-only event will commence on the stroke of midnight when a thousand ladies will start their walk through Colchester in aid of St Helena Hospice.

The Midnight Walk will start and finish at the Weston Homes Community Stadium, the home of Colchester United and walkers will follow a circular route of 12km (7.5 miles).

Participants can look forward to an enjoyable and exciting evening walking for fun or in memory of a loved one. Walkers can join in with friends, family members, work colleagues or simply come along and make friends on the way.

Registration for the walk is just £15 and walkers will receive an official Midnight Walk t-shirt along with a full event pack containing helpful information and fundraising tips. Each participant will also receive hot drinks on the night and a well deserved medal when they cross the finish line.

The Midnight Walk is delighted to announce Colchester United, Hatfields of Colchester and the Gazette as key supporters of the event.

Ivan Hawes, Sales Director, Hatfields said:

"Hatfields are always delighted to support St Helena Hospice as our chosen charity. When we were approached to support the 'Midnight Walk', we were only too happy to say yes.

"We are aware just how much this wonderful organisation benefits the community and are proud to be associated with all those many staff and volunteers who give their time to help raise funds for the Hospice, which works tirelessly for the good of their patients and their relatives."

Tom Parkes, Chief Reporter, The Gazette added: "The Gazette exists to stand up for the interests of local people and to celebrate their many remarkable achievements. We are therefore proud to give our support to the first St Helena Hospice Midnight Walk."

Matt Hudson, Media Manager, Colchester United Football Club said of the U's involvement: "Colchester United are delighted to be a partner for this excellent event. We have been a long time friend of the Hospice and we are proud of our relationship with them. The work that they do in the community is well known and we are keen to work with people that bring so much to the local area.

"The club are intending to put in a team for the event and would urge all local companies to do the same."

Dominic Munro-McCarthy, Midnight Walk Event Manager said: "We are incredibly excited about the Midnight Walk which promises to be a fantastic and fun night out. We really appreciate the support we have received from Hatfields, Colchester United and the Gazette to make this event possible."

The Midnight Walk is an event that has proven to be very successful all over the country in recent years and attracts thousands of women to take part, raising money for their local hospice.

Whilst this is a ladies-only walk there is definitely a part for men to play. The Midnight Walk team needs lots of men to volunteer their support to come along on the night and work as stewards along the route.

The event is set to be a sell out and places are limited so we would certainly recommend getting your place reserved as soon as possible. Download your registration form at www.sthelenahospice.org.uk/midnightwalk or call the details below.

Don't miss out on the best night of the year...register your interest now!

● For more information about the Midnight Walk call: 01206 791740 or email: midnightwalk@sthelenahospice.org.uk
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lookingback

...WITH THE EAST
ANGLIAN DAILY TIMES

FIVE YEARS AGO

PHIL Parkinson's men completed a miserable three days by bowing out of their second cup competition.

Having lost 1-0 at Sheffield United in the Fifth Round of the FA Cup on Sunday, February 15th 1994, undone by a goal from Paul Peschisolido, they were then denied an appearance at the Millennium Stadium by deadly rivals Southend.

The U's shared a 1-1 draw at Roots Hall,

but that was not enough to over-turn a 3-2 deficit from the First Leg of this LDV Vans Trophy Southern Area Final. Kcm Izzet had raised hopes with an early goal after three minutes of the Second Leg, but Shrimpers striker Drewe Broughton equalised on the night, in first-half stoppage-time, to seal a 4-3 aggregate victory.

TEN YEARS AGO

THE U's ended February 1999 with back-

to-back 1-1 draws to inch further away from the Nationwide Division Two relegation trap door.

New manager Mick Wadsworth had masterminded 2-1 wins over York and Wigan in his first two matches in charge, and he followed this up with a 1-1 draw at Gillingham, and then the same result at home to Reading on February 27th.

The U's suddenly looked a much tougher team to beat, bolstered by some robust performances in midfield by experienced new recruit Warren Aspinall.

FIFTEEN YEARS AGO

FULL-back Simon Betts scored some cracking goals during his long spell with Colchester, but his effort in the home match against Torquay United on February 26th 1994 was not enough to prevent defeat.

Roy McDonough's side disappointed in a 2-1 reverse at the hands of the Gulls. It was the third in a six-match sequence of no victories, which confirmed that the U's would not be challenging for a play-off spot.

TWENTY YEARS AGO

A MISERABLE run of no wins in 18 league games, stretching back to a 2-1 win at Carlisle in early October (followed 11 days later by a record-breaking 8-0 defeat at Leyton Orient), was finally ended in mid-February, 1989.

The U's claimed a surprise 3-2 win at Scunthorpe to prompt a mini-revival - it was part of a five-match unbeaten run.

Richard Wilkins, Tony English and John Warner all scored in this precious win on the east coast.

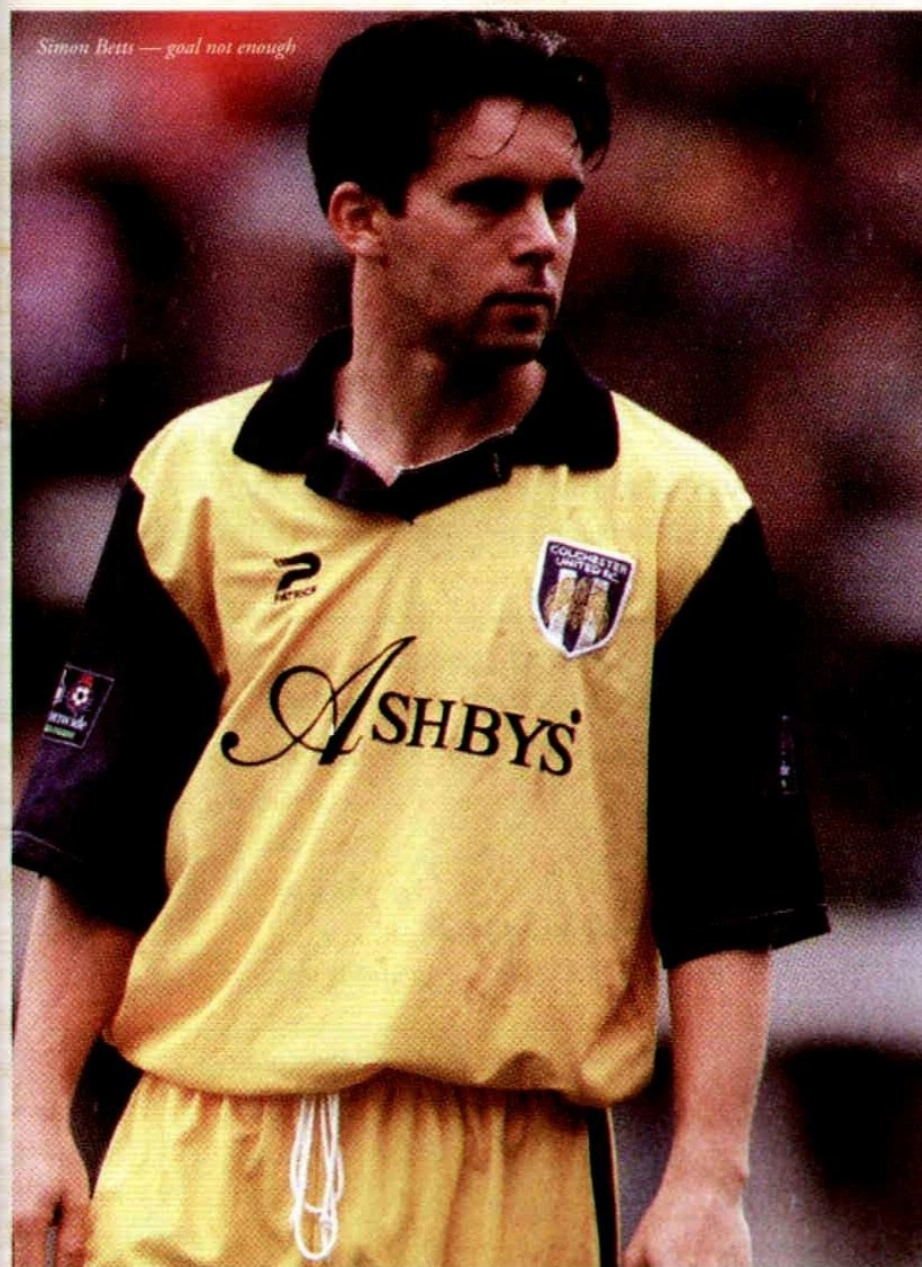
THIRTY YEARS AGO

HAVING lost 2-1 on their long travels to Blackpool, Bobby Roberts' men returned home to notch a 2-0 Layer Road success over visiting Lincoln City on February 23rd 1979.

Bobby Hodge and Trevor Lee were the goal-scorers in front of a crowd of 2,861.

Lincoln had a terrible season, finishing rock bottom of the old Third Division with just 25 points amassed from their 46 league games.

They only won seven matches.



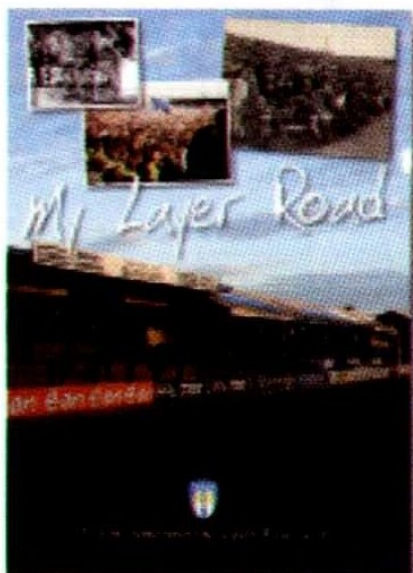
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U's fans remember the Layer Road years



One lucky fan who pre-orders *My Layer Road* will win a limited edition framed shirt from Layer Road.

My Layer Road, a limited edition book by Colchester United's Media Manager Matt Hudson and U's author Jim French, brings together a collection of memories, anecdotes and never seen before full-colour photos which sum up the essence of Layer Road, one of football's quirkiest football grounds.

Alongside the big stories, there are also the very personal memories of fans, players and staff as the tales of a very special football ground are committed to print.

All fans who pre-order a copy of this unique, full-colour limited edition Colchester United book will receive a copy signed by **David Gregory, Joe Dunne, Karl Duguid** and further former U's stars.

To ensure you receive your signed limited edition of *My Layer Road* complete and return the form below before 13th March 2009 or call 01206 755135.

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Read All About It!

U's manager Paul Lambert has created a big turnaround in the club's fortunes since arriving in October - and there is the promise of plenty more to come.

In managerial terms, the Scotsman has been in Colchester for only a short time, and his early work indicates that big things lie ahead for the U's under his management.

The modern world sees managers under pressure to deliver results from very early on, with the top flight bosses falling foul of the chairman's axe quicker than ever before.

But whilst the likes of Paul Ince and Felipe Scolari might lick their wounds and regret not having been given longer in charge of Blackburn and Chelsea, they at least had the chance to take charge of a few games!

For one U's manager, his spell in charge lasted a matter of just four days, before his appointment was rescinded by the club's board of directors.

Colchester United fans of a certain age will recall a vaguely embarrassing close-season fiasco which the club's directors quickly sought to cover up the appointment of Ron Meades in 1953.

All that came to light at the time was the story that Colchester had torn up Ron's contract, barely 72 hours after appointing him, because of the unsatisfactory outcome of enquiries they'd made.

In fact, they'd been tipped off by a reporter that Meades possessed much less experience than they'd been led to believe. And they were forced to act once the matter was aired in the local press leading to accusations of Boardroom incompetence.

Ron's connection with the U's has been one of infamy ever since, but he had previously disappeared off the club's radar after that brief dalliance 56 years ago.

But the Welshman has been found and is the feature of one of the chapters in the upcoming My Layer Road book, to be published by the club's Media Manager Matt Hudson and author Jim French.

With the help of former programme editor Rob Hadgraft, we tracked Ron down and he tells us the story of those four incredible days in an exclusive interview.

He recounts his memories of the incident at the time and explains what happened after his short lived Colchester United career.

Ron's amazing story is one chapter amidst seventeen in the upcoming club publication, which chronicles the 71 years that the U's spent at their former stadium.

The book, which includes over 90,000 words and over 330 pictures, tells the tale of the very special stadium that we all used to call home.

Pre-orders for the book come to a close this Friday, so if you want your book signed by stars of the U's past, then be sure to fill in the form on the page opposite or pop into the U's retail outlet before the weekend.

You can also order the book online at www.cufcretail.com - the online site has been revamped in the last few weeks, so take a look!



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Your way

LAST BUT NOT LEAST

WITH ANTHONY WORDSWORTH

What was the last purchase you made?

I bought my Mum a new phone for her birthday.

What was the last film you saw?

Shawshank Redemption with Morgan Freeman. Great film.

Who was the last person you phoned?

My girlfriend Hannah, hassle as usual!

Where did you go on holiday last?

A few of us went to Malia last summer.

What was the last item of clothing you threw away?

Last season's club tracksuit.

What would your last meal consist of, given the choice?

A full English fry-up, but it would have to be cooked by my dad.

What was the last CD you bought or downloaded?

The new Razorlights album.

Where would be the last place on Earth you would like to live?

Southend!

When was the last time you did any decorating?

I have never done any.

When was the last time you cried?

After the game at Chelmsford on Monday night.

In what event at the Olympics would you finish last?

Weightlifting.



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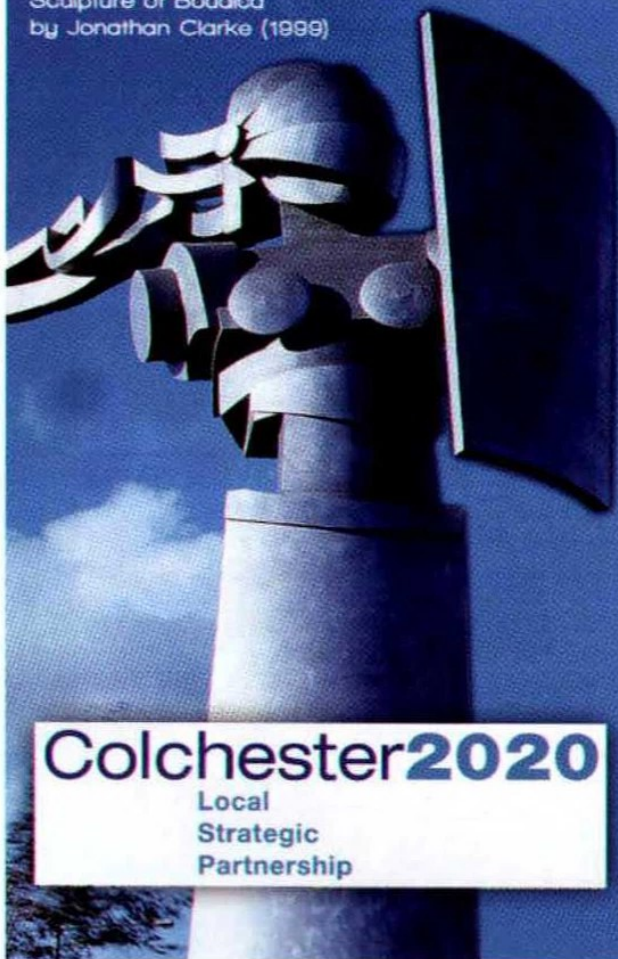
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Sculpture of Boudica
by Jonathan Clarke (1999)



Help Shape Colchester's Future

What issues do you think are important to the future of Colchester?

Colchester2020 is keen to hear your thoughts, so come along to our March Assembly Meeting and help shape the future of our borough.

The event takes place on Thursday 26 March, at The Weston Homes Community Stadium, United Way, Colchester from 10am to 1pm.

To reserve a place email colchester2020communications@colchester.gov.uk or call 01206 282348 stating if you have any special access or dietary requirements.

A free coach will run to and from the town centre for the event. Places must be booked in advance to ensure we cater for demand.

Colchester2020

Local
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Partnership

ARE YOU LOCAL?

The Colchester Gazette takes a look around the local non-league scene...

Former Colchester United youth product Sean Hillier (right) scored twice as FC CLACTON swept past Long Melford.

The Seaside won 7-0, with Paul Hillier also bagging a brace and Kevin Coyle, Tommy Noble and Mark White also on the scoresheet.

Skipper Paul Hillier said: "It was a really good performance and result against a very poor side. But nothing should be taken away from us in terms of the manner we played in really tough conditions.

"After several lacklustre matches when we've done well to pick up maximum points, it was good to finally thrash someone again and we looked dangerous every time we went forward."

Ryman League Division One North strugglers **WITHAM TOWN** have completed the signing of winger James Robinson from rivals **HEYBRIDGE SWIFTS**.

Robinson's uncle – Town boss Danny Greaves – had made no secret of the fact that he would like to sign the former **MALDON TOWN** player.

He made a seven-day approach for Robinson and although Swifts were loathed to lose their player, the deal was sealed last week.

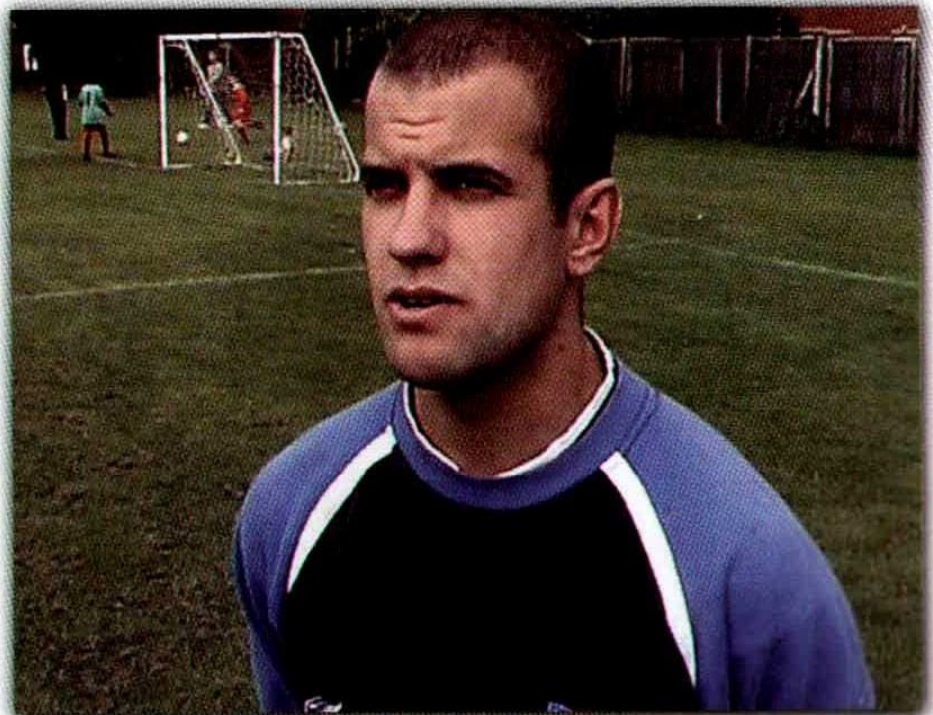
Heybridge boss Wayne Bond initially refused Robinson permission to speak to Witham and wanted them to wait, as his side continues to battle against relegation in the Ryman League Premier Division.

However, Robinson was keen to join up with his uncle and help them in their own basement battle, in Division One North.

Witham boss Greaves said: "We wanted to sign him six, seven or eight weeks ago but James wanted to stay loyal to them. He has been under family pressure, but not in a nasty way.

"He is my nephew and my dad's grandson. James has been loyal to Heybridge Swifts. He is a player that I want in our side and he desperately wants to play for me and help Witham Town – both this season and next."

Witham's Division One North rivals Brentwood were also interested in signing the player.



Meanwhile, Swifts boss Bond wants to see his side show more consistency between now and the end of the season.

He said: "We keep shooting ourselves in the foot – we put in poor displays after a good display."

WIVENHOE TOWN assistant manager Nick Murphy-Whymark is seeing signs of recovery from the struggling Dragons.

The Dragons – managed by former Liverpool, West Ham United and England star Julian Dicks – had gone 14 matches without a win prior to last weekend's fixtures.

Murphy-Whymark said: "Our dressing room is ten out of ten and when we go out on the pitch now, we are hunting rather than being the hunted.

"We finally know what we have and more importantly, the players know what is expected of them."

Stuart Nethercott believes the signing of former Chelmsford City defender Greg Oates

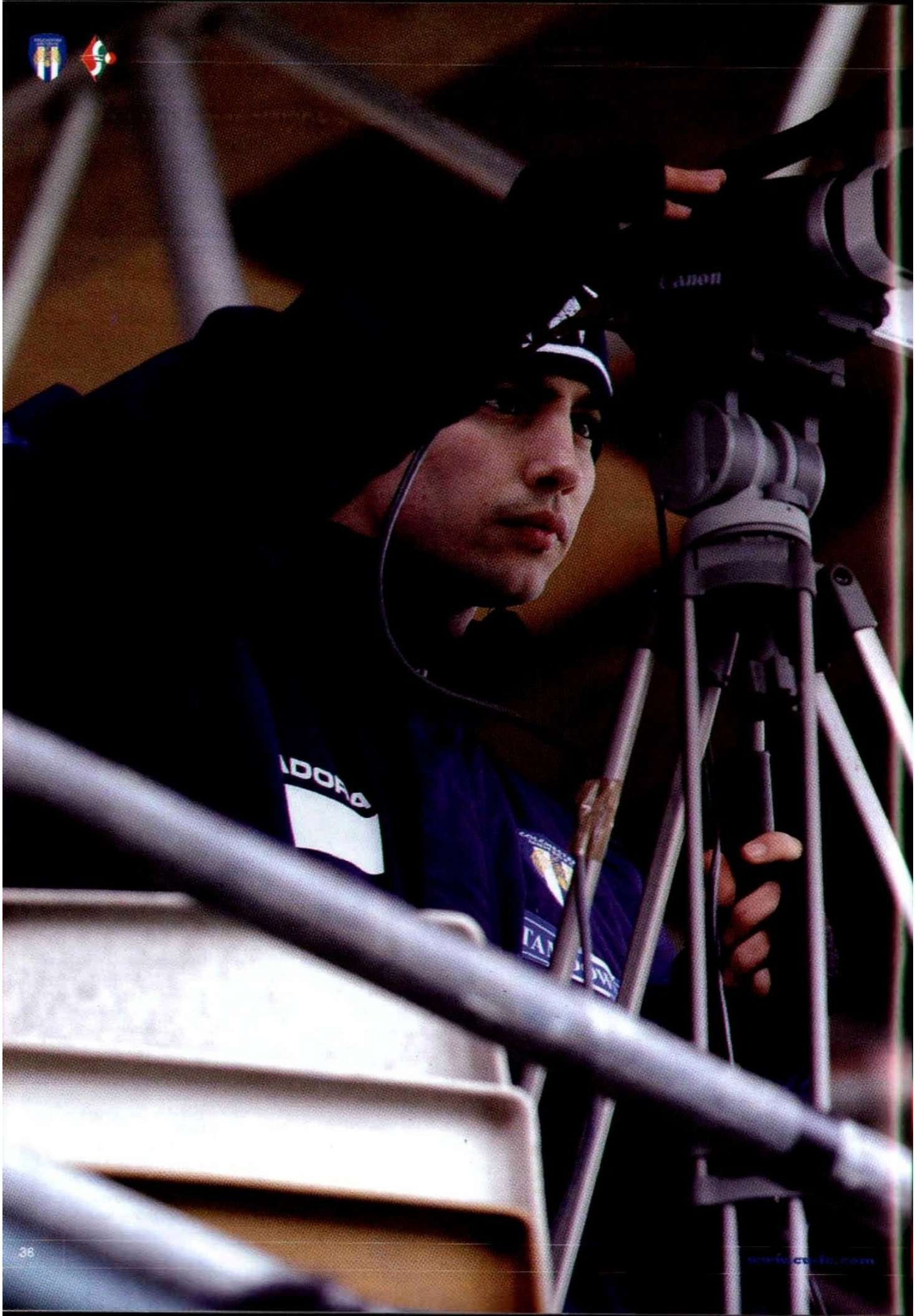
could send a positive message to his hit-and-miss Maldon squad.

Manager Nethercott is already looking to revamp his Park Drive squad for next season and is confident Oates could be the first part of that jigsaw.

The former Tottenham and Millwall defender said: "When I found out that Chelmsford were releasing Oates, I wanted to be in the market for him. I'm very pleased to have got him and I hope he will be the first of many and the start of my rebuilding programme to show the rest of the lads that I mean business and the calibre of new player I'm looking for."

Meanwhile Nethercott is confident his side has what it takes to pull clear from danger, in Division One North.

He added: "With the way the division is panning out, the points difference between ourselves and bottom two Hillingdon Borough and Witham is so great, another couple of wins should be good enough to keep us up."



THE MODERN GAME

Over the years, there have been numerous changes in football performance, both on and off the pitch, and some have become the fabric of professional football. A wealth of information has been gleaned from other sports and the last ten years has seen various different areas explored to find that little 'extra'.

A lot of the credit for the massive improvement in player fitness can be laid at the feet of forward thinking managers who have embraced modern theories. Arsene Wenger and Sam Allardyce are just two who have implemented techniques never previously seen in English football but that have now become the norm across the country. Clubs in all four divisions use these to some degree and dedicated staff members have been employed.

Nutritionists and dieticians have been introduced into clubs as part of a wider ranging sports science remit to improve the capability of players. Training until the players look too tired to continue is a thing of the past and heart rate monitoring is the modern way of knowing if the players are working to the satisfaction of the fitness coaches, and of course, the managers.

For as long as the video recorder and TV have been around, it has been possible for managers to watch future opposition in action. This has also been a way of backing up the manager's gut feelings, after seeing them in live action, on assessing individual players as future signings.

Nowadays, there is so much more information at the touch of a button, as the likes of Prozone and VideoCoach provide detailed analysis of individual and team performances. This can include pass completion analysis, crosses from either side, penalty area entries and exactly what distance each player has covered. Amazingly enough, some of the higher

end products can tell the relevant staff what percentage of this distance was walking, jogging, sprinting and whether it was forwards or backwards.

While many managers will tell you that there is no substitute for watching a match live to assess players individually and how teams play, all this additional information can only help. Here at the U's, the last few seasons has seen a fitness coach/sports scientist on board, with Donough Holohan and currently Dave Carolan expanding on the fitness work Stuart Ayles introduced to the club.

And after employing an external company to provide video analysis for a couple of seasons, we now have a dedicated performance analyst. Jonathan Duckett, while employed by VideoCoach, worked with Phil Parkinson and Geraint Williams here at the U's and it was Williams who bought Jonathan in full time.

U's Review caught up with the Norfolk born twenty-four year old and he quickly explained how grateful he is to Geraint for bringing him into the club.

He said: "Sport has always held my interest and I started off in this field when I went to University to study for a Bachelor of Science Degree. It was a joint honours in Sports Science and Biology because I was aiming to become a Sports Science teacher. My focus changed in the third year of the course, when I completed my dissertation on match analysis and came to the club to cover a couple of games.



"Through the project, I got an interview with a video coach company, who took me on part-time when I finished my University course. Since then, I've developed what I do and am now in my second year of a Masters in Performance Analysis in Sport at the University of Wales.

"I've got a lot to thank Geraint Williams for – he took on board what I had to offer while I was working for VideoCoach in terms of both pre and post match analysis and wanted to use it further. It's been a great experience for me and it was thanks to Geraint that I got the chance to work in football full-time."

Jonathan's remit didn't change too much once he came in full time, and Geraint was a manager who liked to see plenty of footage of future opposition. The former Welsh international insisted on knowing the strengths and weaknesses of the players his team was coming up against in the upcoming games and how the teams played as a unit.

Jonathan told us that Geraint saw this information as vital in the pursuit of victories and how he would set up his own team, in terms of both personnel and formation. He said: "He was very into scrutinising DVD's and performance analysis of the opposition and what they did, and then use it to find the best way to counteract them."

Paul Lambert has been in charge of the U's since October of last year and Jonathan explained that Paul uses the video analysis as much as Geraint but in a slightly different way and for a slightly different purpose. He also took us through his typical week, from analysing a previous match to preparing for the next fixture.

He added: "The majority of my work for Paul Lambert revolves around what we do and how we play. Geraint wanted a lot of analysis straight after matches but a lot of what I do now goes to Ian Culverhouse for him and Paul to assess.

"Paul and Ian are always interested in what positions our players have taken on set pieces, both defensive and attacking and our entries into the opposition's final third and penalty area. Information about how often the opposition get into our danger areas is also available and is looked at as well."

On his schedule, Jonathan continued: "After a game on a Saturday afternoon, I will spend Sunday going through the whole game, tagging all the relevant information that I use. This included all the entries into different areas for each team, how many short, long, successful and unsuccessful passes each player has made and anything else I spot that Paul and Ian might find useful.

"I compile a report for Monday morning and also a wide angle DVD copy of the game for them. I regularly have to provide copies for players, who want to have a look at different incidents in the game.

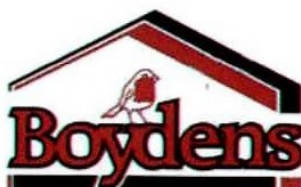
"The early part of the week is usually spent going over what we have done before we start on preparing for the following fixture. I have usually sourced a video of a recent game played by our opposition so we are in a position to know how they set up."

Most of the Premier League clubs, and more than a few in the Championship, have taken this kind of analysis to a different level, using a company called Prozone. Jonathan explained how they work and what information clubs can assess using their systems.

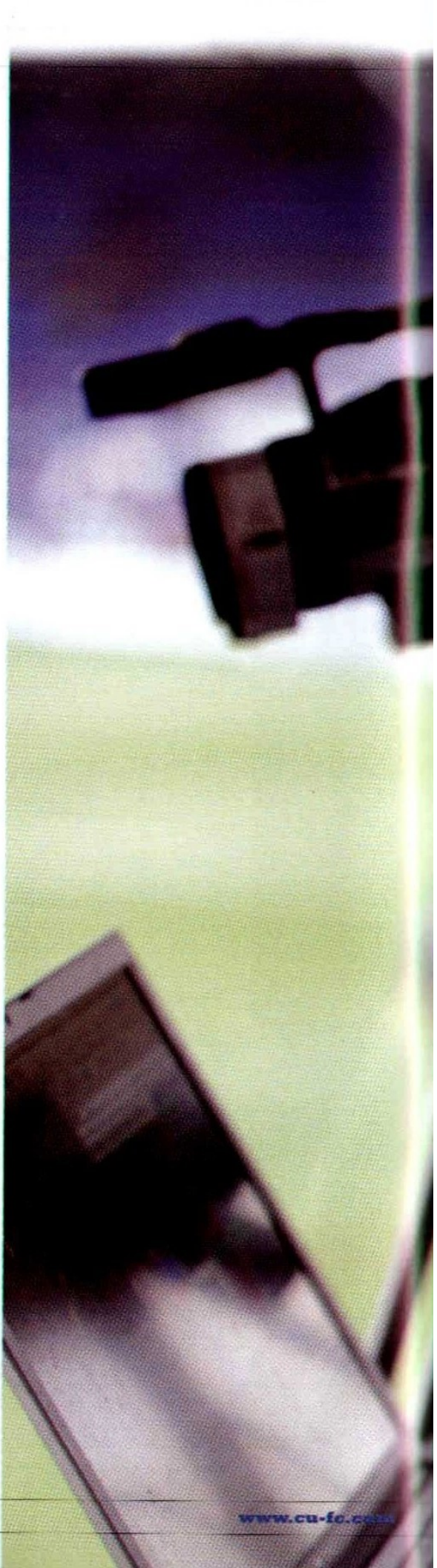
"At the top end, Prozone offer a multi-camera system that uses up to eight cameras positioned high up in their stadiums. Through complex algorithms, the system produces co-ordinates for each player on the pitch. It then tracks each player and his movements for the entire match," he said.

"The information is continuously recorded during the match and this gives the manager and his staff fitness and technical data immediately after the match. I have heard of managers who even use this information at half time to relay to the players where they can improve in the second half."

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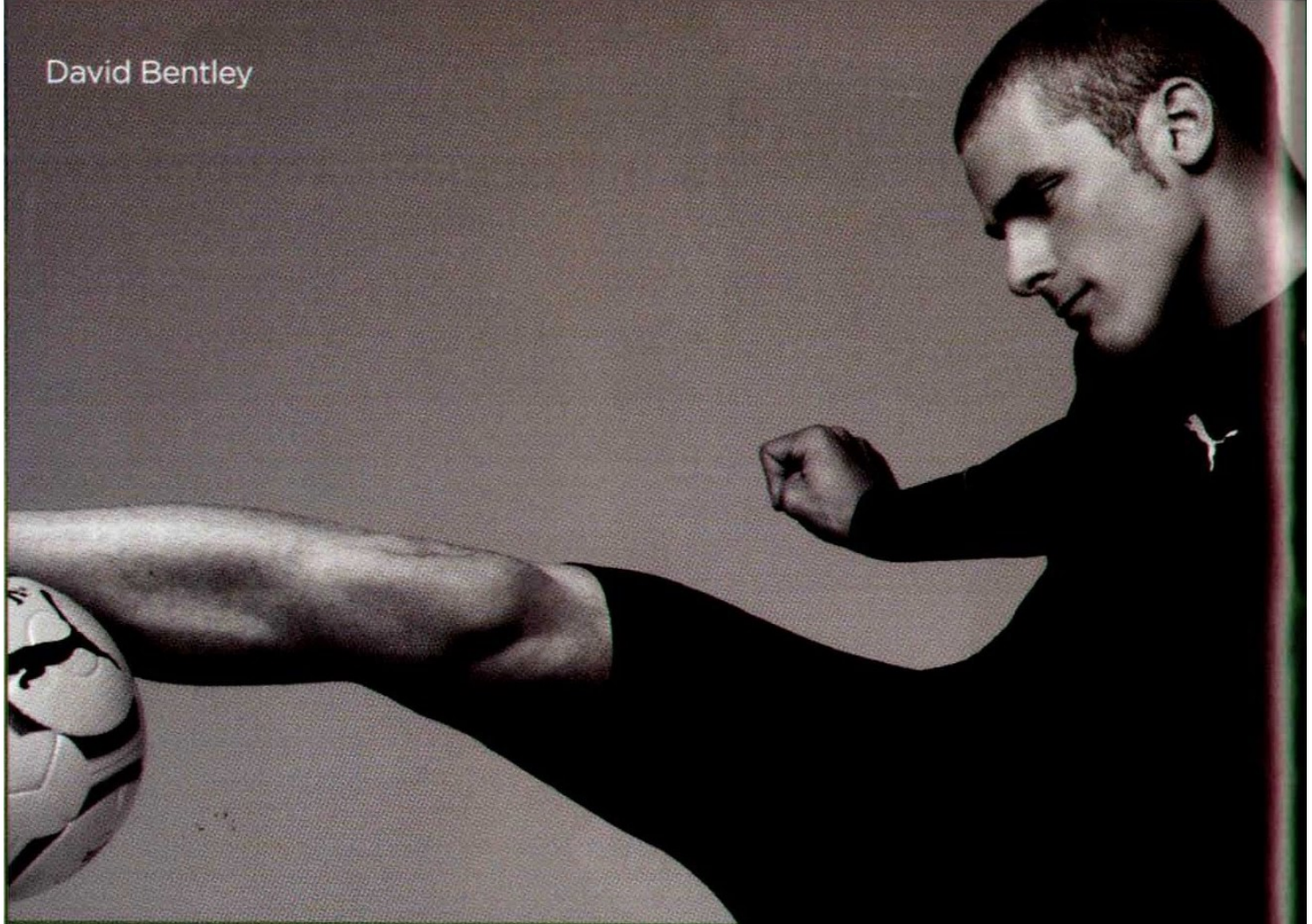


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HOUSE

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When did you last move and why?

I moved down to a hotel when I signed in January but should be moving into a new place this week.

How many times have you moved over the years?

I had two places in Carlisle so if you count the move into the hotel, I have moved four times since I left home.

And how old were you when you moved out of your parents' house?

I was twenty-one and it was when I was offered my first professional contract at Carlisle.

Which was the most stressful and why?

The first move was the most stressful because I was very close to my family and it took a good while to get used to living away and on my own. It made such a difference when my girlfriend Ashley moved over with me. It wasn't anything she did in particular, it was just great having her around.

What do you have to take with you whenever you move?

I love playing golf so my clubs have always been wherever I've been.

Which do you think is best - buying or renting?

It has to be buying because you're not wasting money paying someone else's mortgage. There are obviously times when it suits better to rent but buying is better.

Do you prefer newer or older properties?

I like the look of newer properties but you can't beat the character you only get with older places.

Do you keep an eye on the property market or just look when you want to move?

Just when I'm looking to move.

Have you ever bought property abroad or are you interested in doing so?

I have thought about it but nothing has jumped up and grabbed my attention yet. Mind you, I hadn't seen a blue sky for a long time before moving down to Colchester so it feels like I've moved abroad at the moment!

Bathrooms and toilets - carpet or flooring?

Flooring - Wet carpets start to stink pretty quickly.

How handy are you at doing any necessary decorating?

Not good at all so I am very fortunate to have Ashley, who is very keen on decorating and is also extremely good at it.

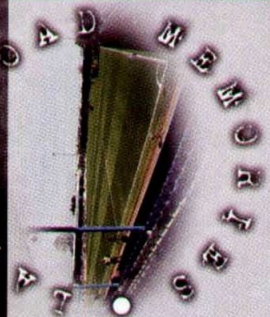
Where do you want to live when you're old, grey and retired?

I love the thought of moving to Italy but it will depend a lot on what happens between now and then. It will have to be somewhere hot though!

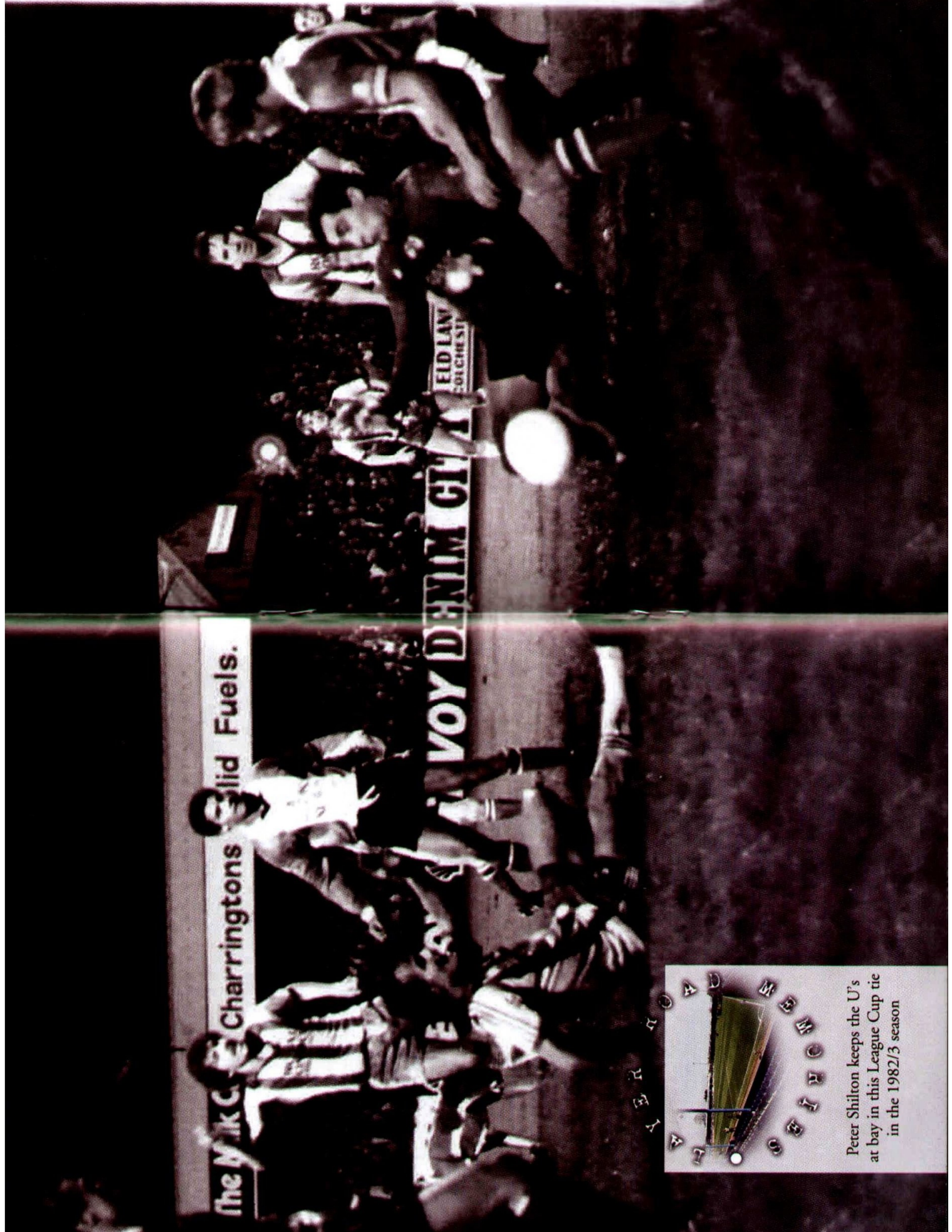
The Milk Co. Charringtons Solid Fuels.

VOY DENIM CITY

EID LAY COLCHESTER



Peter Shilton keeps the U's at bay in this League Cup tie in the 1982/3 season

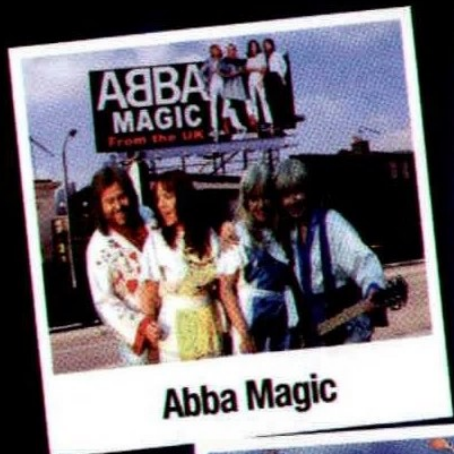




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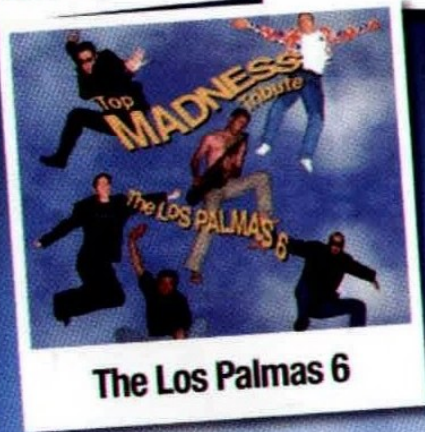
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Centre of Excellence

MARC TRACY'S



Welcome back for this evening's match as Paul Lambert and the lads look for another victory to continue the progress up the table.

The players are proving that they are capable of success, despite the poor start, and are picking up the points to make for an exciting final quarter of the season.

Our boys in the Centre of Excellence are continuing their progress as well and while they are doing that, there are little things that we throw at them to make them think. One of the latest ones we've thrown at them is the following statement.

It's not how good you are, it's how good you want to be!

That's the simple message to any young inspired footballer looking to progress. The vision of where or who you want to be is the greatest asset you have and therefore, it's important young players continue to strive to progress and better themselves.

Of course everybody wants to be good, but not many are prepared to make the sacrifices it takes to be great, which ultimately is the difference between success and mediocrity. Anything worth achieving will take up a lot of time, dedication and practice and therefore will test your own character and personality. Sticking at it is the hardest part but well worthwhile, if you

really want to be successful.

It's easy to get carried away with praise and easy to get down with criticism and the reasons for that is simply because of the way you approach the response. The past few weeks has enabled me to spend some important time analysing and absorbing areas where the players currently are and how it matches their own ambitions and what it will take to get to achieve them.

The information being provided to me has enabled me to ask questions and to throw down some challenges for them to try and practice, regardless of the success. The success will come at a later date, as the foundations need to be laid first.

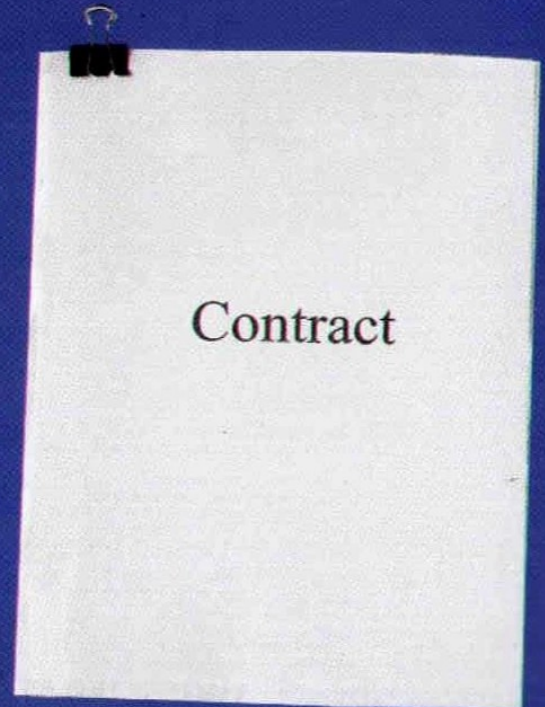
Following fixtures, players often look to receive approval and therefore will speak to certain people to seek praise. The likelihood is, these people will say nice things rather than be too critical. The players who seek this kind of praise will also tend to edit out the bad so that they hear only what they want to hear.

So if you have produced an acceptable performance, you will have proved to yourself it's good simply because others have said so. It's probably ok but then again it's probably not great either. Instead of seeking approval, maybe asking, 'What could I have done to have performed better?' might be more beneficial.

This way, you are more likely to get a truthful, critical answer, but constructive. This provides you with examples to improve although you still remain in a position to reject the comments if you think it's wrong.

I believe it's important that with the answer, comes some positive aspects with areas for development and this is an aspect all coaches should do on a weekly basis. We aim to work with the players following a game to enhance understanding on our action plans for both the short-term and long-term future.

Our coaches this season have been seeking information and examples from the player's views on their personal performances, which is recorded and noted to assist in their



learning. The feedback is vital and needs to be constructive and achievable to ensure the player has the opportunity to strive towards their goals to and understand the information for development to be achieved.

Shortly our players will be in third and final assessment of the current season and therefore, the feedback they receive will determine if they have been successful in gaining a contract for the forthcoming season. One of the questions they will need to ask themselves truthfully is 'Do I deserve to be offered a new contract?' If not, what will I do about it?

There will be disappointed players and parents, but who will be most disappointed? Like anything, decisions should not be based on feelings, but evidence of performance, so if you receive bad news, what will you do next to demonstrate it was a mistake?

Keep striving to be the best you can and putting maximum effort into your performance, and I'm sure you will be pleased with your own outcomes.

Enjoy tonight and continue your good support!

Marc Tracy
Centre Development Officer



Pastures New

With a win on Saturday afternoon, the U's hopes of closing down on the play-off spots continued to bubble away.

A fine performance up in the north west ensured that Paul Lambert's men kept pace with the sides in the much coveted top six positions and give them something to really push on with in the two home games this week.

But, whilst the focus remains very much on the coming eleven games, the U's manager has begun to shape his squad ahead of his first full season in 2009/10.

The first players to leave the club were James Hammond and Fabian Batchelor, who were allowed to depart early in order to give them best chance of finding a new team before the mad rush in the summer months.

Speaking to U's Review, Football Operations Manager Gary Karsa said: "Unfortunately for both Fabian and James, the options available to them here are limited and were looking to be that way for a considerable length of time. Given the size of the squad and the immediate and longer term plans for the football club, it is in their interests to be given a chance to find another club, where their options will be better.

"In order to clear the way for them to be able to trial at other clubs without the obstacle of being registered to us, in terms of medical and potential injury issues, it was better for them to be released from their contracts now.

"They can now go to other clubs, something that we will do everything we can



to facilitate, and spend time training and playing competitive matches.

"The reserve fixture schedule is busy between now and the end of the season for many clubs because of the postponements during the winter so that should benefit the lads."

Whilst trial games are always difficult to

make an immediate impression, James and Fabian will have the opportunity to play in the remaining reserve team fixtures between now and the end of the season in order to catch the eye of any potentially interested coaches.

He said: "They should be able to get a couple of games under their belt in the



University of Essex

immediate future and there will obviously be numerous scouts from other clubs watching these matches. We have to look at the long term welfare of these young lads who have come through our ranks, not just keep them here for the sake of it."

In many respects, James and Fabian's hopes of breaking into the first team were perhaps hurt by the side's struggle in the first third of the season.

When Paul and his coaching staff arrived, the team were beginning to get ensconced in a relegation battle and those problems needed rectifying with a touch of experience along the way.

As well as making the most of the battle hardened players that were already at the club, Paul brought in the likes of Alan Maybury and Jimmy Walker to steady the ship.

And that made life more difficult for the younger lads.

Gary explained: "Without being too judgemental, these lads are probably victims of what needed to be done as soon as possible. It isn't fair to expect them to come in and do the job that maybe requires a player who has played 100 games or more in the league, who is more likely to have the experience of dealing with the mental pressures.

"Making a mistake could cost us three points and that could be the difference between success and failure at the end of the season and it's not something we would want to place on a young lad's shoulders.

"In terms of the future for these lads, they need a run of games to find their feet and find their level and hopefully, we have given them the chance to do that somewhere.

"They're both good players, there's no doubt about that but unfortunately, we are not in a position that we can wait for them. The finances as well dictate what we do and how we do it so we have to have the best interests of both the players and the club in mind."

Whilst the U's continue their play-off

quest, the challenge of finding a new club is the one facing the young duo who make their first strides away from Colchester United in the coming weeks.

Fabian and James have already been out on loan at local non-league clubs, but both will have aspirations of landing a contract at a higher level than that ahead of the start of the new season.

And, speaking to the matchday magazine last week, Fabian said: "I suppose it didn't go how I wanted it to go, but I am happy to have had the opportunity. Hopefully I will get to go to another team and be a better player and a better person for my experiences here.

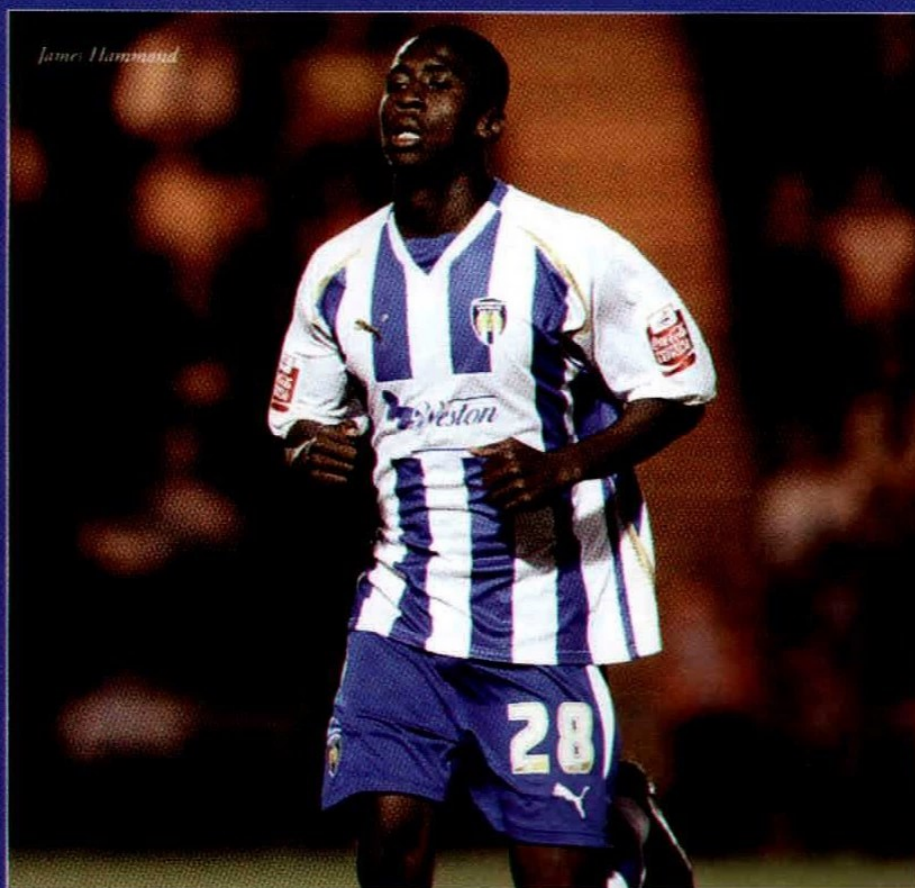
"I have got a couple of options and a couple of clubs are looking at me. "There is

nothing set in stone, so got to go and show myself."

Fabian believes that the guidance given to him by Joe Dunne during his time at the club will stand him in good stead but, as he moves onto pastures new, he is eager that it won't be the last time that he treads the turf at the Weston Homes Community Stadium.

"I have enjoyed working with coaches like Joe. It has improved me as a player. Signing here for my YTS was the correct decision and I have been pleased to have been here.

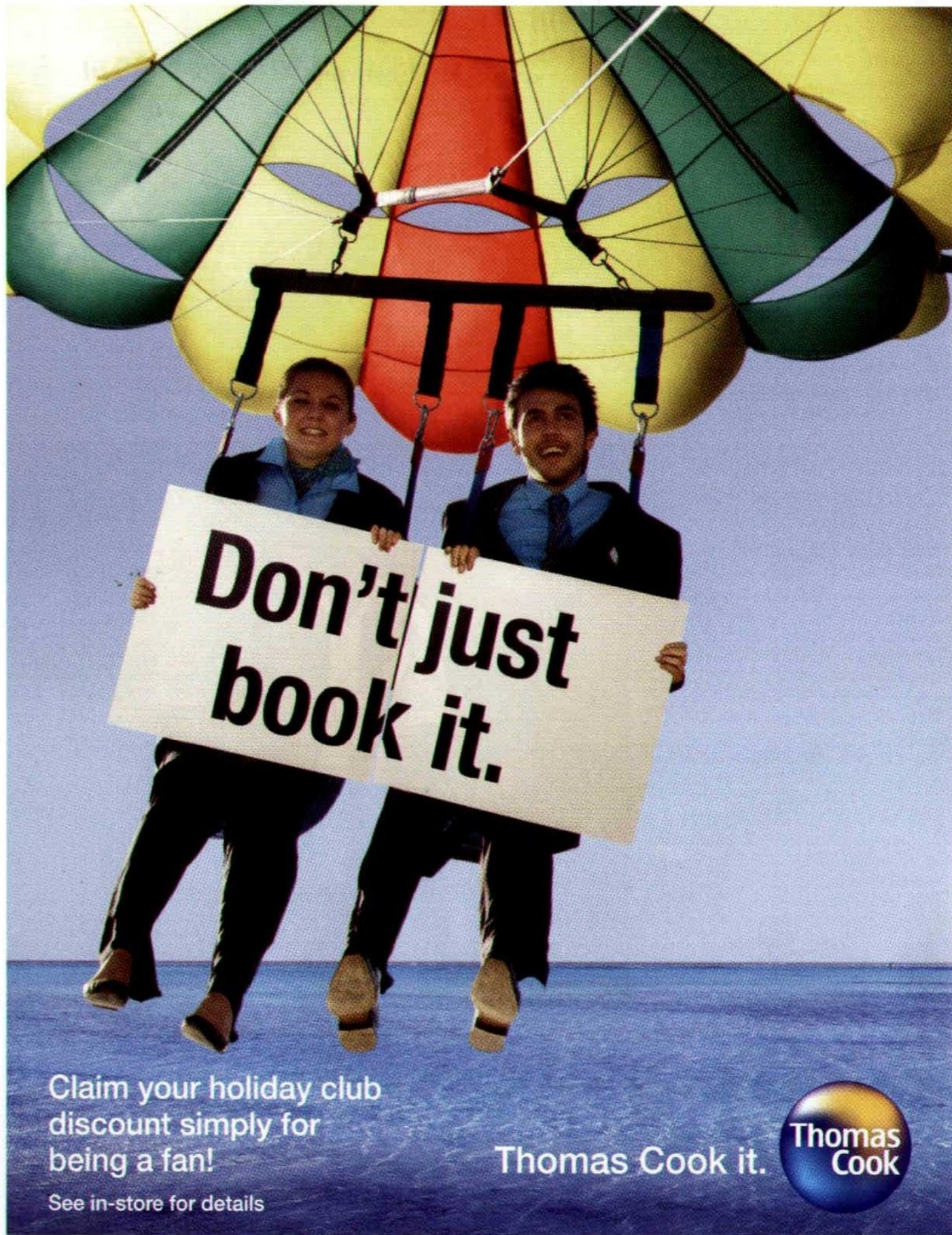
"There are people I will keep in touch with, because I have made some really good friendships outside of football. And, if I am coming back, I want to be coming back as an opposition player and not to just watch a match!"



James Hammond

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U's fans who like to bury their heads in a book are in for a real bonus over the next couple of months.

April will see the much anticipated 'My Layer Road' book become available, with hundreds of anecdotes and stories written by the fans put into print under the watchful eye of U's Media Manager Matt Hudson and author Jim French.

Before then though, the U's supporters will be able to recollect the memories of the 1998 promotion season – and a whole lot more – with the release of Steve Wignall's autobiography 'You Can Have Chips'.

Steve was born in Liverpool in 1954 and he was disappointed not to receive an apprenticeship with them at age 16.

An able grammar school student he then rejected a more academic path to sign as an apprentice with Doncaster Rovers.

This proved to be the start of a long and successful career playing for Doncaster, Colchester, Brentford and Aldershot before curbing his teeth in management with Aldershot Town.

He went on to manage Colchester United and Stevenage before returning to Doncaster Rovers as manager in 2000 followed by a brief spell managing Southend United in 2003.

His more successful spell in the north of Essex saw the U's chasing for the play-offs and the team of 2009 are looking to repeat the feat of eleven years ago and make it to Wembley.

His book details the quest to get promoted as U's boss, along with his time as a player at the heart of the defence.

Steve's Wignall's official book launch will take place at the Ramada Hotel (Constable Suite), A12/A120

Ardleigh Junction, Colchester, Essex, CO7 7QY, on: Friday 20th March 2009 at 7.30 pm to 9.30 pm. Steve will be talking about his career and the book at 8 pm.

This event is open to the general public. For more information on the hotel please visit:

www.tolohotels.com/ramadacolchester

For more information on the event please contact Chris Cowlin: Chris.Cowlin@apexpublishing.co.uk

Steve Wignall will also be signing copies of his book 'You Can Have Chips' at:

• Waterstone's, High Street, Colchester, on: Saturday 21st March 2009 at 12 noon to 1 pm

• Colchester United Football Club, Weston Homes Community Stadium, Colchester, on: Saturday 28th March 2009 at 10 am to 2 pm.

• Red Lion Bookshop, Colchester, on: Saturday 4th April 2009 at 12 noon to 2 pm.

• Waterstone's, Culver Square, Colchester, on: Saturday 11th April 2009 at 12 noon to 2 pm.

• Doncaster Rovers FC, Keepmoat Stadium, Doncaster, on: Saturday 25th April 2009 at 12 noon to 1.30 pm and then after the match (against Crystal Palace) at 4.45 pm to 5.30 pm.

Steve Wignall — A Profile

Wignall proved a bargain buy when Bobby Roberts paid Doncaster £5,000 for the defender in September 1977. Originally on the books of Liverpool as a schoolboy, Wignall moved to Belle Vue in March 1972, and amassed 127(+3) League games for Rovers, scoring one goal.

He made his full U's debut at Carlisle in October 1977, and made the left back slot his own. A consistent performer for six more seasons, Wignall almost helped the U's into the second tier in 1979/80, and played in Colchester's big Cup ties against Aston Villa, Manchester United and Newcastle. By this time, Wignall was back in his original central defensive position, where his main partners included Steve Dowman, Mick Packer, Steve Wright and Stewart Houston.

With wage cuts hitting the U's hard, Wignall took the opportunity to move on and signed for Brentford in August 1984. Completing 67 league games, scoring two goals, the defender enjoyed an outing at Wembley as the Bees lost 3-1 to Wigan in the 1985 Freight Rover Trophy Final.

In September 1986, he moved to Aldershot and became a stalwart in the Shots defence, on 158(+3) occasions, scoring four goals. Aldershot won through in the Play-Offs in his first season but crumbled financially in the ensuing years and folded in April 1992.

Wignall was appointed manager of the reborn Aldershot and guided them to the Diadora League Division Three Championship in his first season.

Shots were promoted the next season and reached the quarter finals of the FA Vase. Wignall's leadership did not go unnoticed, and he was employed by Colchester in January 1995, following the acrimonious departure of George Burley.

In 1996, he led the U's to a Third Division Play-Off semi final defeat against Plymouth Argyle, but made it to Wembley the following season in the Auto Windscreens Shield. There was more heartbreak for Wignall, however, as his men missed out on the hallowed turf as Carlisle United pulled off a penalty shoot-out triumph.

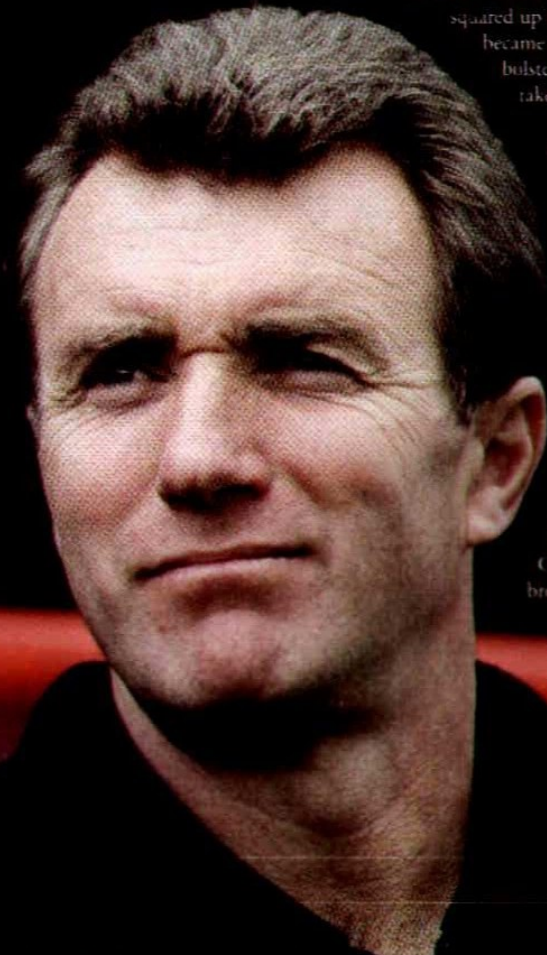
It all came right in front of the Twin Towers in the end though, as Wignall won Colchester promotion in 1997, thanks to a Play-Off Final victory over Torquay United.

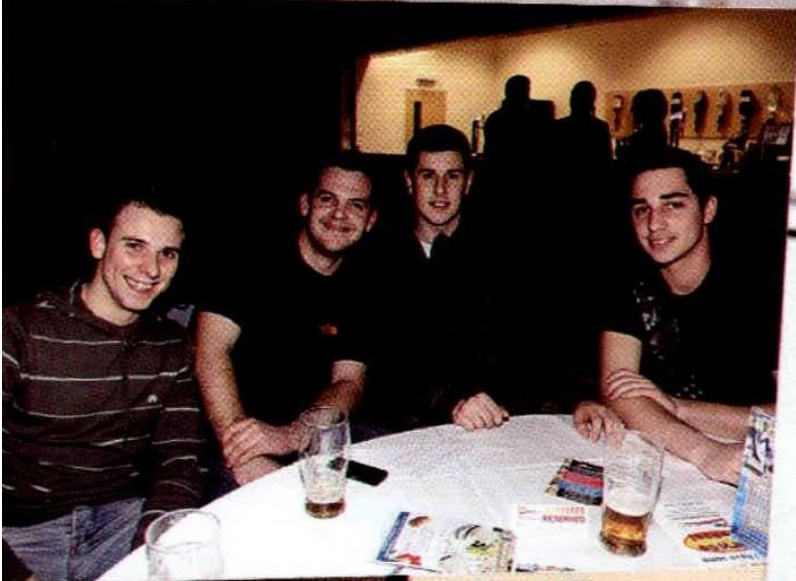
U's fared well among the big boys in the third tier of English football. Such names as Fulham, Manchester City and Stoke squared up to Wignall's side. By January 1999, Wignall became increasingly frustrated at his attempts to bolster the squad and resigned, saying that he had taken his present squad as far as he could.

He continued scouting and was appointed manager of Conference side Stevenage in April 2000. After just six weeks in charge, he was tempted to take over the reigns of another of his former clubs Doncaster Rovers, but failure to lift Rovers out of the Conference led to his sacking in December 2001.

In April 2003, he was appointed manager of Southend, but with just six wins in 23 games, was sacked in November 2003 with the Shrimpers second from bottom of the entire league.

In the summer of 2005, he accepted an invite to become assistant manager to former U's player Steve Pitt at Wivenhoe Town, where his son, also a former Colchester player, was on the books. His brother David also played for Doncaster.





Laughter Lounge

The U's first ever Comedy Night went down a storm last Thursday, as over 170 people visited the Weston Homes Community Stadium for a night of laughter and fun.

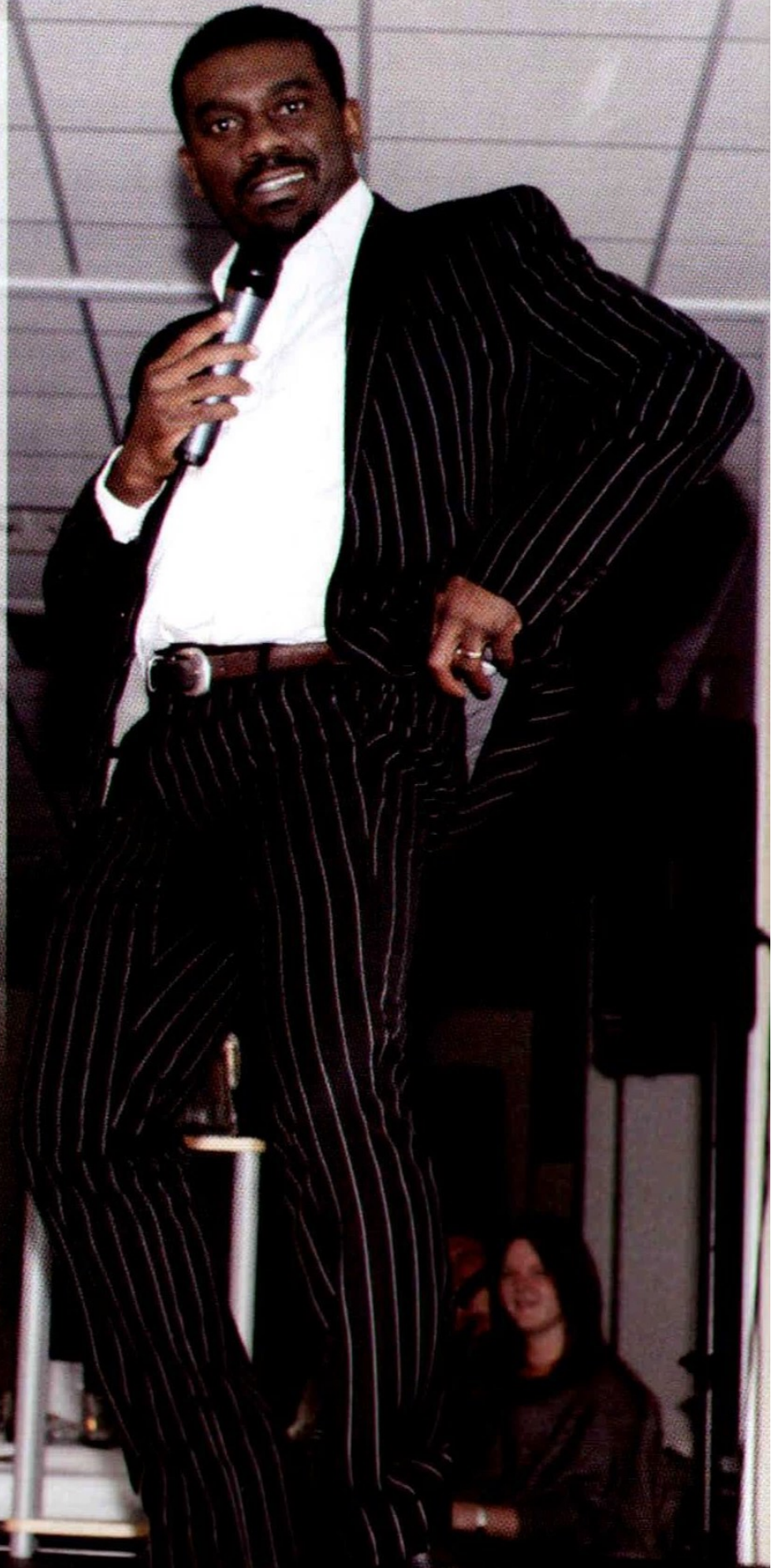
We have teamed up with famed comedy team The Comedy Club to put together a series of hilarious events at the stadium and the first one was a huge success for all concerned.

TV star Bob Mills was the headline act on the night and he performed in front of a hugely appreciative audience, who had been warmed up by the inimitable Gerry K and Irish compere Pdraig Hyland.

Big smiles were the order of the day as the comedians had the crowd rolling in the aisles with some fantastic humour – and we're expecting more of the same when the Comedy Club returns to the Weston Homes on April 2nd.

We're already taking bookings for that event, but if you had fun at the Comedy Night last week and fancy coming along to our St Patrick's Day Race Night, then drop us a line on events@colchesterunited.net or 01206 755109.

Photographer Dan Sakal was in attendance on Thursday night and captured the evening with some great photos. Have you been caught on camera?



GUT FEELING

Ryan Giggs has signed another new contract at Manchester United and it is almost a certainty that he will finish his career where he started it. He is in the minority because there are hardly any players, especially in the modern era, who have or will spend their whole career with one club.

Karl Duguid was with the U's fourteen years and was seen as part of the furniture until he left for Plymouth last summer. Kem Izzet is now the U's longest serving U's player, having signed from Charlton Athletic in March 2001. Even in the eight years since then, there have been numerous players who have pulled on a U's shirt and have since left for pastures new.

There are very few players that don't look at the football results to see how their former clubs have fared. Does it get difficult for former players when two of their old clubs meet? Do they want a draw or does how much they enjoyed their time at the respective clubs have a bearing on their wishes?

This afternoon sees the U's face Southend in the second Essex derby of the season and there will be an interested former U's and Blues' player keeping an eye on the score from Northamptonshire. Luke Guttridge joined the Cobblers last summer after a twelve month spell with the U's under Geraint Williams.

Due to injury and lack of first team opportunities, Luke only managed fourteen league appearances for the U's, but rates his time at Layer Road highly. He explained that despite playing far more games for the U's Essex rivals, it was the team spirit at the U's that made his time in north Essex more memorable. First of all though, the midfielder told U's Review that he has always looked out at his old clubs' results.

He said: "I started at Torquay but never really got established in their first team before Cambridge signed me but I still look at how they are getting on because they were my first club. I played a lot of games for Cambridge and then Southend so there's another two clubs who I keep an eye on. Although I only had a year at Colchester, I

really enjoyed my time there, despite not playing as much as I wanted to.

"Theirs is the first result I look for because of that but I also look to see if Yeatesy, (Mark Yeates), has scored. We got on very well while I was there and it's always great to see him get on the score sheet."

On his time at Layer Road with the U's, Luke explained: "I know that my time there professionally didn't go as planned and George didn't play me as much as I hoped he would, but I had an enjoyable year there. The atmosphere and spirit in the changing room was the best I have known and despite the results not going our way, we stuck together and worked very hard for each other all the time.

"We couldn't escape relegation in the end but it wasn't through lack of effort or hard work, it was a mixture of various other aspects. There was always plenty of banter flying about but we knew when we had to knuckle down and when we could have a laugh."

While in the U's colours, Luke never played in an Essex derby but he did play against the U's in the season that saw both Essex rivals make it into the Championship. And he was quick to point out that the score line in the game at Layer Road flattered the U's.

He said: "We had already beaten the U's at Roots Hall, quite comfortably, and came to Layer Road determined to do the double. If I remember rightly, we were awesome that day and came away with all three points after winning 3-0. We were a bit disappointed that we didn't win by more because we definitely deserved to but two wins in the local derbies that year made promotion extra special."

Luke went on to say how good it was though for both Essex sides to get promotion: "While it was good to be able to laugh at some people I knew who supported Colchester, I was still pleased that both clubs got promoted and were able to play against each other at a higher level."



Luke himself didn't get to play in either of the Championship derbies as he had already left for Leyton Orient, but understands that there is sometimes more at stake than the three points in the derbies. He also admitted that if the derbies are to mean more to a player, being local themselves is important.

He said: "I lived and spent a lot of time in Essex so understood what it meant to win the local derbies there and had U's and Blues' supporters as friends. It meant a great deal to the supporters to be able to go to work the next Monday or down to the pub and gloat about winning. It would then die down a bit until the few weeks leading up to the next game and then the banter would start all over again.

"Those two matches in the promotion year gave the Southend fans plenty to gloat about because neither game was that close. I'm sure that it was just as sweet for the U's fans in that first year in the Championship when the tables really did turn in the local derby games. They would have probably have been boasting about winning 7-6 on aggregate over the two seasons.

"We've had local derbies this season at Northampton against MK Dons and Peterborough but it doesn't have that edge personally without being from the area or having involvement with friends that I had in Essex. At the end of the day, it probably means a bit more to the fans on the day because the players are concentrating so much on just winning and getting three more points."

The tenacious midfielder has been hampered by a knee injury since before Christmas and has been busy with his rehab. He explained that this has stopped him being able to get down to the Weston Homes Community Stadium since it has been completed but was looking forward to watching the U's before the end of the season.

And he concluded by telling us what he is hoping to see happen in the derby, despite not giving an actual score.

"I have been doing so much rehab trying to get fit again, I haven't had chance to get down to the new stadium. I went up there halfway through the build and it looked impressive so I'm looking forward to getting down before the end of the season, maybe for a play-off game!

"I don't know what the score will be against Southend but I hope that Platty scores an overhead kick and Yeatesy scores a hat-trick."



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prediction league

Another week goes by and the U's media department continue their relentless pursuit of the local media guys who currently top the Prediction League table.

A few weeks ago, the paper and radio boys were sitting pretty with a nineteen point advantage, but that's now been trimmed to single figures following another good points haul by the club's media men.

At the other end of the table, the visiting fans are closing in on the U's supporters in the race to avoid the wooden spoon. Can Swindon's fans play their part in lifting them off the foot of the table?

Tom Otrebski is the visiting fan charged with scoring points for the Robins contingent this evening, whilst Richard Archer is the U's supporter aiming to keep the home crowd off bottom spot this week.

Roger Herbert makes his Hospital Radio debut in the media hotseat, whilst Jamie Guy is up for the U's players as they continue to occupy the mid-table berth in this year's Prediction League.



U'S MEDIA

112



U'S PLAYERS

102



U'S FANS

88



LOCAL MEDIA

121



OPPOSITION

84

PREDICTED RESULTS

	U'S MEDIA	U'S PLAYERS	U'S FANS	MEDIA	VISITORS
CHELSEA v JUVENTUS	2-1	1-1	1-1	1-0	2-1
LIVERPOOL v REAL MADRID	1-2	1-0	1-2	2-1	1-0
DONCASTER ROVERS v QPR	1-0	0-2	2-0	3-1	2-0
NORWICH CITY v CARDIFF CITY	1-0	1-2	1-0	1-2	0-1
SHEFFIELD UNITED v BLACKPOOL	2-0	3-0	2-0	2-0	1-1
BRIGHTON & HA v SOUTHEND UNITED	1-2	1-1	3-0	1-1	0-2
HEREFORD UNITED v BRISTOL ROVERS	1-0	1-1	1-1	2-1	1-3
MILLWALL v NORTHAMPTON TOWN	4-1	3-0	2-0	3-1	2-2
STOCKPORT COUNTY v HARTLEPOOL UTD	1-1	1-0	1-1	2-1	1-1
LINCOLN CITY v WYCOMBE WANDERERS	2-1	1-2	2-0	2-1	1-2



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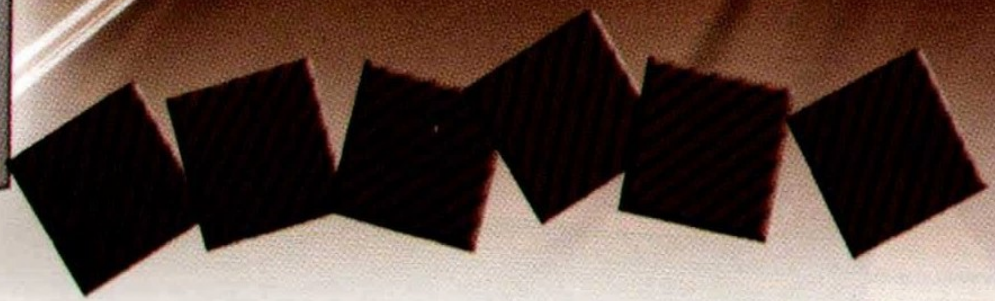
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or visit the website:

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'Pro Partners' lend a hand to Grassroots Football

Grassroots football coordinators at the Essex County Football Association are excited to announce the launch of a brand new F.A. Charter Standard 'Pro Partners' initiative, with the support of Colchester United Football Club, that aims to 'improve the playing experience for all' at grassroots level in 2009 and beyond.

Bidding to attract a greater number of clubs towards the scheme, the E.C.F.A. have teamed-up with three local Coca-Cola Football League sides, also including Southend United and Leyton Orient, in an effort to initiate a poster campaign promoting the merits of the Charter Standard Programme, a best practice guide that sets benchmarks of coaching, administration and child protection for clubs working with young people.

The main criteria to become a Charter establishment include having a minimum of one F.A. Level One-trained coach for each team within the club, ensuring all volunteers complete an F.A. Criminal Records Bureau (C.R.B.) check, and adopting a Code of Conduct and Child Protection Policy to ensure high standards of club discipline are met. Any club is capable of gaining Charter status and The F.A. is aiming for seventy-five per cent inclusion of youth and mini soccer teams to be playing within Charter Standard clubs by 2012.

Each club who gains the award receives a benefits package including Umbro kit vouchers, discounts on courses and workshops and access to county and regional events. E.C.F.A. Club Development Officer, Ian Bent, is delighted with the partnerships, which also include coverage in the clubs' matchday programmes and websites.

He explained: "To get three professional clubs promoting a grassroots campaign is a fantastic triumph, which shows their commitment to helping us raise standards at all levels.

"We have a fantastic support package in place to assist clubs in achieving this status, and we are here to assist clubs at every stage of the process. Each club has agreed to get behind us in spreading the positive message that improvement should be the target for everyone in football."

One club who recently reaped the full benefits was Wickham Bishops-based Beacon Hill Rovers Y.F.C., who scooped both the E.C.F.A. Charter Standard Club of the Year Award and the national F.A. equivalent in 2008.

Club representatives were handed their award by former West Ham United and international legend Sir Trevor Brooking on the Wembley pitch prior to England's World Cup qualifying match against Kazakhstan in October and were also invited as guests of The F.A. in recognition of their achievements, which were recorded in the official matchday programme.

Mart Hudson, Media Manager at Colchester United, added: "It's important for the structure of the English game that levels of coaching, administration and organisation are improved from youth level right the way through to the professional game.

"Our club is only too happy to reveal the merits of the Charter Standard scheme to our supporters in the hope more clubs will apply to join the excellent programme."

Clubs or individuals who would like further information on any aspect of the Award Scheme should contact Ian on (01245) 393094 or email ian.bent@essexfa.com. A3 Posters of each of the three clubs, as well as a generic equivalent, can also be claimed free of charge via the same means.





MY KINDA TOWN

...IN ENGLAND, THEY SAY THAT MANCHESTER IS THE CITY OF RAIN. ITS MAIN ATTRACTION IS CONSIDERED TO BE THE TIMETABLE AT THE RAILWAY STATION, WHERE TRAINS LEAVE FOR OTHER, LESS RAINY CITIES... NEMANJA VIDIC, MANCHESTER UNITED'S SERBIAN DEFENDER, DID LITTLE FOR THE TOURISM BOARD'S PUSH IN THE LOCAL AREA WITH HIS COMMENTS RECENTLY.

But what do the U's players make of their own home towns? In light of Vidic's comments, we give our lads the chance to big up the places in which they grew up – or to give their honest opinions on what it's really like!

Player: Lewis Goben
City: Birmingham

Sum up the people of Birmingham and Birmingham as a place?

It can get very hectic but I suppose a lot of major cities are like that. There are a lot of different cultures there and people of all nationalities now live there.

What are the ladies like?

My missus is from Birmingham so I have to be a bit careful. I'm sure it's like every other town or city and has its fair share of good and bad ones.

Best place to eat?

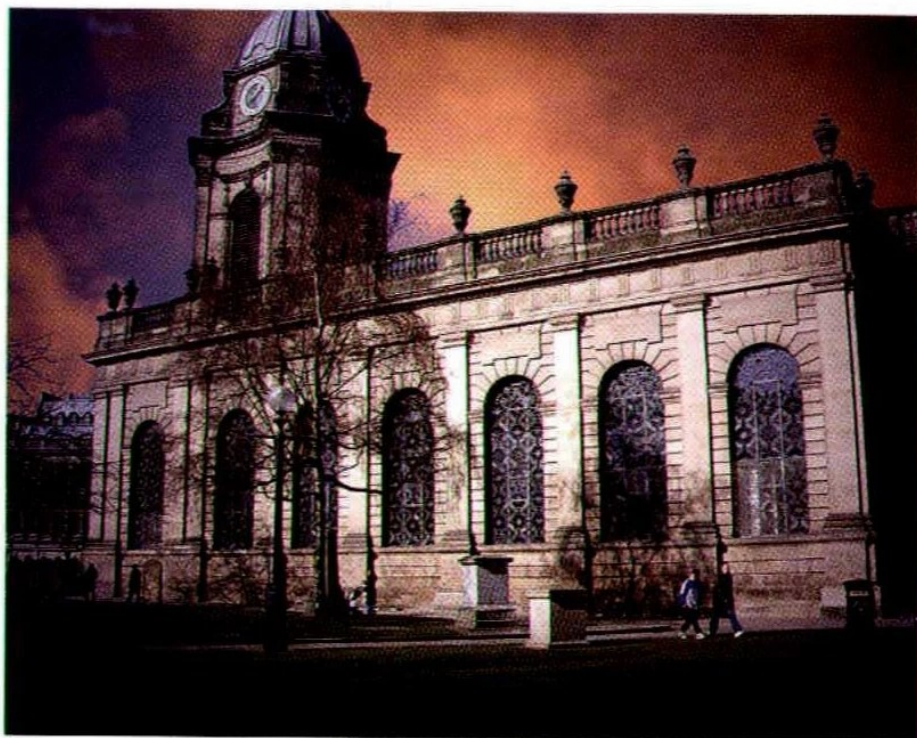
A place called Bar Estilo. It's a Spanish style restaurant, with the usual Tapas menu, but it does plenty of other dishes. It overlooks the canal as well so it's a great place to go and get a coffee in the day as well as eating in the evening.

Best bar and club?

There are loads to choose from but I don't really know which ones are the best as I don't get to go out much.

What is the best thing about Birmingham?

The fact that it is home and I feel very comfortable whenever I'm there. Loads of my family and friends are still living there and there's loads to do so you should never get bored.



Has the place changed much over the years?

It's far more diverse than it used to be, with lots of foreign people coming over to live there. A lot of money has been spent trying to attract all these new people but the one down side is that it seems to be a lot more violent than it was ten years ago.

Who do the locals class as their hero?

In the football world, Aston Villa are the top team at the moment, with Gabby Agbonlahor and Ashley Young being the biggest names for them, right now. Away from football, the most famous person I know who's from Birmingham is Ozzy Osborne.

How does Colchester compare?

It's much quieter but it's great to get away

from the hustle and bustle of a big city now and again. Everyone seems to know everyone as well, which is something I'm not used to coming from a major city.

Is there a hidden gem anywhere in Birmingham you would take a new visitor to?

Sutton park is the biggest park in Birmingham and it's somewhere that loads of people tell me it's good to go and relax. It's not my scene really but a lot of visitors head there to have a walk about.

How is the shopping in Birmingham?

It has always been pretty decent but over the past few years, a lot of money has been spent, including millions on the new Bullring Shopping Centre, and it has got even better.



time to change

North Essex Partnership **NHS**
NHS Foundation Trust

let's end mental health discrimination

Free prize draw



Prize draws will take place at half time and at full time. Give your completed entry to one of the time to change team.

Win the match ball and signed U's and Blue's shirts and balls and join us in the fight to end the stigma associated with mental illness.

U's manager Paul Lambert and captain Dean Hammond have joined us in the fight to end the stigma associated with mental illness. 1 in 4 of us will experience mental health problems at some point in our lives, that's 2,500 of the fans here today!

Yet, it is still a taboo, like cancer was 20 years ago. This means that people don't talk about it and there are many myths like it is rare, people don't recover or can't work.

It's time more of us knew the facts, especially when all of our lives will be touched by it, so join us in the fight today.

All entrants must be aged 14 or over and must fully complete their entry form to be eligible for the draw.

See www.nepft.nhs.uk for full prize draw rules.

today's guest

This afternoon's game is the ninth Essex derby in the last six years, with the two teams having competed in both league and cup for local bragging rights.

The recent flurry of matches comes after a fourteen year hiatus, with the two teams having experienced contrasting fortunes in the interim period.

The return to match action has certainly inspired plenty of passion both on and off the pitch and, for the older fans, has no doubt revived plenty of memories of years gone by.

Our guest player today enjoyed plenty of derby games during his fifteen years as a first team player at Layer Road.

And Micky Cook recalls those clashes with the Shrimpers as some of the best amongst his 700-odd appearances for the club.

"A game like Saturday's really brings back memories to the derbies I played in, which I have to say were absolute humdingers. One that springs to mind is when we went to Roots Hall and Steve Leslie scored two.

"The warm up balls from Southend were quite porous and they tended to soak them in buckets of water and you found that you had concussion before you started!

"They were very hard fought encounters, as

you would expect and ones that I always relished playing in."

In some respects, derby games are the nearest that league matches come to inspiring cup-style atmospheres and, during Micky's time as a player, the U's enjoyed some exciting cup games against the biggest names in the game, not least the Leeds match in 1971.

That game has been forever etched alongside the name of Colchester United and the club's history and it is perhaps only in the past few years with what the team achieved in the Championship that the U's have been able to create memories that stand alongside that memorable cup encounter against Dick Revie's world renowned side.

"The cup games at Layer Road were something special," he added.

"From the Leeds match right the way through to when we played Manchester United in the early 1980s and I had the honour of captaining the team that day.

"You really can't ignore those games when you look back at your career because at the club at the time, the cups were a big thing after the Leeds game and everyone wanted to make a name for themselves.

"Derby games have a cup atmosphere, and it is the game that the fans all talk about.

Performance will not be important on Saturday, it will be all about winning the game."



mickycook

Cook began his long distinguished career as a schoolboy with Leyton Orient under Dick Graham.

When financial pressures led Orient to release Cook in early 1969, Graham – by now the U's boss – brought him to Layer Road on a trial and Cook was first seen in a U's shirt for the youth team at Reading on March 1st 1969.

His final appearance in the blue and white stripes was in a reserves game at home to Clacton on April 30th 1984. Originally an inside forward, Cook was signed as a pro in July 1969 and at the end of October appeared for the first time at right back, in a reserve game against Charlton.

He had already made his debut by coming on as substitute at Wrexham earlier in the month and, when Duncan Forbes was sold in the first week of November, Graham unveiled Cook as his replacement at right back.

Establishing himself in the first team, Cook

made the right back slot his own for the next 12 seasons, missing just 32 league games. He did help further forward as well, weighing in with 21 goals.

Cook was unfortunate to be a non-playing substitute on the day that Colchester beat mighty Leeds in the 1971 FA Cup Fifth Round, having played in four of the previous five ties, but enjoyed many spats with higher league opposition in both the FA Cup and the League Cup in later years and featured prominently against Aston Villa (three times), Manchester United (twice), Southampton (three times), Derby, Leeds and Newcastle.

He suffered re-election pain in 1972/3, promotion under Jim Smith in 1973/4, relegation (1975/6 and 1980/1) and promotion (1976/7) under Bobby Roberts.

Cook took several heavy knocks in season 1983/4, and was told by a specialist that his spinal injury would end his professional career.

Having become the club's record appearance maker, taking over from Peter Wright, Cook hung up his boots and enjoyed a second testimonial game when a Colchester Past and

Present took on their Ipswich counterparts in December 1987.

Such was Cook's exemplary long service, that he had already had a testimonial in 1979 when Colchester took on West Brom. Cook sought a career in insurance – and also took on a coaching role at Wivenhoe as the local side rose through the non-leagues.

He returned to Layer Road as a community officer before becoming youth team manager and being part of the team that set up the club's centre of excellence in 1998.

While Director of Youth, he and his team were responsible for producing many players for the first team, most notably Greg Halford, John White and Greg Halford.

He famously helped unearth Lomana Trosor Lua Lua who, having been on trial at Layer Road, did not have the mental attitude required. Cook and his team's perseverance with Lua Lua moulded him into a future Premiership star, earning the club a £2.25m transfer fee.

He later set up his own coaching school at Colne Community College in Brightlingsea with ex-U's player Phil Coleman soon after.



COLCHESTER UNITED 2008/9 EXECUTIVE BOX HOLDERS

There are still a few suites available for the rest of the season - either for all the remaining fixtures or on a single match basis - so if you or your company wishes to entertain prospective clients and customers in plush surroundings with sporting entertainment a few steps away from the dining table, contact the commercial team by telephone on 01206 755105 or via e-mail at commercial@colchesterunited.net.

GOLD BOND CORPORATE LOTTERY

Companies can become members of the Corporate Lottery, with a range of benefits and you can join our existing Corporate members who are:

ACI Estates, Barclays Bank, Carpet Comfort, Colchester Toyota, Contract Support Services, Easy Skip, G & M(Plumbing & Heating) Ltd, Gym4U, Industrial Bearings Anglia, The Layer Fox, Major League Stores Ltd, The Maypole, Renovo Engineering, The Rose and Crown Hotel, David Taylor (Building Contractors), and Window Fitters Mate.

For more information, please ring Paul Dickinson on 07875962804 or e-mail paul.dickinson@colchesterunited.net

50/50 DRAW

SPONSORED BY TENPIN, COLCHESTER

The winning numbers for the 50/50 draw v Hartlepool United on 28th February were:

1st Prize	0511	£250
2nd Prize	1068	£80
3rd Prize	xxxx	£50

We still have two unclaimed prizes from recent fixtures:

Northampton Town
1870 - £250
Southend United
0219 - 350

Contrary to recent rumours, if these prizes remain unclaimed they will be added to the bumper 50/50 draw at the last home game v Peterborough and NOT Mr. Scratchys holiday fund! At each game, we donate 10% of our takings to local charities and this season Headway and Essex Wildlife Trust are our nominated charities.

For your chance to win a prize at the next game, look out for our sellers, based near all the turnstiles and also in the hospitality areas. Tickets are only £1 each and remember every ticket has an offer on the reverse for a free game of tenpin bowling, from our sponsors, Tenpin in Cowdray Avenue, Colchester, so every ticket bought is a winner!

MR SCRATCHY WRITES...

Not only did Hartlepool disappear back up north with a point from the last home fixture but their directors left the stadium with a big bag of swag, winning two of the 50/50 prizes plus a signed shirt from the Legends scratch cards!

No doubt our shirt will soon be proudly displayed in their board room in place of honour. Keep scratchin'!

There will be sellers in all concourses today plus the retail outlet and CUSA – so scratch one and win!

Cards cost £1 each and give the opportunity to win prizes of £1, £2, £10, £20, £100, £500, Signed U's Balls, Signed U's Shirts or 2009/10 Season Tickets. On each card is a glossy photo and a short profile of a Colchester United Legend. There are 32 to collect in total, as well as the opportunity to win

excellent prizes and there is also a Collectors Wallchart that can be purchased in the Club Shop. Cards are available from the Club shop, from sellers around the ground and also from the following Agents: The Drury Arms, The Fat Cat, The Castle, The Dog and Pheasant, The Ancient Briton, The Wig & Pen, The Purple Dog, Straws, The Quayside on the Hythe, The Railway Tavern, Brightlingsea, The Half Butt, Great Horkeley, Blackheath Post Office and Fordham Post Office, with new Agents signing up each day. If anyone is interested in selling the cards on a commission basis, particularly, Public Houses, Clubs and Shops, as well as individuals, please ring Paul on 07875 962804, Tony on 01206 755118 or email paul.dickinson@colchesterunited.net Please note that these cards can only be sold by, and to, people over 16 years of age.

GOLD BOND LOTTERY

We are still looking to recruit new Lottery Agents in all areas, and we would particularly like to recruit Agents in the following areas: Colchester, Braintree, Witham, Halstead, Maldon, Tollesbury, Mersea, Kelvedon, Earls Colne, Sudbury, Walton, Frinton, Brightlingsea, Notley, Hedingham, St Osyth, Jaywick, Holland on Sea, Clacton, Harwich and Manningtree.

If you can spare some time on an evening and would be prepared to collect money and recruit new members, please ring Tony Newsham on 01206 755118 for details of commission and other incentives available. As well as an annual jackpot of £10,000, the following weekly prizes are available.

- **1st Prize of £2,000**
- **2nd Prize of £500**
- **3rd Prize of £200**
- **2 Prizes of £100**
- **4 Prizes of £50**
- **6 Prizes of £25**
- **170 Prizes of £10**
- **130 Prizes of £5**

There is now the opportunity for new members to join the Gold Bond via our website CU-FC.com and if you look for the band saying "join securely on line" you can join by credit or debit card payment without having to post off an application.

GOLD BOND
WEEKLY DRAW

This is your opportunity to win **over £300,000 in prizes annually** and also receive many exclusive benefits all for just £1 per week or £2 if you wish to double your chances!

For details on how to join please visit www.cu-fc.com



A Busy Day

This afternoon's match against Southend United will see our corporate and hospitality suites at their busiest levels yet for a Colchester United game, as fans from across the county sample our wares.

For many, it will be their first experience of the great opportunities on offer with the U's, and we hope that they will be back again in the future to try out what we have for everyone to use, whether a big business or a family group.

From seasonal membership to match by match, we have a vast range of packages to suit all tastes and budgets.

- ▶ EXECUTIVE SUITES
- ▶ DIRECTOR'S GUEST SUITE MEMBERSHIP
- ▶ CENTENNIAL SUITE MEMBERSHIP
- ▶ LAYER SUITE MEMBERSHIP

Why not sponsor an individual match and get maximum impact from your day. Bespoke packages can be put together for that special occasion. Or why not sponsor your favourite player for the season – the opportunity to sponsor and meet socially your very own player is a very special football product.

- ▶ MATCHDAY SPONSORSHIP
- ▶ MATCHDAY MAGAZINE SPONSORSHIP
- ▶ MATCHBALL AND PLAYER KIT SPONSORSHIP

Advertise in our Matchday Magazine or around the perimeter of the pitch. Let your advert be seen by over 200,000 people during the season.

- ▶ GROUND & MATCHDAY MAGAZINE ADVERTISING

Last but not least why not extend you're your branding to the online community. With over 4,000 unique visitors and 462,000 page impressions per month, the website sponsorship provides the perfect tool for a potential partner.

- ▶ ONLINE SPONSORSHIP

To know more about the opportunities available to you, why not contact the Commercial Team on 01206 755102 or request a brochure.

COLCHESTER COMMERCIAL

TODAY'S MATCH SPONSORS

Today's sponsor, Essex Business School, will have divided loyalties over the outcome of today's Essex derby.

The School spans two University of Essex campuses at Colchester and Southend and, therefore, the Director, Professor Michael Sherer, won't be drawn on a prediction of the final score! Professor Sherer says: "With the opening of the University's campus in Southend came opportunities for supporting both of the County's football league teams and today we're hoping for a lively and entertaining match."

Essex Business School was recently ranked second in the UK for the quality of its research in the area of Accounting and Finance. Professor Sherer explains: "Our research focus means we are able to develop new courses that inform thinking on current hot topics. For example, we have new courses in Banking and Finance that examine the volatility of financial markets and whether the current regulatory framework that governs banking is fit for purpose."

The School brings together the whole range of business-related teaching and research at the University and is its largest school. A distinctive feature of the curriculum is the emphasis given to issues of business ethics, corporate social responsibility, and sustainability and the environment. The School has a very strong international flavour with 65 per cent of students coming from outside the UK and staff who represent 20 different nationalities.

One such international student, Alisher Erkaboev, a student on the MSc Accounting and Finance, says: "I came from Uzbekistan; as soon as I arrived I felt I part of the University and the School offers great support. Being a student representative and participating in different society activities is enriching my skills and giving me a chance to meet students from different cultures. This international environment is helping me to improve my interpersonal and social life at Essex."

The University's vision for EBS is that it will become the regional centre of excellence for business and management education and training. Long-term partnerships with small, medium and large organisations will enable the School to design new courses and modules that directly reflect the needs of the region, with training delivered in the workplace or at the Colchester and Southend Campuses.

It is the development of these long-term client relationships that will be the key to the School's aspiration to provide a complete range of high quality services to both the business and not-for-profit community, including degree courses, training programmes, policy-oriented research, and consultancy and advice services.

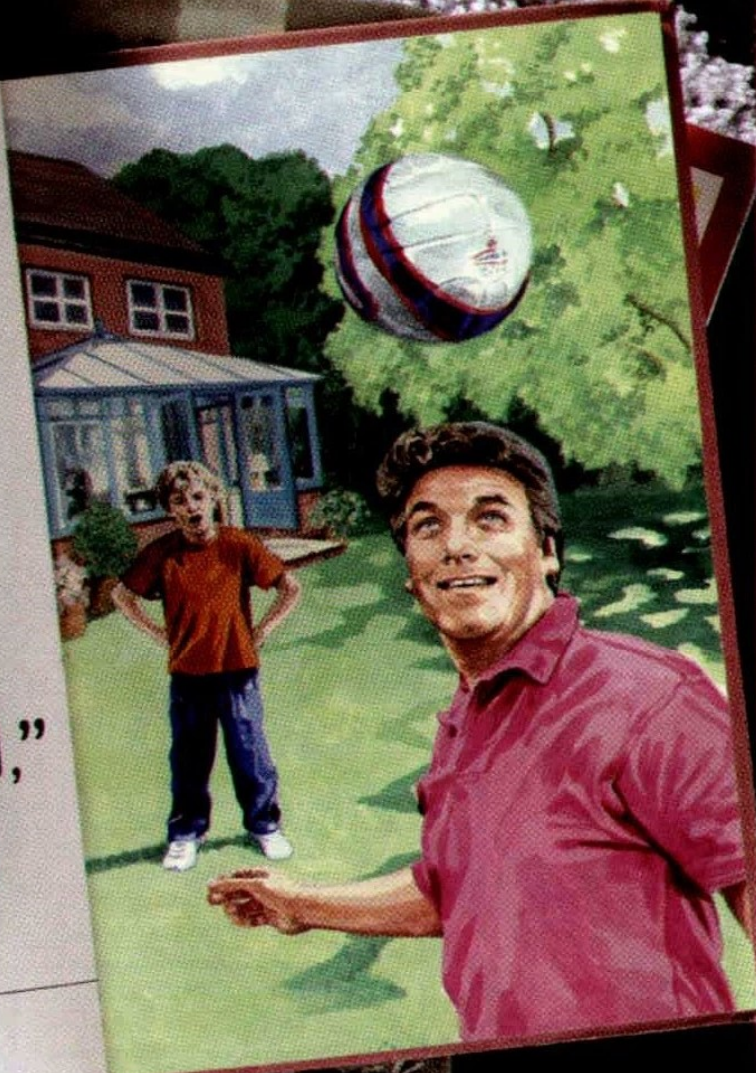


Illustration by Kaye Hodges
www.artistpartners.com

“What a *****
goal!” screamed
Johnny’s dad.

“I don’t like
football with Dad,”
thought Johnny.

Pass ball dad



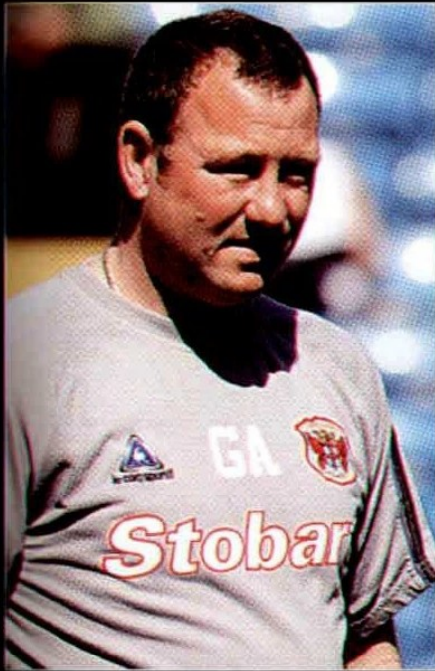
**BAD LANGUAGE HAS NO PLACE IN FAMILY
ACTIVITIES. PLEASE RESPECT YOUR FELLOW
SUPPORTERS IN OUR FAMILY AREA.**



oneworld



The latest opinions coming out of Coca-Cola League One...



"THE PLAYERS WERE ECSTATIC AFTER THE GOAL BUT I TOLD THEM WE SHOULD HAVE BEEN OUT OF SIGHT."

"I am upset that we didn't get three points. The start of the game was absolutely terrific and we should have been one, two or maybe three goals up in the first 20 to 25 minutes. We took our foot off the gas and conceded a sloppy goal."

"We found the last part of the first half difficult, but apart from that we were in complete control and bombarded their goal all afternoon."

"I think their goal was their only shot. We needed to be ruthless, clinical - all those words we have been talking about - but we have not been scoring enough goals and it nearly killed us today."

"If we had gone away with nothing we would have been desperately disappointed and it is too far to travel home thinking what might have been."

"Although I took the lads down a peg or two there is great character, determination and team spirit. Everyone has played their part."

Colchester United boss Greg Abbott is disappointed despite a late equaliser at Swindon Town

"LEEDS IS A TOUGH PLACE TO GO BUT THAT CAN INSPIRE THE LADS."

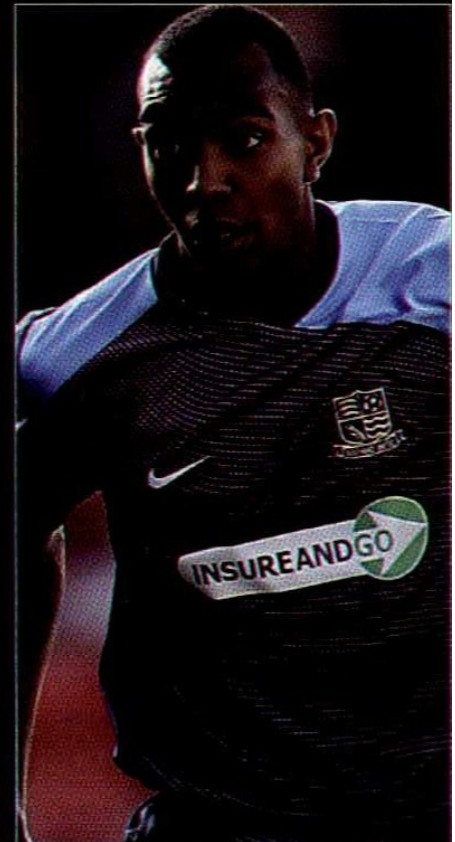
"As a footballer you want to play at the best stadiums against the best clubs and Leeds are a massive club so all the lads will be looking forward to it."

"It feels more like a defeat than we have won a point. We are all disappointed but we have to move on and put it out of our minds and get ready for Leeds."

"It is about playing well for the full 90 minutes. In the last few games we have done well in the first half and passed the ball well and in the second half it seems to be more of a battle rather than a good footballing performance."

"It spells it feels really good. We can open teams up and create chances. I think we have to do that throughout the 90 minutes. Saying that I thought we were hanging on well and were going to do it but football is like that and it only takes a second to score a goal."

Swindon Town winger James Schofield looks forward to tonight's game after the disappointment of the draw at the weekend



"IT WAS A FANTASTIC DECISION FROM THE MANAGER TO CHANGE THE FORMATION AT HALF-TIME."

"It was difficult in the first half against 10 men but the alterations worked and made us better so you have to say it's excellent management because it won us the game."

"Theo did really well to find me and luckily enough I managed to find the corner."

"The first goal was always going to be important and that's the way it's proved."

"We're on a really good run at the moment and have shown how tight knit we are as a group."

"We've had good and bad times this season which happens in football, but the manager took some flack about certain situations and we have now shown that we can come through adversity and do well again."

Swindon Town boss Peter Deboer is happy with Steve Linton's management after the win against Colchester



Making healthy eating fun

Colchester United Community Sports Trust is encouraging kids to eat more healthily with a new fun activity.

The Healthy Lunch Box programme was launched earlier this year and is already proving to be a popular way of making learning fun.

Pupils at Kingsford School in Shrub End were among the first to give the Healthy Lunch Box programme a try.

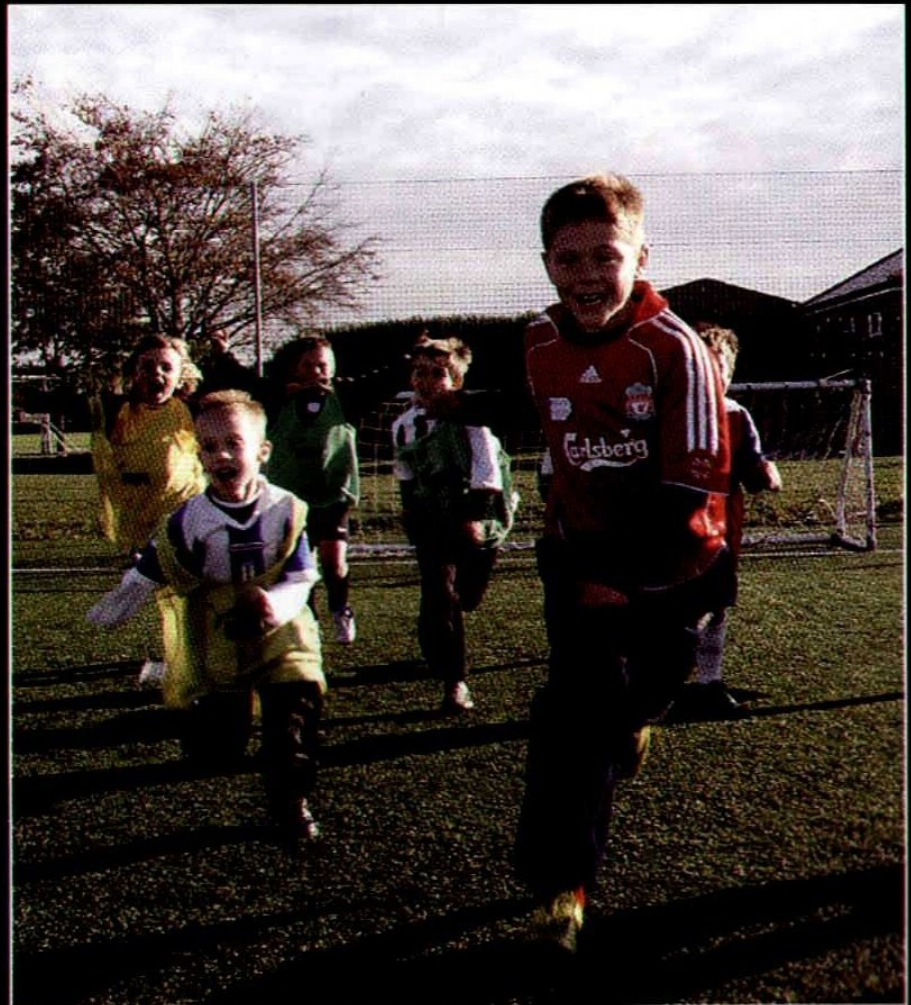
The interactive sessions use quizzes, competitions, food tasting and sandwich making to help children find out more about healthy eating.

The idea was developed in partnership with Colchester Hospital University NHS Foundation Dieticians and piloted at Prettygate School where it got a big thumbs-up from pupils taking part.

Natalie Blyde, Health Lead for Colchester United Community Sports Trust, said: "We make sure that the sessions are really good fun and there are plenty of opportunities for the children to get involved. The U's mascot Eddie the Eagle joins in, too, finding out what happens to his cheering performance when he eats healthy and unhealthy foods."

The programme is free to schools and is funded by NHS North East Essex as part of the Colchester United Community Sports Trust Healthy Together project.

For more information about Colchester United Community Sports Trust visit www.cucst.org.uk



Families learn together

Ten football-mad families continued to learn through sport during the second Families into Football session of the year.

The scheme is part of a partnership between Colchester United Community Sports Trust,

Essex County Council and Colchester United FC to provide opportunities for families to learn together before football matches.

The sessions take place at the EdUc@eUtd study support centre, which is kitted out with state of the art multimedia equipment to help make learning fun and exciting.

During the second session, the families concentrated on the theme of shape. They went

out around the stadium taking photography of a range of shapes and then designed posters incorporating their photos.

Jeanette East, CUCST Education Manager, said: "It was really lovely to see family members guiding and supporting each other through the learning tasks."

"The session was really good fun and everyone seemed to get a lot out of it."





On our travels...

Huddersfield Town 2 Colchester United 2

Coca-Cola League One
Tuesday March 3rd 2009.

KEY MINUTES

11 Anthony Pilkington is the first to test the opposition goal with a long range shot that flies past the outside of Mark Cousins' post

18 The U's take the lead as Dean Hammond tucks home from the penalty spot after a handball in the box by Jim Goodwin

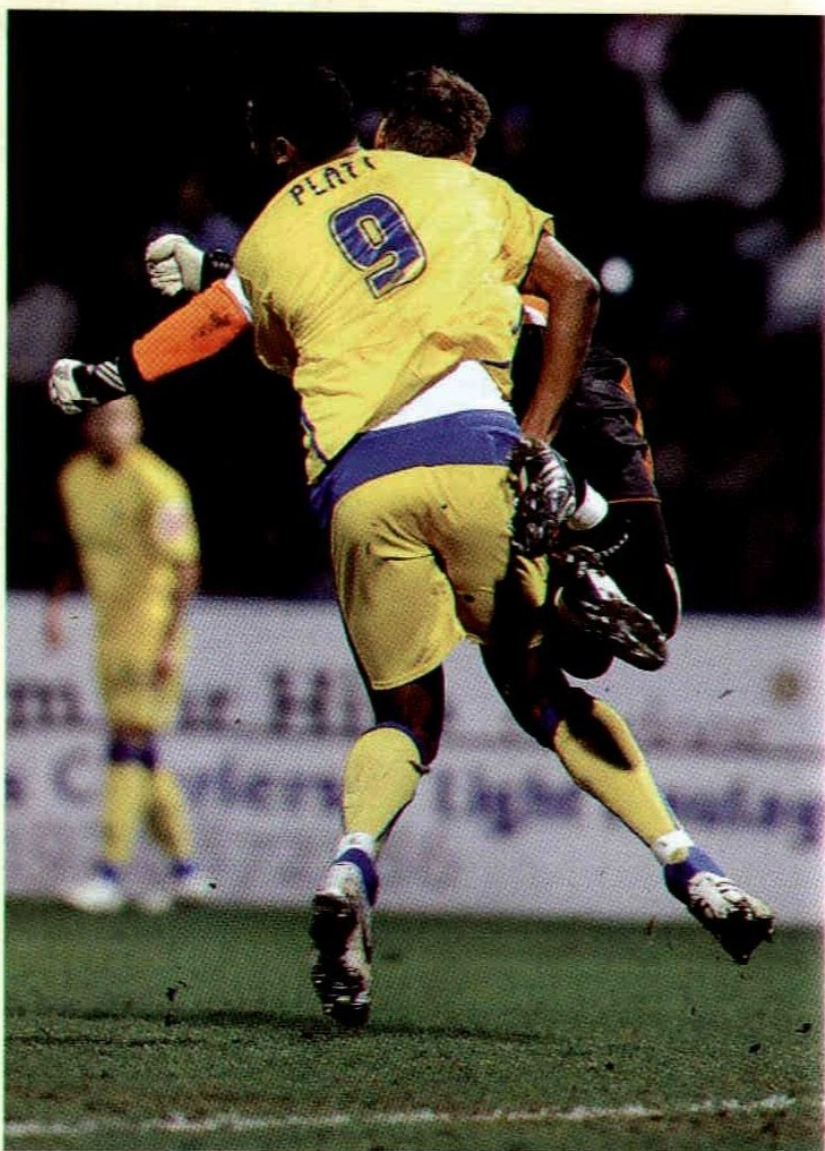
23 Dean Hammond goes close again as he drives in a shot from the edge of the area that curls just past the post

51 The home side equalise as Mark Cousins parries a long range shot from the outside of the box and Anthony Pilkington tucks home the rebound

61 The Terriers take the lead as Ian Craney's shot cannons back off the crossbar and then Gary Roberts tucks home the rebound once again

90 Drama late on as Dean Hammond steps up to take a free kick which bends into the top corner beyond Alex Smithies' dive

91 The U's go close again as Steven Gillespie's late shot is well saved and the spoils are shared



Man of the Match

DEAN HAMMOND

The midfielder was back in action after one game out and was fantastic on his return. His two goals capped a dynamic all round display.



MATCH ACTION

Clockwise from above...

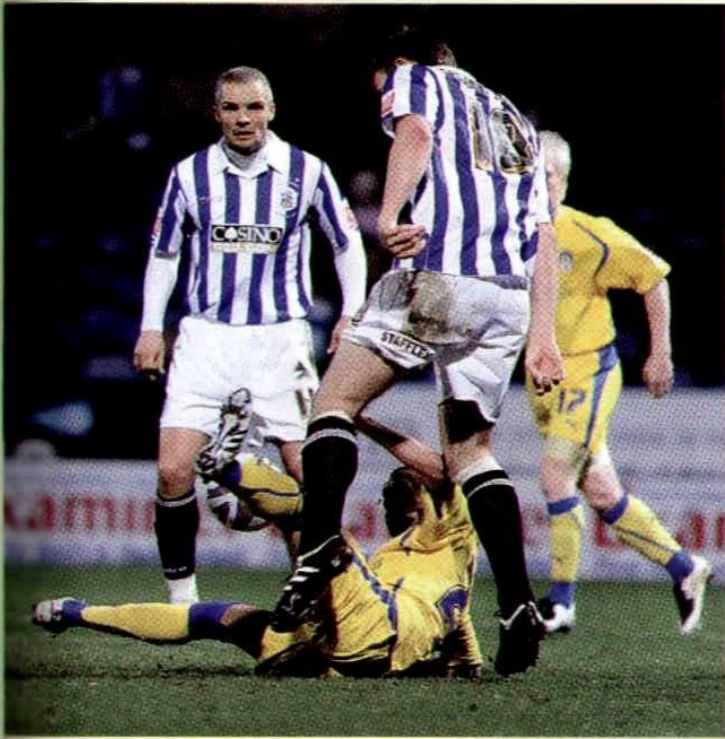
- Clive Platt challenges the Terriers' keeper.
 - Simon Hackney gets stuck in.
- Mark Cousins stretches to save this effort.
 - Lewis Govern battles for the ball
 - Dean Hammond opens the scoring...
 - ...and levels things up late on.
 - Hammond takes the plaudits.

U'S SUBS

Coyne for Reid 55
Gillespie for Hackney 64
Wordsworth for Govern 68

TERRIERS' SUBS

Craney for Goodwin 56
Booth for Jutkiewicz 62
Ainsworth for Cadamarteri 73



MATCH

FACTS...

Goals:
 1-0: Vernon (44mins, finished from close range after getting behind defence)
 1-1: Nelson (71, close range header from a left wing Gary Liddle corner)
Bookings: Monkhouse (foul 31mins), Maybury (42, unsporting behaviour), Jones (foul, 52mins), Clark (foul 77mins), Nelson (foul 90mins)
Referee: Mike Jones (Chester). Why he took on the attitude he did is anyone's guess. Caused issues when there wasn't any
Attendance: 5,158

	Colch	Pools
Shots on	7	5
Shots off	4	1
Fouls	13	16
Corners	5	8
Offside	1	5

COLCHESTER UNITED
 (4-1-4-1): Walker 6; Tierney 5, Reid 7, Baldwin 6, Maybury 5, Izzet 6, Goben 6 (Gillespie 65mins, 5), Wordsworth 5, Hackney 5, Yeates 6, Vernon 5 (Platt 75mins). Subs (not used): Cousins (gk), Coyne.

HARTLEPOOL UNITED (4-4-2):
 8 Lee-Barrett: Called into action to make two key stops and he made them both very well.

7 Sweeney: Full of beans out wide as he put in another good shift.

6 Nelson: Early distribution was off key, but his second-half defensive performance was strong.

6 Collins: Another show at the back full of authority and focus.

6 Humphreys: Did everything asked of him on his 400th appearance for the club.

5 Jones: Steady return to action for an hour after a month-long absence.

5 Liddle: Took his share of dead balls and planted one on Nelson's head for the goal.

5 Clark: Toiled away in the middle, but passing wasn't as sharp as usually is.

6 Monkhouse: Got frustrated by a petty refereeing display in the first-half and it affected his game.

7 Mackay: His last two performances have been a big improvement on previous outings.

6 Guy: Grew into the game and grew into a centre forward role.

Subs:
 6 Foley (for Clark 67mins, made an impact on the right side with his positive and direct running) 6 (not used): Cook (gk), Rowell, Tait, Henderson.

MAN OF THE MATCH
 ARRAN Lee-Barrett - his important save at the end ensured a useful away point

WHAT DO YOU THINK ABOUT POOLS? HAVE YOUR SAY ONLINE

WWW.NORTHERNECHO.CO.UK / SPORT / FOOTBALL / HARTLEPOOL

Turner is feeling satisfied

AS far as anniversaries go, it wasn't quite a champagne moment for Chris Turner.

But, after a week in which his side has covered over 1,000 miles on the nation's motorways and returned to the North-East unbeaten with four important points in the bag, it hasn't been a bad week for Hartlepool United.

Ten years on from his first game in charge - a 0-0 draw with Rotherham - Turner orchestrated a 1-1 outcome at Colchester.

After winning at Swindon last Tuesday the twin results have been as good as Pools have had away from home in 18 months. And, after the way the players have responded to the blasting they received the previous weekend after their non-performance against Orient, Turner can be satisfied with the week's work.

Pools weren't spectacular on their first visit to Colchester's new stadium, more solid and organised - characteristics which have been missing for too long.

There's now back to back home games to come - Tranmere tomorrow and Peterborough on Saturday - and if Pools can take another four points, then relegation fears shouldn't be lingering in the closing weeks of the season.

"Four points from two away games is a great return - I felt we had to win one of them," he said.

"Winning at Swindon meant the pressure was really off us and we performed with a battling show. There was a lot of hard work and people don't realise that six-hour bus journeys twice in a week can take it out of the

Nick Loughlin



SPORTS EDITOR
 nick.loughlin@nne.co.uk

Colchester United	1
Hartlepool United	1

players and their fitness was great all day."

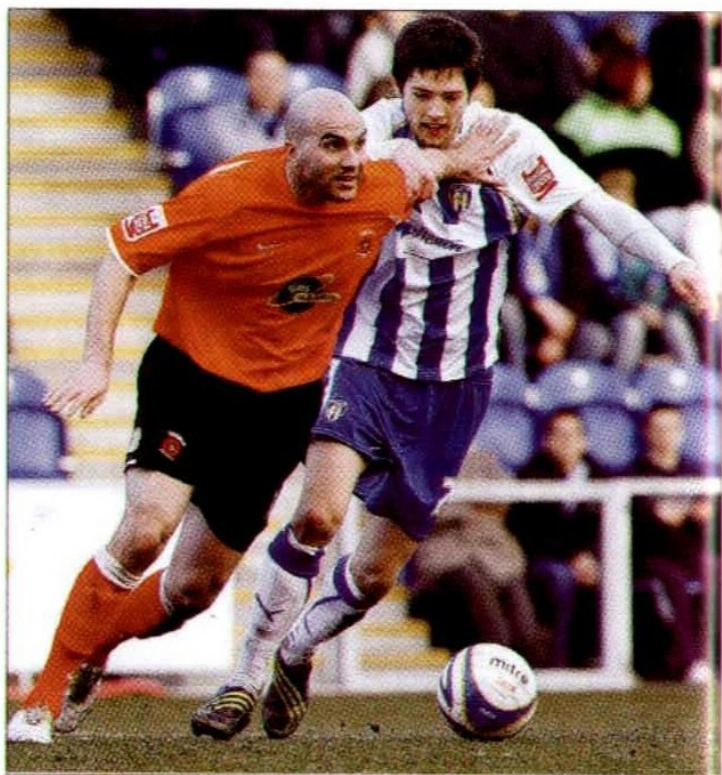
Turner admits, however, they need to lift their performance at home to maintain their momentum.

"I've played in games when it happens and they looked lethargic against Orient, it's not fitness, it's just being lethargic," he said.

"If it was fitness they wouldn't have been able to keep going like they did for 90 minutes in two long away games. It was a flat afternoon all around and it was the only game when the lads haven't worked as hard as they can - even in games we have lost, their workrate has been good.

"This should give them confidence for the two games to come. We've took four points from back to back away games and it's a long time since we did that. It's normally a draw and a defeat, or two defeats.

"But the toughness about the team is there to see, we are not an easy touch like we have been away from home. There's been games like this one when, after we conceded the first, we conceded two or three - but saying that I don't think they had two or three



DRIVING ON: Ben Clark gets away from Anthony Wordsworth

chances."

The win at Swindon was against a poor side and thanks to a fortunate penalty award. The point at Colchester was against a far better side and thanks to a solid and efficient display.

Micky Nelson and Sam Collins are now playing well as a partnership, while the rest of the side is building on that defensive platform.

Arran Lee-Barrett ensured the point, making a stop from Steven Gillespie in the closing minutes. The £400,000 home substitute homed in on goal, but the keeper stood up and reacted to Gillespie's clipped effort across goal to push it away.

"When Gillespie was through at the end, it was a fantastic save from Arran's point of view," said Turner. "I

know he has had criticism, but for me he's been solid all season. He's had criticism maybe from the amount of goals we have conceded as a team, it's not an individual thing.

"I was closing my eyes when the chance came, but it was a fantastic save from Arran. We got something from the game which we deserved."

Collins had Pools' first chance, his header from a free-kick kept out by Jimmy Walker. Ritchie Jones then saw his goalbound shot charged down.

And when Colchester took the lead on half-time it looked like one of those familiar away days for Pools.

Scott Vernon managed to control the ball and skirt past Nelson to finish from close range.

But Pools stepped up in the second half and took the game to the opposition. Riled and wound up by some ridiculous refereeing, Pools levelled when, from Liddle's corner, Nelson headed in his third of the season, equalling his highest tally of a campaign in his six seasons at the club.

"It's good to see our centre halves scoring - I've been critical of them going up that many times and not scoring," said Turner. "But the delivery has to be there and Gary is working on his set-play. His corners and free-kicks were good.

"It's been a good week, especially with us having two long away trips, after what happened last Saturday.

"I think we got a point from a game in the past we may have lost."

Pools new boy desperate to produce goods at the Vic

LEWIS Guy is desperate to show what he can do in front of the Hartlepool United faithful.

After being part of the losing side on his debut against Orient, Guy has enjoyed a decent week on the road with his new team-mates, as Pools took four points from trips to Swindon and Colchester.

The loan signing from Doncaster was pitched up front at the weekend for the 1-1 draw and, with the Pools forward line hit by injuries, he will stay as a striker against Tranmere tomorrow and is looking forward to the chance to shine.

"It was better up front," admitted the former Newcastle United junior. "Obviously if the manager wants me to play on the wing I'll do my best. "But it was nice to be back up the middle and try to

By Nick Loughlin

get some goals - but I didn't think I could get any worse and thought I was much better!

"Based on my performances and what the lads have been telling me, I think I'm better up the middle!"

He added: "Obviously the lads have not worked with me much and I just said to try to get it in there and I'll try to get onto it.

"We'll go with the same attitude in the home games of not getting beat. If that's getting a draw then maybe.

"As long as we keep getting points on the board then that's all we can ask for.

"My first home game didn't go too well so hopefully Tuesday can be a bit better."

After Tranmere tomorrow, Pools take on Peterborough



TOP GUY: Lewis Guy is fouled by Kem Izzet

on Saturday. And Guy is looking for his team-mates to take last Saturday's solid outlook

into the games to secure enough points to keep Pools away from danger.

"From the start to the end, we're unlucky not to win the game," he admitted.

"We said before the game, don't get beat, let's try to go on a little run and try to get away from a drop zone.

"It's always good to take a point wherever you go so we're happy to take four points from two games.

"The manager said get into half-time 0-0 but obviously we conceded which was a bit of a blow.

But we came back out and got a good point. The first thing we said when we got in the dressing rooms was to give Arran (Lee-Barrett) a pat on the back for his late save, but that's what he's paid for!"

Turner is unlikely to have any of his injured players fit tomorrow, but revealed there is a chance Joel Porter could be available on Saturday.

journo's jury

WHAT DID YOU MAKE OF COLCHESTER'S PERFORMANCE ON THE DAY?

A bit hit and miss. Pools are a fragile team and tend to buckle under pressure, but there were never really put under the cosh. I've certainly watched better games this season. They seemed to lack a bit of belief going forward. Izzet buzzed about in midfield and, going forward, Yeates was probably the biggest danger, but a few players seemed below par. Lewis Gubern played once on loan at Pools a few years back and he seems to have come on since then, but he didn't get much joy against Ritchie Humphreys.

WHICH COLCHESTER PLAYER STOOD OUT FOR YOU?

Not many - it wasn't a decent performance was it? In central defence Paul Reid got the sponsors' man of the match and it's hard to disagree.

HOW DIFFERENT A TEAM DID THE U'S LOOK SINCE YOU SAW THEM ON THE FIRST DAY OF THE SEASON?

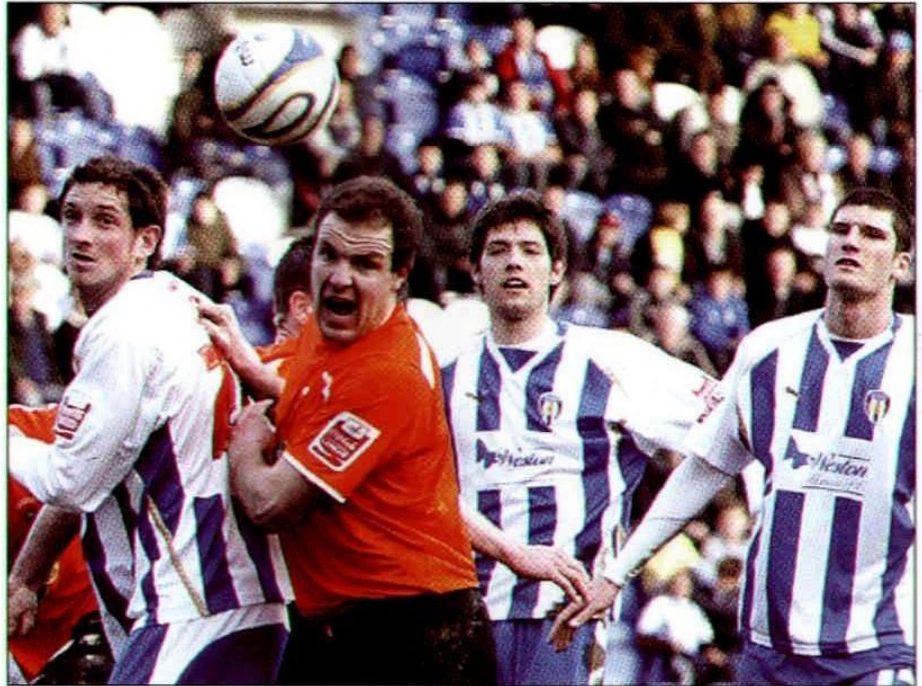
The U's were battered at Victoria Park on the opening day and, it's fair to say, things have improved for you since then but there wasn't many signs of retribution being dished out. I'm sure the old adage about relegation hangovers has been dragged up on many occasions this season.

It was certainly a good thing for Pools that Gillespie, Platt and Perkins started on the bench. Gillespie is one of those players who everyone in this division knows and he regularly scores against Pools - he should have scored towards the end though.

WAS IT A TYPICAL POOLS PERFORMANCE OF LATE?

I would like to know what a typical Pools performance is! This season, away from home especially, has been pitiful. There's been a soft centre to the team and it has been the same story week in, week out - play well, fail to take chances and concede goals which a Sunday League team would keep out.

But Chris Turner has got them far more organised and switched on than they were under Danny Wilson in his last few weeks and they are reaping the benefits.



HOW IMPORTANT HAVE THE PAST WEEK'S RESULTS BEEN FOR CHRIS TURNER'S SIDE?

Vital. Pools lost to Orient seven days before this game and it was rank bad.

With back to back away games following, things didn't look good, but a (dodgy) last minute penalty brought victory at Swindon and eased the pressure a bit for the trip to Colchester. A decent draw was followed up by a win over an average Tranmere side and things are looking up.

WHERE DO YOU THINK THE TWO TEAMS WILL END UP IN THE LEAGUE BY THE TIME MAY ARRIVES?

Pretty much where they are now. You recovered from a bad start - while for Pools it's been reversed, a decent start followed by a slump. Neither side will go up or be in the play-offs, neither side will go down. See the rest of this season out and then plan for next season.

Pools have signed a stack of attackers - five since January - on loan or on a temporary basis and it has given everyone a bit more belief, while they also have one eye on next campaign with it.

● Questions answered today by Nick Loughlin of the Northern Echo



St Patricks Day Race Nite



At the Weston Homes Community Stadium

Tuesday 17th March

Join us for a great night for horse racing,
totes, prizes, nibbles & the luck of the Irish!

7:30-11pm Tickets £12.00



To book call (01206) 755109



femalefocus

Colchester United Ladies FC have enjoyed a good run of form of late, extending their unbeaten run with good results against both Crystal Palace and Portsmouth.

Colchester, without striker Kate Longhurst, made a good start at Palace's Whyteleaf ground, taking the game to the home side and hoping to further build on the wins at West Ham and Brighton.

Closing down Palace and pushing forward through Bass, the U's had the better of the opening play but were reminded on occasion of the home side's threat through breaks by dangerous striker Ogunneye.

The half became slightly stalled by a series of bookings, which also saw Crystal Palace manager Quinto Naidoo removed from the technical area by the referee.

Colchester opened the scoring when midfielder Laura Guyon added to her season's tally with a looping shot over the Palace defence. Half time saw the visitors go in one goal to the good.

Crystal Palace emerged from their dressing room with much more purpose in the second half and they took the game to the U's. Several chances went close before Colchester suffered the loss of midfield engine Rosee Golding with a shoulder injury.

A revamp was in order and, after that point, the U's seemed less settled. Palace equalised with another looping shot that was just beyond the reach of Colchester 'keeper Runnacles.

Both sides then pushed for the winner and, despite Colchester hitting the bar, it finished level at one apiece, which was a fair result upon reflection.

Colchester manager Dmitri Haljako said after the game: "This makes it four in a row undefeated in the league and it's looking good. We showed patience and went for all of our chances. Although a win here today was our aim, I am satisfied with the result.

"It only takes a minute to turn a game like this around and the loss of Rosee was one of those minutes."

Following that game, Colchester United Ladies then further extended their unbeaten run with an impressive 2-1 victory away at Portsmouth just over a week ago.

The U's would have borne in mind their



defeat at home earlier in the season when, despite going ahead twice, they were beaten 6-5 by their south coast opponents.

Manager Dmitri Haljako took a strong squad with only the injured Kate Longhurst not being available on the day.

Confidence, bolstered by their four match

unbeaten run up to this tie, showed from the start and Colchester took the game to the home side.

They looked solid in defence and with the hard working Bass causing problems up front, the U's Ladies soon started a pattern of play that lasted for the whole first period.

Portsmouth were closed down quickly and unable to get a passing game underway.

It took just a few minutes into the first half before the prolific Bass, back to her best after injury, flicked a cross ball towards the Pompey goal.

Seemingly the keeper had the attempt covered, but failure to get her body behind the ball allowed it to spin out of her hands and into the net.

Colchester had a dream start and took full advantage.

Just a few minutes later Colchester doubled their lead when Bass hit another ball over the keepers head and into the net.

Not satisfied with two, the visitors pushed forward at every opportunity, dominating the midfield, giving the home side little opportunity to settle and limit them to few chances on goal.

Portsmouth are too good a side to allow the U's domination to continue and entered the second half focused and determined to reverse the course of the first period.

Both sides pressed and the home team began to look organised and threatened as time went on.

It was a lapse in concentration from the U's defence in a set piece that allowed a unopposed header from Portsmouth to carry over the Colchester keeper Runnacles, halving the Colchester advantage.

The final twenty minutes saw the home side pressing the U's defence and it was Runnacles that pulled off a spectacular double save to keep Colchester ahead.

The U's defence held on and the return journey to Colchester was all the better for the visitors with all three points in the bag.

Manager Haljako said after the game: "This was a good win for us today against a good team.

"We looked solid from the outset and despite all the pressure of the second half, stayed focused and defended as a unit.

"We have moved on now and our confidence should grow from this. I am very pleased with the whole squad today."

Coca-Cola®

Colchester United F.C.

Vs

 Scunthorpe United F.C.	 Millwall F.C.	 Carlisle United F.C.	 Walsall F.C.
 Tranmere Rovers F.C.	 Leyton Orient F.C.	 Swindon Town F.C.	 Southend United F.C.
 Cheltenham Town F.C.	 Northampton Town F.C.	 Bristol Rovers F.C.	 Yeovil Town F.C.
 Oldham Athletic A.F.C.	 Hartlepool United F.C.	 Crewe Alexandra F.C.	 Stockport County F.C.
 Hereford United F.C.	 Brighton & Hove Albion F.C.	 Huddersfield Town F.C.	 Leeds United F.C.
 Peterborough United F.C.	 MK Dons F.C.	 Leicester City F.C.	

72 Clubs. The 'Coca-Cola' Football League.

going away?



GROUND NAME: Walkers Stadium
CAPACITY: 32,500
ADDRESS: Filbert Way, Leicester, LE2 7FL
MAIN TELEPHONE NO.: 0844 815 6000
TICKET OFFICE NO.: 0844 815 5000
PITCH SIZE: 110 x 76 yards

WHAT IS THE GROUND LIKE?

In August 2002 the club moved into its new home, only a stone's throw away from their old Filbert Street ground. The stadium was built by Birse Construction at a cost of £35m, is completely enclosed with all corners being filled with seating. The sides are of a good size, built in the same style and height.

Completely encircling the stadium and hanging from the roof itself is a collage of player images, along with adverts for the sponsors of the stadium, Walkers. There are also some basic looking (red LCD display) electric scoreboards at either end.

The acoustics are very good and both sets of supporters can really make some noise, making for an enjoyable visit. The stadium is also used periodically for other sports such as rugby.

WHERE WILL THE U'S FANS BE SITTING?

Away supporters are housed in the North East corner of the stadium, where just over 3,000 fans can be accommodated. The view of the playing action is good as well as the facilities available. The concourse is comfortable and there is your normal range of hot dogs, burgers and pies available. There are television screens on the concourse showing the game going on within the stadium.

FANCY PRE-MATCH PINT?

The ground is walkable from the city centre (15-20 minutes), where there are plenty of pubs to be found. Most of the pubs near to the stadium are home fans only. In particular 'The Victory' and 'The F Bar' pubs should be avoided by visiting supporters.

Plus the 'Half Time Orange' pub located just over the road from the away end, is a members-only Leicester City bar.

Probably the best bet for away fans is the



Counting House pub on Freemans Common Road. It has a good mix of both sets of supporters, with all the normal facilities on offer. This pub is located just off the Aylestone Road, past the Local Hero pub (home fans only) and the Mecca Bingo Hall.

HOW TO GET THERE BY CAR...

Leave the M1 at Junction 21, or if coming from the Midlands, follow the M69 until the end of the motorway (which meets the M1 at Junction 21). Take the A5460 towards Leicester city centre. Continue on this road, until you go under a railway bridge. Carry on for another 200 yards and turn right at the traffic lights into Upperton Road (sign posted Royal Infirmary) and then right again into Filbert Street. The new stadium is visible just behind the old Filbert Street ground.

HOW TO GET THERE BY TRAIN...

The train station in the city centre is walkable from the ground and should take you around 20-25 minutes. There is normally a heavy Police presence around the station.

TICKET PRICES

Tickets for this game are now on general sale from the club and are priced as follows:-
 Adults £23.00, Seniors £21.00; U22/Student £15.00, U16 £10.00, U12 £5.00, U8 £3.00
 Disabled/Carer Price as above with free carer.

FOXES FACTFILE

LAST FIVE GAMES: DWDDW
 LAST FIVE HOME GAMES: DDDDW
 LEAGUE POSITION: 1st

RECENT NEWS

City assistant boss Craig Shakespeare is not getting too worried by the Foxes' recent run of results.

The Foxes have drawn a number of games recently but, with teams below failing to take advantage, Nigel Pearson's right hand man is happy with how things stand in the league table at present.

"We would like to have turned a few of those draws into wins but we have kept the run going," he said.

COCA-COLA LEAGUE ONE LATEST TABLE

	P	U	D	L	F	A	U	D	L	F	A	Go	Pt
1. Leicester City	36	12	6	1	35	11	10	6	1	34	18	40	78
2. Peterborough United	36	10	4	3	32	18	9	5	5	33	29	18	66
3. MK Dons	33	9	2	5	29	17	10	4	3	36	20	28	63
4. Millwall	34	9	4	4	22	17	9	3	5	26	22	9	61
5. Oldham Athletic	36	9	7	3	32	18	6	6	5	23	27	10	58
6. Scunthorpe United	34	9	4	3	31	20	8	2	8	28	29	10	57
7. Leeds United	35	11	2	4	35	19	6	3	9	21	24	13	56
8. Stockport County	36	7	6	5	27	21	7	5	6	25	20	11	53
9. Tranmere Rovers	35	11	4	3	31	17	4	4	9	16	24	6	53
10. Colchester United	35	6	4	8	18	18	8	4	5	30	28	2	50
11. Huddersfield Town	35	8	6	5	27	23	5	4	7	19	28	-5	49
12. Southend United	35	10	2	6	21	14	4	5	8	20	34	-7	49
13. Walsall	35	9	1	6	26	23	4	7	8	22	26	-1	47
14. Bristol Rovers	33	7	4	5	31	21	4	7	6	24	25	9	44
15. Hartlepool United	36	7	7	5	37	31	4	3	10	14	26	-6	43
16. Carlisle United	35	7	3	6	28	23	4	5	10	17	30	-8	41
17. Northampton Town	33	6	7	4	24	17	3	4	9	19	27	-1	38
18. Yeovil Town	34	3	8	5	18	22	6	3	9	14	26	-16	38
19. Crewe Alexandra	34	8	2	7	26	28	3	2	12	21	36	-17	37
20. Leyton Orient	35	4	4	9	16	24	5	5	8	14	21	-15	36
21. Swindon Town	34	5	6	7	29	32	2	8	6	19	24	-8	35
22. Brighton & Hove Albion	33	3	5	9	20	33	4	6	6	16	19	-16	32
23. Hereford United	32	6	4	6	21	15	2	2	12	11	34	-17	30
24. Cheltenham Town	34	4	4	9	24	35	1	3	13	15	43	-39	22

COCA-COLA LEAGUE ONE FIXTURES

Tonight

Brighton v Southend, 19:45
 Carlisle v Leyton Orient, 19:45
 Colchester v Swindon, 19:45
 Hereford v Bristol Rovers, 19:45
 Leeds v Yeovil, 19:45
 Millwall v Northampton, 19:45
 MK Dons v Huddersfield, 19:45
 Peterborough v Scunthorpe, 19:45
 Stockport v Hartlepool, 19:45
 Walsall v Crewe, 19:45

Wednesday 11th March 2009

Tranmere v Leicester, 19:45

Saturday 14th March 2009

Brighton v Yeovil, 15:00
 Carlisle v Scunthorpe, 15:00
 Cheltenham v Hartlepool, 15:00
 Colchester v Crewe, 15:00
 Hereford v Southend, 15:00
 Leeds v Swindon, 15:00
 Millwall v Leicester, 15:00
 MK Dons v Oldham, 15:00
 Peterborough v Northampton, 15:00
 Stockport v Leyton Orient, 15:00
 Tranmere v Huddersfield, 15:00
 Walsall v Bristol Rovers, 15:00

COCA-COLA LEAGUE ONE TOP SCORERS

Fryatt	Leicester City	23
Lambert	Bristol Rovers	21
Hooper	Scunthorpe United	20
Beckford	Leeds United	18
Mackail-Smith	Peterborough United	18
Hughes	Oldham Athletic	17
Cox	Swindon Town	16
McLean	Peterborough United	16
Graham	Carlisle United	15

STATS & FACTS

DATE	OPPOSITION	COMP	RES	ATT (A/B/H)	Pts
August					
Sat 9	Hartlepool United	FL1	L2-4	3,831 (211)	22
Tue 12	Gillingham	CC1	W1-0	2,566 (194)	21
Sat 16	Huddersfield Town	FL1	D0-0	5,340 (565)	21
Sat 23	Swindon Town	FL1	W3-1	7,031 (381)	10
Tue 26	Ipswich Town	CC2	L1-2	17,094 (2,392)	-
Sat 30	Oldham Athletic	FL1	D2-2	4,708 (425)	12
September					
Tue 2	Millwall	JPT1	W1-0	2,456 (124)	12
Sat 13	Crewe Alexandra	FL1	L0-2	3,510 (245)	-
Sat 20	MK DONS	FL1	L0-3	4,888 (545)	23
Fri 26	Tranmere Rovers	FL1	W4-3	5,713 (196)	17
Tue 30	Leicester City	FL1	L0-1	5,133 (992)	17
October					
Sat 4	Bristol Rovers	FL1	L0-1	4,811 (368)	18
Tue 7	Gillingham	JPT2	W1-0	1,557 (126)	-
Sat 11	Cheltenham Town	FL1	L3-4	3,580 (266)	21
Sat 18	Stockport County	FL1	W2-1	6,025 (226)	18
Tue 21	Millwall	FL1	L1-2	5,506 (1,440)	19
Sat 25	Carlisle United	FL1	W5-0	5,152 (330)	16
November					
Sat 1	Southend United	FL1	D3-3	8,920 (1,249)	18
Tue 4	AFC Bournemouth	JPT3	W1-0	2,275 (112)	-
Sat 8	Leyton Orient	FAC1	L0-1	4,600 (1,154)	-
Sat 15	Walsall	FL1	L0-2	4,071 (259)	20
Sat 22	Peterborough United	FL1	L1-2	7,401 (513)	21
Tue 25	Yeovil Town	FL1	W1-0	3,214 (116)	20
Sat 29	Northampton Town	FL1	W2-1	4,833 (297)	16
December					
Sat 6	Hereford United	FL1	L1-2	4,794 (163)	16
Sat 13	Leeds United	FL1	W2-1	19,625 (397)	16
Tue 16	Luton Town	JPTAS	L0-1	2,638 (222)	-
Sat 20	Scunthorpe United	FL1	D0-0	4,606 (644)	16
Fri 26	Brighton & Hove Albion	FL1	W2-1	6,299 (292)	15
Sun 28	Leyton Orient	FL1	W1-0	6,290 (1,694)	11
January					
Mon 12	MK Dons	FL1	D1-1	8,408 (311)	1
Sat 17	Cheltenham Town	FL1	W3-1	4,183 (148)	1
Sat 24	Bristol Rovers	FL1	D0-0	6,634 (345)	11
Tue 27	Northampton Town	FL1	W2-1	3,973 (305)	1
Sat 31	Carlisle United	FL1	W2-0	5,745 (248)	11
February					
Tue 10	Tranmere Rovers	FL1	L0-1	3,588 (143)	11
Sat 14	Walsall	FL1	L0-2	3,719 (269)	11
Sat 21	Southend United	FL1	L0-1	8,651 (1,900)	11
Tue 24	Stockport County	FL1	W1-0	3,179 (153)	11
Sat 28	Hartlepool United	FL1	D1-1	5,158 (146)	12
March					
Tue 3	Huddersfield Town	FL1	D2-2	10,580 (132)	12
Sat 7	Oldham Athletic	FL1	W1-0	4,591 (200)	10
Tue 10	Swindon Town	FL1	19:45		
Sat 14	Crewe Alexandra	FL1	15:00		
Sat 21	Leicester City	FL1	15:00		
Sat 28	Scunthorpe United	FL1	15:00		
Tue 31	Millwall	FL1	19:45		
April					
Sat 4	Leeds United	FL1	15:00		
Sat 11	Leyton Orient	FL1	15:00		
Mon 13	Brighton & H.A.	FL1	15:00		
Sat 18	Hereford United	FL1	15:00		
Sat 25	Peterborough United	FL1	15:00		
May					
Sat 2	Yeovil Town	FL1	15:00		

- 1 Dean CHAPMAN
- 2 John WHITE
- 3 Matthew LOCKWOOD
- 4 Johnnie JACKSON
- 5 Chris COYNE
- 6 Paul REID
- 7 Steven GILLESPIE
- 8 Dean HAMMOND
- 9 Clive PLATT
- 10 Ken IZZET
- 11 Mark YEATTS
- 12 Pat BALDWIN
- 14 Sunday-Akannt WASIU
- 15 Jamie GUY
- 16 Matt HEATH
- 17 David PERKINS
- 18 Phil ITL
- 19 Gary BOBROWDALE
- 19 Alan MAYBURY
- 20 Sam WILLIAMS
- 21 Jimmy WALKER
- 22 Simon HACKETT
- 23 Mark COSINS
- 24 Scott VERNON
- 25 Lee HILLS
- 26 Jermaine PASTER
- 26 Lewis GOBEAN
- 27 Anthony WOODSWORTH
- 28 James HAMMOND
- 29 Fabian RAYCHELLO
- 30 Medy ELTO
- 32 Marc THENEY

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C.U.S.A.

COLCHESTER UNITED SUPPORTERS' ASSOCIATION

Good evening U's fans and members of CUSA, and may I wish you all a very warm welcome back to the Weston Homes Community Stadium for the visit of Swindon Town.

Since the early months of the season, both football clubs have been concentrating on pulling away from the relegation zone of League One. The U's, under Paul Lambert's steerage, have been the more successful of the two, but it also looks like the Robins are making a good fist of it also. It's mighty close down there though, and I'm just very glad that the U's are where they are.

It's "double" time again! Stockport, Carlisle and Northampton have already fallen victim to the U's home and away this season. It would be great to make a fourth tonight!

Is it just me or has there been even more Tuesday night games this season? So far they sadly haven't been the most popular fixtures at the WHCS - how about a change back to good old Friday night football?

The U's away in midweek have been popular though and last week at Huddersfield proved the point. 132 U's fans may not seem many on paper, but considering the distance and appalling weather, that's pretty good in my book. The CUSA had 34 members on our Talisman coach.

A lot of the usual suspects were on board. "Famous" Phil Gladwin still graces the back seat together with the Ellis brothers and Paul "The Undertaker" Wright, and when they're not eating, they're being entertained by Jamie Rix and Alan Partner. Jamie, the only man I know with three lungs!

Closer to the front there then came the card school with Charlie leading the way with all the aces up his sleeve. I think that I'll have to get a piece of that action before long if the stakes aren't too high!

Then in the mid-section, you have the more reserved clients. Relaxed and happy to amuse

themselves, the Swingwoods, Tom Smith, Sharpee minus his usual sidekicks and Chris Finch, where a pillow is never too far away.

Then comes the real hardcore, Mouse and Big Dick Fisher - earplugs in, eyes closed, these guys have been travelling on the CUSA coaches about as long as I have. The stories we could tell together!

Towards the front you'll often find some of the slightly older generation, although the legend that is Keith Stott hardly falls into this category. Tony and Ann Covill, Arthur, Trev and John Cant provide the analytical and critique of the U's faithful.

That kind of summarises some of the wonderful U's fans who choose to travel with us, and we're always very thankful. Chances are that the Oldham coach would have been very similar in make up, only with a few excellent additions I'm sure.

Perhaps we could see even more of you over the remaining six away games? We've got some good trips left, like Leicester, Leyton Orient, Hereford and finally Yeovil and we'd be glad to take you.

All additional info on our away travel and the CUSA can be found on our new website www.cusa.co.uk, or you can book by calling us on 07778 018834 or 07752 531600.

Crikey, just six away games left! Where has the season gone? So is it to be play off challengers or mid table safety? I know which the U's fans would prefer.

Hopefully Paul Lambert can continue to juggle his squad around to keep everyone fresh for the run in because there's a lot of football left to be played, and like I've said before I'd like to be going to Yeovil with it all in the balance again.

To be honest, there was a time when even talk of the play-offs seemed pointless, then came along Jimmy Walker. On behalf of the CUSA, I would like to thank him for his time with the U's and for the confidence he brought to the squad.

COACH TRAVEL

**Saturday March 21st
Leicester City**

Coaches leave WHCS at 10.00am

Adult Members £18

Concession Members £16

**Saturday March 28th
Scunthorpe United**

Coaches leave WHCS at 10.00am

Adult Members £24

Concession Members £22

**Tuesday March 31st
Millwall**

Coaches leave WHCS at 4.30pm

Adult Members £13

Concession Members £11

With no disrespect to Dean Gerken or Mark Cousins, who will both be excellent for us over the next two months, it's a big blow to lose him.

Before I enter birthday corner, I would like to remind CUSA members of a couple of services we offer. Did you miss out on a Hartlepool programme? If you did, don't forget that the CUSA can obtain your U's home and away programmes for you, which you can collect from us up to 2.45pm on match days, so that you won't miss out again.

Also, and this is generally for the CUSA members you travel with us, if you want to avoid the hassle of obtaining your away tickets, then why not let us purchase them and hand out to you on the coach? If you'd like to take advantage of these simple perks, please contact either myself or Robin Fisher.

Happy Birthday then to former CUSA Corner Bar Barmaid Lea Finch who celebrated in style at the Comedy Night last Thursday, and also to CUSA Treasurer Jackie Anderson who has her big day tomorrow, which means that it's hopefully cakes all round in West 7 tonight!

Don't forget that any CUSA member can have their birthday/event mentioned on this page - all you have to do is contact us.

Up the U's and please keep supporting!

*Jon Burns
CUSA Chairman*



TICKETS PLEASE

Crewe Alexandra

Date of game: Saturday, March 14th

Kick off: 3.00pm

Venue: Weston Homes Community Stadium

Tickets for this game are now on general sale. Prices for the game against the Alex can be found on this page.



Leicester City

Date of game: Saturday, March 21st

Kick off: 3.00pm

Venue: Walkers Stadium

Tickets for this game are now on general sale from the club and are priced as follows:-

- Adult £23.00
- Senior £21.00
- U22/Student £15.00
- U16 £10.00
- U12 £5.00
- U8 £3.00
- Disabled/Carer Price as above with free carer
- Wheelchair/Carer Price as above with free carer



Scunthorpe United

Date of game: Saturday, March 28th

Kick off: 3.00pm

Venue: Glanford Park

Tickets for this game are now on general sale from the club and are priced as follows:-

- Adult £17.50
- 60+ £10.50
- U21 £10.50
- U16 £5.50
- Wheelchair/Carer £17.50 pair



Millwall

Date of game: Tuesday, March 31st

Kick off: 7.45pm

Venue: The Den

Tickets for this game will now be on sale on the night only. Prices are as follows:

- Adults £20.00
- Over 65s £11.00
- U16s £11.00
- U12s £8.00 (when with a full paying adult)



WESTON HOMES COMMUNITY STADIUM ADMITTANCE PRICES

WEST STAND BLOCKS 1 AND 9

Adult: £20 Seniors/U18s/Disabled: £13

WEST STAND BLOCKS 2 AND 8

Adult: £22 Seniors/U18s/Disabled: £15

WEST STAND BLOCKS 3 AND 7

Adult: £24 Senior/U18s/Disabled: £16

WEST STAND BLOCKS 4 AND 6

Adult: £26 Senior/U18s/Disabled: £19

NORTH STAND BLOCKS 1 AND 5

Adult: £20 Senior/U18s/Disabled: £13

NORTH STAND BLOCKS 2 AND 4

Adult: £22 Senior/U18s/Disabled: £15

NORTH STAND BLOCK 3

Adult: £24 Seniors/U18s/Disabled: £16

EAST STAND FAMILY ENCLOSURE BLOCK 1

Adult: £20 Senior/U18s: £13 U16s: £8 U11s: £5

EAST STAND FAMILY ENCLOSURE BLOCK 2

Adult: £22 Senior/U18s: £15 U16s: £8 U11s: £5

EAST STAND FAMILY ENCLOSURE BLOCK 3

Adult: £24 Senior/U18s: £16 U16s: £8 U11s: £5

EAST STAND BLOCK 8 (UNRESERVED SEATING)

Adult: £20 Senior/U18s/Disabled: £13

EAST STAND BLOCK 7

Adult: £22 Senior/U18s/Disabled: £15

EAST STAND BLOCK 6

Adult: £24 Senior/U18s/Disabled: £16

EAST STAND BLOCKS 4 AND 5

Adult: £26 Senior/U18s/Disabled: £19

TICKET OFFICE HOTLINE
0845 437 9089



next**here**



The season is now entering its final throes and whilst it's tight at the top, it's even tighter at the bottom as teams in the relegation battle continue to scrap for their League One lives in the final three months of the season.

Whilst Geraint Williams' Leyton Orient have got their heads above water with a couple of good results following the Welshman's arrival, it has been Crewe Alexandra's recent revival that has caught the eye.

Four successive wins – including a 4-0 thumping of relegation rivals Brighton & Hove Albion – has seen Crewe breathe fresh life into their hopes of staying in the division this season.

And the upturn in results has come since Icelandic manager Gudjon Thordarson

arrived at the Alexandra Stadium to take up the reins at the Staffordshire club.

"I think it is a massive achievement for them," declared the Crewe boss.

"It's been an uphill battle for them during the winter, but they have worked hard and deserve massive credit.

"They have taken on board things I have told them. But the thing is I am here just to help them to help themselves. They've got to do the work and it is nice to see people who have been in agony and pain for a large part of the season respond in the way they have."

A defeat last Tuesday to Carlisle United showed Thordarson that his troops are not out of the woods as yet, but they have given themselves a chance of survival now, having previously looked cut adrift at the foot of the table.

With the loan window due to shut in a fortnight's time, the former Stoke boss admits he may delve into the transfer market

again in the coming weeks.

Recent loan signing Gylfi Sigurdsson has made a big impact after arriving on loan from Reading last week and Thordarson is now looking for a front man after striker Tom Pope was struck down with injury ahead of that game against Brighton.

"It's not good news on Popey. He has a bad twist and will be out for a few weeks at least," he explained.

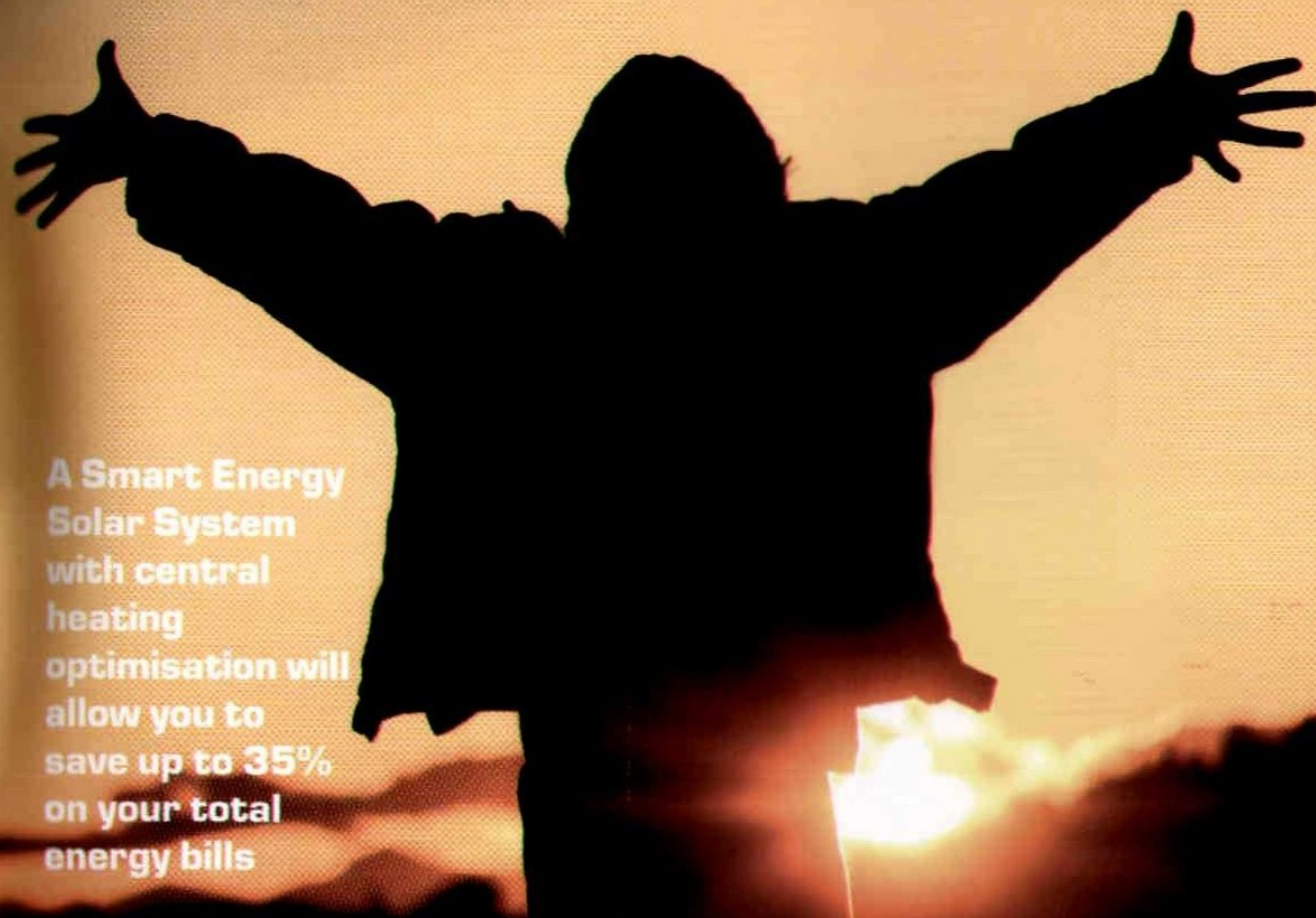
"He will be missed as actually there is no replacement for Popey at the moment. I've been in touch with a couple of clubs and we will try to bring in a striker."

It may also be that a new midfielder might be on the cards for Crewe before their visit to north Essex, after influential midfielder Michael O'Connor was told that he can leave the club after disciplinary problems recently.

Crewe continued their good form with another win at the weekend, seeing off fellow strugglers Hereford United 2-1.

a smart new dawn

good luck to Colchester United and
their new solar powered stadium



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2003/04 2004/05 2005/06
2006/07 2007/08 2008/09



ADVANCED SOLAR ENERGY SYSTEMS

THE SQUADS



Colchester United

Manager: Paul Lambert
Colours: Blue & White

		Pd	Gl		
1	Dean Gerken	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2	John White	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3	Matt Lockwood	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4	Johnnie Jackson	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5	Chris Coyne	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6	Paul Reid	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7	Steven Gillespie	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8	Dean Hammond	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9	Clive Platt	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10	Kem Izzet	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11	Mark Yeates	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
12	Pat Baldwin	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
14	Sunday-Akanni Wasiu	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
15	Jamie Guy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
16	Matt Heath	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
17	David Perkins	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
18	Phil Ifil	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
19	Alan Maybury	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
21	Jimmy Walker	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
22	Simon Hackney	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
23	Mark Cousins	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
24	Scott Vernon	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
26	Lewis Gobern	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
27	Anthony Wordsworth	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
28	James Hammond	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
29	Fabian Batchelor	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
30	Medy Elito	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
32	Marc Tierney	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
35	Karen Leatherdale	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

(Competition Winner)



Swindon Town

Manager: Danny Wilson
Colours: Red & White

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1	Phil Smith	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2	Jack Smith	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3	Jamie Vincent	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4	Michael Timlin	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5	Jerel Ifil	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6	Hasney Aljofree	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7	Hal Robson-Kanu	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8	Craig Easton	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9	Barry Corr	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10	Jon-Paul McGovern	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11	Anthony McNamee	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
12	Peter Brezovan	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
13	Mark Scott	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
14	Patrick Kanyuka	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
15	Kevin Amankwaah	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
16	Kasali Casali	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
17	Lilian Nalis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
18	Mark Marshall	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
19	Michael Pook	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
20	Billy Paynter	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
21	Blair Sturrock	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
22	Hamdi Razak	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
23	Ben Joyce	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
24	Chris Allen	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
25	Sean Morrison	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
26	Jean-Francois Lescinel	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
30	Callum Kennedy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
31	Simon Cox	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
32	Lee Peacock	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
33	Gordon Greer	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	Owain Tudur Jones	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



Next Here

Crewe Alexandra
Coca-Cola League One
Saturday March 14th 2009
Kick-Off 3.00pm



Next Away

Leeds United
Coca-Cola League One
Saturday April 4th 2009
Kick-Off 3.00pm



Next Away

Leicester City
Coca-Cola League One
Saturday March 21st 2009
Kick-Off 3.00pm



Next Away

Scunthorpe United
Coca-Cola League One
Saturday March 28th 2009
Kick-Off 3.00pm



The Officials

Referee: Mr D. Whitestone (Northants)
1st Referee: Mr D. Bushell (London)
2nd Referee: Mr G. Linden (Essex)
Fourth Official: Mr J. Magill (Essex)